

Blessed are those who wash their robes,
so that they may have the right to the tree of life,
and may enter by the gates into the city.

Rev 22:14

As above in Consciousness
So below in matterTM

THE BOOK OF LIFE
ASCENSION AND
THE DIVINE WORLD ORDER

By
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Lightning Path Press
www.thelightningpath.com

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DEDICATION

For Gina, a powerful and gentle soul of great beauty.

For Niko whose bravery, courage, love, and sacrifice makes him truly one of the exalted ones. He is to be honored. He will be honored.

For Vayda and Tristan. May their light and the light of all crystal children raise this earth and its inhabitants into an exalted age .

For Stephen who endured our immaturity and emerged strong and capable on the other side.

For you, the reader. You deserve nothing but love, prosperity, happiness, and peace.

Your time is now.

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Very special thanks also go out to all those who provided instruction and tutorial on concepts in this book. You know who you are. Your support, encouragement, and unflinching concern that the truth be expressed at this time made the exercise of writing this book personally valuable and very memorable.

Finally, to all the Annunaki who stand behind me, and for all those who have stood guard over the sacred passages back to divinity I say to you, our stories will soon be told and there will be much rejoicing in heaven.

PROLOGUE: THE PARABLE OF THE SHIPS

Imagine for a moment the vast ocean.

Clear and blue.

Crystal and calm.

Imagine yourself gazing out upon this ocean of vast stillness.

Breathing deeply, you are calm and serene as you watch the waves roll across the surface.

For a time you gaze, watching, breathing, but then you see a speck on the horizon.

You breathe deeply, excited by the vision, and watch as the speck rolls its way towards you.

It comes from a long distance and draws towards you leisurely. You squint at it wondering what it is. Soon enough the outline becomes clear and you see that it is an ocean liner, a passenger ship, steaming towards you.

It continues to approach and as it does you see, it is not just any passenger ship.

Even from a distance you sense its magnificence.

The curve of the hull.

The silhouette of the multiple smoke stacks.

You watch it approach in great anticipation but as it gets close, your anticipation turns to disbelief and shock. You can see, there's something wrong here.

This ship is far from magnificent. It is decrepit, rusted, run down and dilapidated.

It is banged up, crusted with gunk, and rusted so bad that holes are appearing in the hull.

As you gaze at the ship in horror you think to yourself, "it is so bad that it must surely be in danger of sinking" and sure enough, as your eyes dart to the water line you notice, the ship is going down.

It's at this point that the original excitement you felt evaporates.

Fear overtakes you.

With a feeling of grave danger you wonder, "are there any people on this ship." You gaze at the deck and sure enough there's people standing on it.

"At least ten thousand," you think to yourself, "maybe many more."

Your heart skips a beat.

You wonder how they are handling their sinking ship.

You whisper to yourself, "what are they doing to avert disaster?"

You focus on their faces and become confused.

"My God," you exclaim, "they are smiling, laughing, eating, and drinking."

"They are having a party!" you realize as your eyes widen in horror.

"This can't be true," you cry.

"Can they not see their ship is sinking?"

"Do they not care they will drown in the ocean?"

You squint at the deck, looking for some explanation and then your heart quakes with fear.

There are children on the deck.

And lots of them.

"Oh my god," you say as your consciousness leaps ahead to the time when the ship sinks and the children drown.

The thought of it brings tears to your eyes.

You cough and choke.

You brace yourself for the end but then just as despair threatens to overwhelm you, you notice, for the first time, another ship following not far behind.

You take a deep breath.

"Could it be?" you say.

"Is there hope?"

You turn your gaze to the new ship. At first, and from a distance, it looks much like the old ship. For a moment you die inside thinking about the possibility of another disaster but then, as it approaches, you see it is not like the first ship at all. Unlike the first ship, this one is not run down and dilapidated. On the contrary, this one looks brand new, just out of

the docks. It is shiny, bedazzling, and glorious with brilliant and elaborate gold trim.

What a glorious and wondrous sight it is, and lucky for those on board. As you think this, your gaze travels to the decks of the new ship where you expect to see people laughing and enjoying themselves but, to your surprise, you find no one.

You peer into the portholes.

You scan down the hallways.

You wonder, who is steering the ship?

Your eyes scan forward, looking for the bridge of the new ship and when you find it, you peer inside and sure enough there's a helmsmen, a captain, and a few others but besides this small crew, there appears to be nobody else on the ship.

"Curious, but fortunate," you think as the fear begins to evaporate from your body.

Here is another ship that is big enough to accommodate all the passengers of the old ship in splendor and luxury. And what's even better, the captain of the new ship seems fully apprised of the situation. As you peer into the bridge you can see he is gesticulating wildly, pointing at the old ship in front of him, and giving orders to those around him.

A feeling of relief floods through your body. You watch as the gesticulating captain bolts out of the bridge and down onto the deck below with megaphone in one hand and a flair gun in the other. He runs forward to the tip of his ship, waits until his vessel is as close as possible, and then begins firing his flair gun but the revelers don't notice right away. The captain becomes more agitated. He looks confused, but he keeps firing his flares and shouting through his megaphone until finally a few individuals standing in the stern of the old ship look up and see him jumping up and down, gesticulating, and pointing down at the hull of their ship.

"There's another ship," they exclaim. They jump in greeting and watch the captain jump around. Most of them smile turn back to the party right away but a couple of them sense the captain's agitation. They break away from the group and walk towards the railing. When they get

there, they look down at the hull of their ship where the other captain is pointing.

Their eyes widen in horror.

Like people waking up from a dream in a house that's on fire, they finally see the danger.

Their ship is sinking and if they don't do something right now, they are going to die.

They gasp for air.

They look at each other.

They fight the panic that threatens to overwhelm their reason.

They take a few deep breaths.

They assess the situation.

"There're lifeboats on this ship, and there's another ship close by," one says.

"Everything is going to be ok."

"We just have to find the captain of our ship," they exclaim and as they realize this, they bolt towards the front of their sinking vessel. They run as fast as they can, climbing stairs to the bridge finally they burst through the bridge doors and find, to their utter horror, an empty room.

Their mouths drop to the floor.

"Where's the captain?" they gasp.

"Where's the crew?"

They pause for a few moments, turning in dazed circles, before they stop, look at each other, and bolt out of the room.

"We have to find the captain," they exclaim as they dash down towards the decks. Thankfully, it doesn't take them long. After only a few moments of searching, they find the captain lounging around at the bow of the boat, surrounded by a big crowd.

They run up and try to talk with him.

They notice he's drunk.

They begin shaking and slapping him.

He struggles under the blows for a moment and then abruptly finds his composure and brushes them away.

"What is the meaning of this," he bellows.

The two who were hitting him point to the railing. In disgust the captain walks over to the railing, sees the new ship, looks at her captain, looks at his hull, and quietly turns pale as a ghost. He looks over at the captain who, seeing he has succeeded in getting the attention of the other captain, is already running back to his own bridge to stop his ship. The captain of the old ship understands immediately. He turns to the other two and says “we can’t use the lifeboats unless we stop the ship.” You watch as the captain of the sinking ship bolts back to the bridge. He bursts into the room and gives the order. He stands there for a moment, waiting to be sure the ship is slowing, then runs back down to the deck to the nearest lifeboat and begins tugging at the people around it.

“Wake up!” he says, “the ship is sinking.”

“Wake up!”

“Wake up!”

“Wake up!”

He, and the two who originally woke him, begin to shout and shake people’s shoulders, but to no avail. The people on the sinking ship simply aren’t listening. In fact, they don’t seem to care and what’s worse, they seem to be resisting. In fact, the more agitated the captain gets, the louder the panicky calls to awaken become, the more resistance there is.

But the captain and the others don’t give up.

They don’t stop trying.

How can they?

The ship is sinking and besides, they can see that the captain of the newer ship has already stopped his vessel and has lowered all his lifeboats.

Everything is ready. If they can just get these people to wake up, everything will be ok.

And so, they keep trying.

Desperately they run from group to group trying to wake people up, trying to get them to notice.

They grow weary of pushing through crowds and tired of all the resistance, but they stick at it and they do make progress. A few people here and there wake up and realize their ship is sinking.

Their reaction is predictable.

When they finally see the state of their ship, when they finally realize that the ship is sinking and there is nothing they can do, they start to panic.

Their faces turn white.

Some scream, some grasp at their families, some begin weeping, and some snap under the fear and lose control, but in most cases the disorientation and panic doesn't last long. The captain and his crew are standing by reassuring everyone, pointing to the lifeboats, and repeating over and over again "there's enough time to save everyone." The message slowly gets through to them. They're scared, and they know there's a danger, but as they see the truth of the situation, as they see the lifeboats in the water and the captain of the new ship waiting to take them aboard, a calmness passes over them and a few begin orderly movement towards the lifeboats. Curiously however, you can see that most of the people who wake up do not immediately begin moving to the lifeboats. In fact, even though they have the opportunity, most stay to behind to help.

You can see why immediately.

They have family, after all, and friends.

They have a responsibility and they want to help, and that's great because there are thousands of people on the old ship still oblivious to the reality of their impending doom, so all help is appreciated.

Unfortunately, even with a growing army of determined passengers, it is slow going.

People continue to resist and lash out.

Still, the work goes doggedly on until finally "it" happens.

Finally, the old ship has sunk so low in the water that its deck is now at water level. Now, the bow of the boat dips gently below the waves and water comes splashing up onto the deck. When that happens, things change dramatically. Like a little emotional atom bomb suddenly pushed into chain reaction, the sudden and ship-wide realization of imminent disaster sends energetic ripples cascading throughout the sinking ship as it literally explodes with fear.

Standing back from ship you can sense how momentous it is.

The energy from the fear is raw and potent, like nothing you've ever experienced before and you are certain, as the raw energy of the fear blasts past you, that it will spell doom for those on the ship.

There will be mass panic and collapse.

Once again you look over at the ship expecting to see chaos, but are surprised to find none. You ask yourself, "how can this be?" and then you see the reason. Not only do lifeboats from the new ship totally surround the sinking old ship, but no sooner do people wake up and panic than there is somebody there to calm them and direct them to the nearest boat. You can feel the energetic ripple of fear, but the energy never manifests into the descending spiral of panic and chaos that you expect. The ubiquitous lifeboats, and the kind hearted individuals who stayed behind, ensure that all the passengers from the old boat are safely transported to the new. Time passes and the rescue operations continue. Finally, as you watch, the last of the survivors are lifted to the new ship. They stand on the deck watching the now empty and derelict ship silently sink beneath the waves.

There is deep sadness at the losses, but also serenity and joy. The ordeal is over. A new journey, and a new world, lies before them.

INTRODUCTION

Men and people will fight ya down
When ya see Jah light.
Let me tell you if you're not wrong,
Everything is all right.
So we gonna walk - all right!
Through de roads of creation.
We the generation.
Trode through great tribulation.

Bob Marley, Exodus

Hello and welcome to the new earth!

Welcome to the most glorious event in the history of this physical universe. Indeed, welcome to the most significant event in the history of all of creation. Although many of you may not have realized it just yet, everyone on this planet has front row seats to one of the most amazing and beautiful creative events ever initiated. All of us currently existing on, in, and around this earth are about to witness the culmination of eons of physical and spiritual effort. A divine plan set in motion at the very start of this creative out breath is reaching its glorious, divinely sanctioned, and spiritually magnificent climax. Now the entire hosts of heaven, and indeed the whole of creation are poised, watching and waiting, to participate in a divine event so magnificent its description is beyond mere words. Prophecies about heaven on earth and even our greatest imaginings of paradise lost do not do justice to the scope and magnitude of this event.

Sound exciting?

It is!

And just what is the event that everyone is so excited about?

Well, it is known by different names in different cultures and religious doctrines. In Christian circles it is known as the creation of heaven on earth. In some eastern religions, most notably Tibetan

Buddhism, it is known as the return of the kingdom of Shambhala. It is probably best known in the new age movement where the event is known simply as The Ascension. The word “ascension” literally means to move upward and is a perfect term for this process because, at its root, The Ascension really is about moving up. It is about taking the whole of this physical universe and moving it back up the Ladder of Creation¹ to return it to the rarified and super conscious dimensional levels that exist just beyond our normal work-a-day consciousness.

The Good News is, it is happening right now! Although you may not have realized it yet, everything around you, from the stars and their gasses to the dirt and the dust and even your own physical body (in other words the entire physical universe) is being raised up through a quantum dimensional boundary. This really is Good News because now that we have started this process, it is time to wake up and remember who we are and what we are doing here.

Very good news indeed especially when you consider the fact that as we begin to remember who we are and what we are doing here, the current rather ugly and dysfunctional world that we see all around us will, gradually at first but with increasingly dramatic fuss and upheaval, collapse and be replaced by a shiny new world completely free of the current toxic drama and suffering so prevalent in the reality of this “old world” of duality and dysfunction.

And that is what this book is about.

The *Book of Life* is in your hands right now so that you can begin to remember what *you* have done and where *we* are going. In the pages of this book, you will be introduced to important background information that will allow you to better understand what is happening on this earth and in your own life right now. Most importantly, the contents of this book will help you get your bearings straight. It will help you make sense of what’s happening around you not only now, but in the increasingly dramatic months and years ahead. I won’t lie to you, the process that has

¹ See http://www.thespiritwiki.com/index.php/Ladder_of_Creation for more information.

been initiated on this planet is powerful and it will take us to a place unlike anything we've ever experienced. The bottom line is, we are all returning to our full spiritual power and while this may not sound like much to you right now (being as that you have probably been told all your life how powerless you are), believe me it is. We are a lot more powerful than we have been led to believe and our return to power is a lot more significant than we might think. Unless we get our bearings straight and get control of our own powerful abilities, we will run afoul of our own ability to manifest. The bottom line is, we will become so powerful in our ability to create the world around us that if we do not WAKE UP, we may inadvertently hurt ourselves or our loved ones.

I know this sounds a bit dramatic but it is true. We have to move forward. We have to wake up. But don't worry. It is not as hard as you think and I am here to help. In this book, and in all my Lightning Path™ books, I am going to help you remember who you really are, where you came from, and where we are all going. Each book and resource on the Lightning Path will provide a piece of the spiritual, psychological, and sociological puzzle.² In this book, you are going to learn some of the basic truths about this planet and our millennial work on it. In this book, you will learn the basics about the multidimensional nature of creation³, the nature of this particular level of the physical universe, and the importance of energy to creation. You will learn that while existing in that body of yours (your physical unit⁴ as I like to call it), you exist in the lowest physical dimension of creation. You will learn of the limitations of this low level of physicality (as well as its attractions) and the reason why ascension is such a desired and heralded event. You will learn that ascension is a physical process and quantum event that affects the

² For more information in the Lightning Path™ see the appendix or visit <http://www.michaelsharp.org/>

³ For a more advanced treatment of the underlying truths of creation see *my Book of Light: The Nature of God, the Structure of Consciousness, and the Universe Within You.*

⁴ See http://www.thespiritwiki.com/index.php/Physical_Unit for a discussion of the “physical unit.”

physical universe that you are incarnated in (and not your soul as some suggest). It is not a difficult process to understand. As you will learn, ascension is simply the physical outcome of raising the vibratory energy of physical matter. It is very much like heating up a bowl of porridge, molasses, or a hunk of wax. The more energy in the wax, i.e., the warmer it is, the faster the molecules are vibrating, and the easier it is to shape. This is the goal, heating the physical universe so it is easier to shape.

Now, getting to the point where we can ascend matter has not been an easy task. In fact, it has taken several attempts to get the wax “just right” and as you read this book, you will come to understand why it has taken so long. You will learn about our past efforts to ascend this universe and why they failed. As you learn about our past attempts (i.e., Lemuria, Atlantis), you will also learn about our current attempt (Terra) and why this attempt is the successful one. As you will learn it is only now, at the “edge of time,” where we, as Immortal Spirit, can claim to have cooked physicality to just the right temperature and pressure to support the new unfolding that is now occurring all around you.

As you conclude this book, you will also learn about the profound implications of this event and the reason why everyone in this whole cosmos is so excited by what **you** have achieved on this earth. As you will come to understand, it really is hard to overestimate just how important and significant your accomplishments are. The bottom line is, the successful completion of The Ascension alters our ability (as Immortal Spirit) to experience and create in the physical universe. On the one hand, raising the vibration of physical matter makes it more responsive to the creative intent of spirit. On the other hand, ascending physical reality allows us, as Immortal Spirit, to enter into physicality with the full force of our magnificent consciousness. Taken together, these two things amount to an entirely new *unfolding* of physical creation.⁵

⁵ Although the concept of the unfolding of creation is easy to understand, nevertheless because it requires a spiritual foundation which I do not provide in this book, it is impossible to adequately define what I mean by an “unfolding” here. If you are interested, this advanced spiritual concept is

Now you know that this book is about the physical parameters and implications of The Ascension. However, the book is about more than just the physical parameters of ascension. This book is also about your place in the grand passion play that has been this ascension drama. Questions you have about the meaning of your life (and of life in general), the reasons you incarnate on this planet, and why your life takes on the shapes and contours it does, will all be answered for you by framing them within the context of The Ascension. You will learn, perhaps to your great surprise, that your entire existence on this planet has revolved around this ascension event. That is, incarnating on this planet and participating in the spiritual work necessary to trigger ascension is the *only reason* you come here. There is no other reason. You are not here as students in some kind of karmic school house, you are not here to be punished, you are not a maturing spiritual entity and you are not engaged (heaven forbid!) in a struggle between good and evil. You are simply an energy worker working diligently to alter the physical laws of this universe to make it a better place for your brothers and sisters.

Now, although I think most people reading this will at least be open to the truths that I am sharing with you, I still think that some of you may have difficulty with the ideas presented here. To totally eject any notion of a retributive God, to leave behind notions of spiritual tutelage or cosmic struggles of good and evil, to rise above limited notions of Darwinian evolution and to consider that one cosmic event, something we have worked towards for eons, is the single most important organizing feature of your life will be a hard pill to swallow. I can understand your difficulty and I know why.

It comes down to your training.

It is because of your socialization.

discussed in my *Book of Light*. Visit <http://www.michaelsharp.org/core/> for more details.

It is because some people, let us call them the Powers That Be (PTB), have told you an organized set of lies that keep you thinking you are limited, inferior, or descended in some way.

And why are you told these lies?

There is a good reason for it and I explain it in this book in more detail. The important thing here is, if you are having difficulty with the things that I am saying but still want to move forward, control your thinking. Recognize that you have adopted maladaptive patterns of seeing the world and that it is these patterns that are now being *invoked* by the words on this page. It is these patterns that are blurring your vision or interfering with your concentration. Control your thinking.

If you are having difficulty here, but if you do feel the push to move forward, there are two things you can do to help ease your mind. One is to take a step back and go read my Lightning Path Core⁶ books. These books are spiritual primers, suitable for all, that will provide you with corrective concepts (i.e., right thinking⁷) and basic spiritual techniques that you can use to ease yourself into this new spirituality. It is not a long book but it is, in my opinion, packed with useful spiritual information.

The other thing you can do is simple.

Relax and trust.

Know this.

There are no “wrong” choices here. However, there are consequences. You do not have to believe what I say here. You can keep your old patterns of thinking and old spiritual concepts if you want. If you do, nothing bad will happen to you now or in some distant future that wouldn't have happened to you as a result of your current life circumstances anyway. If you stay on the path you are currently on, you will simply live your life the way you are living it now, and die as a result of the consequences of your decisions (i.e., diet, etc.).

There is no punishment or judgment awaiting you.

⁶ Once again, visit <http://www.michaelsharp.org/> for more details.

⁷ **Right thinking** is thinking that supports the expansion of consciousness into the physical body. See http://www.thespiritwiki.com/index.php/Right_Thinking

If you choose the status quo, you will simply move in a direction set by the things that you do and eventually, when your higher self decides it has had enough, or when your body, as a result of the suppression and repression of your energy systems, deteriorates to the point that it can no longer sustain life, you (and by you I mean your Immortal Soul) will transit out of your physical body (like everyone does) and (if you choose) take another body here or somewhere else.

That is it.

That is all there is to it.

That will be the end of it.

No heaven and no hell, no punishment and damnation, no karmically motivated rebirth, just an eternal life of your choosing. It is just the choice that you are comfortable with, the consequences of that choice, and nothing more. In the end, you are free to live how you want and God and Spirit will love you no matter what you do. However, I will say this. There is a better way. On the other side of the grand illusions of this 3D world that currently envelop your consciousness, beyond all the illusory cosmic battles between good and evil and the vicious struggles for survival that you fight, there is a promised land of spiritual milk and honey. This promised land, this land of compassion and abundance, is just around the corner. As the old world of duality and deception, violence and greed continue to collapse, disintegrate, and finally vanish, this divine world will emerge bright and strong as the new future of this planet and there's nothing anybody can do to stop it. You can either jump on board the new ship, or stand on the sinking ship while it goes down.

It's your choice.

But consider this your formal invitation.

Consider this your chance to make "the shift."⁸

Relax and trust.

Breathe deeply.

Set your intent.

⁸ See http://www.thespiritwiki.com/index.php/The_Shift

Don't worry about what you've done, or what you didn't do.

Don't feel guilty or ashamed. You'll have lots of opportunity to make things right if you just make the decision and come on over.

Now if you are still with me, congratulations. If you were trained in the dogma of church and scientific, you have overcome the first obstacle that is considering the possibility that there may be a better way.

Congratulations!

Beyond this is a whole new world of empowering personal and spiritual truths that will, if you stay the course, return you to your original innocence, power, and glory.

Understand there is no hurry.

Take your time.

As long as you are sincere in your willingness to move forward, you will be fine. And besides, in the new world, on the new ship, time is not something you'll have to worry about.

So relax and trust.

Proceed as fast or as slow as you are comfortable with.

This is your time, so rejoice and accept this invitation.

Remember who you are.

Remember your purpose.

Remember The Promise.⁹

The time for living in darkness is over.

The time for living without power is done.

The time for kneeling is finished.

Stand up now and claim your true power and glory as co-creator and magnificent spark of the glorious Fabric of (God) Consciousness.

Welcome Home!

⁹ See the Halo/Sharp Promise card from *The Book of the Triumph of Spirit*.

CHAPTER ONE: THE ENERGY OF THE ASCENSION

When one knows that
The Great Void is full of chi,
One realizes that
There is no such thing as nothingness.

Chang Tsai

The Ascension

Chances are you are here reading these words either because you have accidentally come across this book, you have heard people talking about The Ascension and want to learn more, or you are a seasoned new-ager looking for a clearer explanation of the process of ascension than you have found thus far. If you are here for any of these reasons, or just here to learn more about what the new age really means, you have come to the right place.

The Ascension is a popular subject these days and for a very good reason. We (and by “we” I mean all life forms on this planet) are now, at this very instant, going through the process of ascension. Even the earth herself is ascending. Those who have been anticipating this event are quite excited about it and what it will mean for the whole of creation. There is good reason to be excited. The events that are unfolding now are of universal proportions.

If you are just entering the new age spectrum, you might have the idea that The Ascension is a new topic of discussion. This is not true. The Ascension has been a topic of conversation on this earth for as long as there have been humans to discuss it. Even though they do not use the word “ascension,” all major religious systems have something to say about it. Even, perhaps especially, esoteric doctrines (i.e., those doctrines where they intentionally obscure the truth to prevent premature access to

the knowledge) discuss it. Chances are that at some point in your life you will have come across some form of discussion of The Ascension.

Although all you reading this probably have been exposed to the topic of ascension in some form or another, many of the more spiritually minded among you will have given The Ascension more thought. Those of you who have thought about it will probably understand The Ascension in individual terms. This is no fault of your own. Most doctrines that refer to the process, and most people who care to write or teach about it, speak about The Ascension as if it is an individual process. You are supposed to attain enlightenment. You are supposed to be resurrected from the death of consciousness. You are supposed to attain nirvana. You are supposed to lift your vibration.

You, you, you.

All this talk of “your ascension” is partially correct. The Ascension is about an individual ascension and the return of a grander consciousness (we might call it Christ consciousness) into your body. However, The Ascension is much more than just an individual ascension. At its core, The Ascension is really about the entire physical universe. This element of The Ascension, i.e., that it is a universal process, is usually left out of all except the most protected esoteric doctrines. It bears repeating. The Ascension is really a universal event. It is about you, us, all life on this planet, the planet itself, the solar system, and all things in this universe. In its full magnificence, the event transcends even the boundaries of this universe. However, that is not our concern in this book.

At this point, you are probably wondering just what sort of event on earth (or in heaven) can claim such a glorious and universal status. In order to understand why The Ascension is such a grand event, and to understand its implications for you, you have to first understand a little bit about the way the universe is organized and how we (as Immortal Spirit) create within it. As a start, we will need to uncover for you the nature of the universe. This seemingly difficult task, this grand cosmic enlightenment you are about to experience, is not so difficult and grand at all when you learn the simple truth that the universe (and indeed all of

creation) is really about energy and The Ascension itself is simply an energetic event.

The Universe is about Energy

What is it about energy that is so important to The Ascension process? The first thing you will need to consider is that the universe consists only of energy. That is, energy is the sub-stratum of all physical manifestation. You could say “light” and you would still be correct because, as we know, light is just energy of a *higher* vibration.¹⁰ However, the term energy is more descriptive and it carries more of the implication that we control the energy just as we control the amount of power we use in our lives. As explained in some detail in *The Book of Light*, energy is all around us and it dances to our command. In fact, we have total control over the energy in our lives. We can make it do whatever we want. We can form it, shape it, alter it, move it around, etc.

We use energy to create in some obvious ways as when we use electricity to power a saw that cuts the wood that builds a table. We also use energy in less obvious and more spiritual ways as well. Spiritually, the process of creation with energy is simple. To create, we think about something and give our intent to create that thing. As we give our intent, we draw from the universal pool of creative energy. As we think (and rethink), the energy begins to move and transform and eventually whatever it was we were thinking about, whatever is in our consciousness, becomes a physical reality. The whole process involves the gradual slowing and condensation of energy into matter. This is not really news. Physicists themselves understand that matter is simply solidified energy. The only new thing here (and it is not even that new because scientists are finally beginning to clue into this fact)¹¹ is that we control the way energy manifests through our intent.

¹⁰ Just as consciousness is *light* of a higher vibration. This connection can be summarized in my equation $\text{consciousness} \Rightarrow \text{light} \Rightarrow \text{energy} \Rightarrow \text{matter}$.

¹¹ See for example the **Global Consciousness Project (GCP)** at Princeton University <http://noosphere.princeton.edu/>

It is as simple as think about it, and it is so—*as above in consciousness, so below in matter*TM as I like to say.

Of course, right now you are looking around you and asking yourself why you cannot manifest your desires in exactly the way I have suggested. You are thinking if what I am saying is correct, you should be able to materialize a nice cup of coffee and a cinnamon Danish right this instant.

There is a good reason for why things do not manifest instantly in this dimension in the magical way I have suggested. It is simply because that while in this body at “this” physical level of creation, we are working with a dense level of energy. Indeed, we are working at the lowest level (or dimension) there is. You see, as scientists are beginning to realize, the process of creation (energy transmutation) does not just occur on a single dimensional level. Creation occurs in multiple dimensions simultaneously. This means there is a lot more going on around you than you realize. In fact, there are entire life streams that exist all around you that are invisible to you. Although they do try to communicate with us (crop circles for example), we have not reached the vibrational level where we are able to perceive them with the senses of our body. That day is coming though and when it does come that will be the day we meet our rich mythological heritage face to face.

The idea of multiple dimensions that exist simultaneously in the same physical space is important for our discussion for although energy always responds to our creative intent, it does not do so in the same fashion in every dimension. At the highest levels (or dimensions) of creation, the energy we use is very responsive. The energy is energetic, of high “vibration,” and close to Source. As a result, the energy and the physical world it creates remains responsive to our creative whims. If we think about a glass of water, there it is. If we imagine a crystal palace, voila. The trade off is simple. Although in the highest dimension the physical world is created instantly from intent, it is also extremely insubstantial. If you stop thinking about what it is you are manifesting, it simply dissolves away.

As we progress down the Tree of Life, the parameters of creation change. As we move energy and physical creation away from the Source,

its vibration slows and it becomes less energetic. As this happens, it becomes less responsive to our intent. It also becomes thicker and denser (more viscous, harder, etc.). The responsiveness and density of physicality in any particular dimension is a function of its spiritual rate of vibration. Its vibrational rate is in turn a function of the dimensional distance from the Source. The farther we are from the Source, the less responsive. We might say $R=1/Ds$ where R is the responsiveness of matter and Ds is distance from the Source. Conversely, density (or D) is directly related to distance from the Source. We might say $D=Ds$

There it is.

There are several dimensional levels of creation and we, as Immortal Spirit, create physicality in all of them down through several vibratory levels until presto, the material world you see around you pops into existence. Conceptually it is a simple process and we can see analogues of the process all around us. Consider the change of state from gas to liquid to solid as one example of how matter solidifies as the vibratory rate of energy is slowed.¹²

This is the process of creation. You slow down the energy of creation until you get physical matter and you do it through multiple dimensions until you get to a point where it is slow, dense, hard, and relatively unresponsive to intent. The physical world you see around you

¹² It is probably important to note that the process of creation is a literal process. You get what you think about. This is so even if you think in negative terms. If you think for example that you are stupid, you will draw situations to yourself that help you to experience this thought. If you think you are unworthy, you will draw energy that helps you to experience that as well. Just think of Aladdin and the little bundle of power in the bottle that responds to wishes in an annoyingly literal fashion. *As above in consciousness, so below in matter* as I like to say.

As a species, we are beginning to awaken to the idea that how and what we think is important. If you have been following the self-help literature, it is apparent that people writing the self-help books have recognized the power of intent and the impact of intent on physical and psychological (body and mind) healing. It is now widely recognized that *affirmation* (things like “I am a good person” or “I am worthy”) repeated often are extremely powerful catalysts for personal change. If you want to change your life, simply express your intent. Give it a voice since this all works much better if you speak your intent.

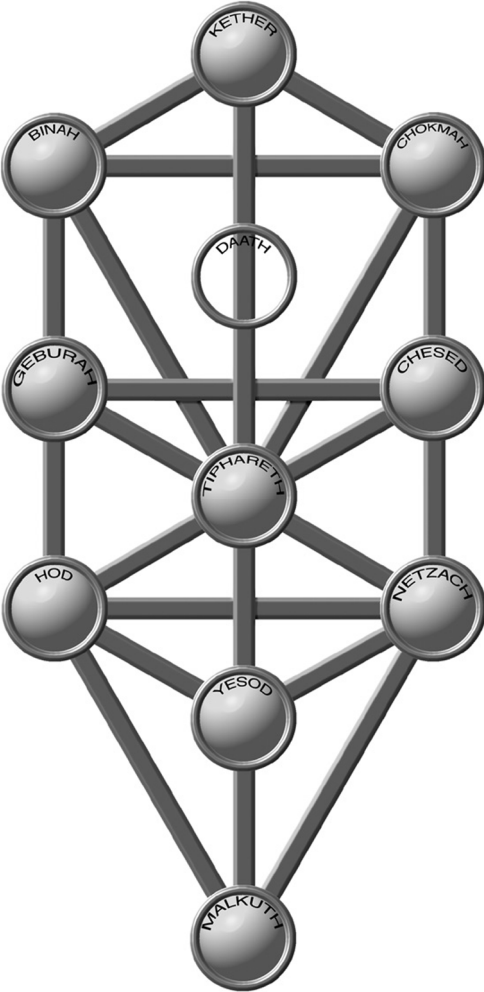
is the lowest vibration we can attain without all movement coming to a complete standstill. In other words, we cannot go farther because if we did, creation (movement) would cease. Obviously, we do not want that.

There is a visual representation of this creation process in the Jewish Cabbala known as the Tree of Life. You can see the process of creation at several levels (the middle trunk of the tree) as it moves from the “top” (Kether) through Tiphareth and Yesod all the way down to this earth at Malkuth. This Tree of Life is a great visualization of the multidimensional process of creation and its staged nature. It should be noted that the crown is not the Godhead as some might suggest. It is simply meant to indicate, in a loose, visually metaphorical way, the first level of creation. Spirit (God) exists as the whole thing and is not separate from it at any level.

You can think of each stop on the way down as a different quantum level of creation. Each level operates in a stable state and each level has “boundaries” that must be penetrated before the process can continue. Moving between these levels means building up momentum in order to pop through the barriers. If you must know, this process has been going on for eons in multiple universes through multiple iterations of The Unfolding.¹³ However, we are getting ahead of ourselves here. Before we go into the details of creation, let us first discuss in more detail the last level of the Tree of Life represented by Malkuth—the physical world you live in now.

¹³ See my *Book of Light Volume One*, or the SpiritWiki, for a definition of The Unfolding.

Figure One: The Tree of Life



The Physical World

As you might gather, the world down here is an interesting thing. We all have our ideas about it. Sadly, some of these ideas are quite twisted. Many people (for example some priests and scientists) will tell you that this world is worthless, evil, meaningless, and spiritless and we have come simply to dominate it. This myth is prevalent in certain religious systems (God gave “man” dominion over the earth) and in certain interpretations of the scientific theories of Darwin. Although I do not want to get into an argument over evolution (of course we evolved) or the age of the universe (of course it has been here a long time), you should know that Darwinism has been twisted so as to provide a secular alternative to the now discredited creation myths in the bible that defame this level of creation.

None of the mythical structures that defame this world holds any truth. Neither is the human body more than the animal kingdom nor is the earth and this world inferior. Nor (it should be obvious) are we and this earth simply the random product of evolution. Given both the planet and our bodies are only crystallized energy like everything else, it hardly makes sense to think of one or the other as “better” crystallized energy. Nor does it make sense to think the earth or these lower dimensions are somehow more profane than higher dimensions. Just because we are “down here” in the low vibrations does not mean the world is any less important, less exalted or less worthy of our respect than the higher realms we moved in from. It is not. All this talk of hierarchy and control simply reflects and justifies worldly ideas about these things and not the truth of Immortal Spirit.

And what is the truth of Immortal Spirit?

Well, the truth is simple.

All you see around you is the creation of Immortal Spirit.

It is ours and we are responsible for it.

However, even though the physical world is “just” what we created, we should not undervalue it or our bodies (as some ascetics like to do) because it is not really “just” the physical universe. The physical world in

this dimension is really the crown jewel of creation and we are its creators and protectors. Indeed, this physical universe is unique in all of creation. It is, as we now know, the most “physical” of all our creative dimensions. In other words, it is the most substantial, hardest, most “real” universe that we have among all the dimensional levels. Partly because of its density, and partly because it is the outcome of many eons of spiritual creative practice, it is the most stunningly beautiful thing we have ever created. The stars, the galaxies, the planets, the flowers, the animals, the birds, the breezes, the tastes, the smells, and even the slugs and the snails, everything here is unlike anything at any of the higher vibrational levels. Nothing, and I do mean nothing, we have ever created surpasses this as a playground for Spirit. This is an amazing treasure and if you pause and consider, you will see how terrible the myths of its inferiority really are. You will also understand how deep the crime of its destruction really is.

The only “problem” with creation down here in the lower vibrational levels is the one I have already noted. Creation here is limited. It is not limited in the sense that its potential is limited. That is not so. We can still create whatever we want down here. The limitations are of a different nature. At this level, creation is limited by its density (or what we may more accurately call its inertia). “Down here” it is very hard and cold. Moving the energy around and creating things in this thick soup is like getting a long train started down its track. It takes intense concentration and effort to get the train going in the direction you want. Once it is going, it moves with relative ease so long as you stay on track. However, if you want to change the direction, or move onto a different track, you have to slow the train down, move it over, and start it up again. The lower you are in the dimensional matrix, the heavier your train is and the more effort this requires.

Creation down here is limited also by its sensitivity. The subatomic particles that make up this universe are very fragile. They pop into and out of existence very easily and they must be constantly bound by Spirit or they would just disappear. At the same time, because Spirit is so powerful we cannot bring to bear the full force of our creative intent because matter would just explode if we did. Therefore, we have to be

patient. We get our train started slowly and we move it along and change its direction carefully. We do this without bringing to bear the full conscious light of Spirit into physicality, otherwise disaster.

At least, that is the way it has been in the past. Now however an interesting event is occurring now. You see if you can lower the vibrational frequency of energy through stages until you get physical matter, it is also possible to raise the vibrational frequency if you can meet certain conditions. This means that once we have created the hard cold physical universe down here, we can begin the process of raising it back up to a higher dimensional vibration. Take a quick glance at the Tree of Life again (Figure One). The process I am speaking about here is represented by taking Malkuth and moving it back up to the level of Yesod (and later from Yesod to Tiphareth). It is a difficult process, but it can be done.

This is an interesting phenomenon. The more we succeed in raising the vibrational state of matter up through the dimensions, the more easily it responds to our creative intent. This, of course, is not the same as using a hacksaw to cut a pipe. It is actually about changing the physical arrangement of atoms to reflect our deepest creative intent in a way that is more like the sort of thing we were used to at the higher levels. This means that as this universe ascends into the next vibrational level (and the next after that), we will manifest our thoughts faster and with much more ease and grace. The beautiful thing about this is that as we raise the vibration of physicality, we do not lose the key benefits of creation at this low level. That is, we get to keep its permanence, density, and beauty.

Raising physicality is the goal anyway. Most religions will have something to say about this and they will say it with more or less clarity. They will call it the creation of heaven on earth, or the return of matter to Spirit, or the emergence of Shambhala or something like that. It is also expressed as the return to Godhead. It does not really matter what it is called, the idea is the same. The point is to raise matter up through the dimensional levels so that our creative intent can be easily manifested. This way, we bring the physical world back to the Spirit world.

Exciting is it not?

It should be immediately obvious why we would want to do this.

It will be fun, but also scary for some, and dangerous for others.

It will of course not be dangerous to your soul. That is immortal and indestructible. It will however be quite dangerous for the body. If your dominant method of interacting with the world is negative, that is, if you exist in hatred, anger, jealousy, or any of the other negative emotions, or if you exist out of balance, then as you follow along with the ascending universe, you will manifest this negativity and imbalance, both in your immediate environment and in your body, very quickly. *This means that any illnesses you get will progress faster and with more vigor.*¹⁴ It will also mean that unless you clean up your thinking (i.e. engage in right thinking), your life could be an unending roll of personally manifested chaos, confusion, disease, and finally death.

It will also be scary not because the event itself is scary, but because of some of the entrenched beliefs that have been put in place to prevent you from accessing the full power of your body. As you will learn in later chapters, there has been a concerted effort to keep you in fear and illusion. The problem here is that once you begin to wake up to the truth of your incarnation and move forward, you will have to overcome the fear placed in you by a system designed to keep you in emotional, psychological and spiritual bondage. You will have to overcome your own sense of unworthiness and claim your status as co-creator of this physical universe. This will not be easy for many of you.¹⁵ The fears you have to walk through are very deep. Ironically, the self-esteem that will help you walk through your fear has also been under attack since your

¹⁴ Take a look around you. You are probably already seeing this happen in your own family, or in the family of your friends and acquaintances. Consider the implications and then resolve to move forward on this path as quickly as possible. In order to reverse this process, we all need to awaken and help others see the truth of what is happening around them.

¹⁵ Though, I am here to help with that. All my books, all my Lightning Path™ books, in fact all the work that I do, is designed to help undo the damage done to your “physical unit” (i.e., your body and mind) by The System. The work I’ve done so far is quite powerful and effective, if I do say so myself. But don’t take my word for it. You should decide for yourself. For more information, visit <http://www.michaelsharp.org/starting-out/> for more information.

first day on this earth. It is true that you have been told, either directly or subtly, that you are worthless, dirty, stupid, unevolved, immature, rejects. You have been told you are children needing constant tutelage and guidance and, interestingly, that this guidance comes from the authority figures in your life (priests, bosses, or parents). You have also been warned about the judgment of authority. You have been told you will fail if you do not do your job, fail if you do not study, and be subjected to eternal damnation if you do not listen to God's commandments. All this nonsense you have been filled with has built up layers of fear and misconception that make you afraid to look at yourself. Unfortunately, until you can look at yourself, you cannot see yourself for who you really are—a being of incredible light and beauty. You have been taught to be afraid of your own light and whenever you are confronted with it, you flee from it in abject terror.

This state of affairs would be a terrible affront to God if there were not a divinely sanctioned reason for placing you in spiritual bondage. We will discuss this divinely sanctioned reason for your own spiritual castration later in this book and in subsequent books. For now you need to be aware that as *The Ascension* progresses, all of us must overcome our embedded fears and misconceptions. We no longer have a choice in this matter. You can go a long way towards overcoming your fears by thinking about and writing down what LOVE really means and remembering that God is Love and God does not judge, damn, command, or create subservient beings for the purposes of some mad torture game.

Anyway, to return to our discussion, as stated, our goal in this physical universe is to raise the vibration of matter and return it to a higher dimensional vibration. We call this *The Ascension* and while *The Ascension* is conceptually uncomplicated, in practice it is quite delicate. For example, it takes a lot of energy to create even at the higher dimensional levels where creation is ephemeral and fluid. As you descend the *Tree of Life* into the lower dimensions, the energetic requirements expand exponentially. Down here, even doing the simplest things like creating the lighter physical elements (hydrogen, helium, etc.) takes loads of energy and tons of effort. The energy and effort required to create is

even greater as you move up the periodic table of the elements. Heavier elements (like uranium) require much more concerted spiritual intent to create and much more energy to keep them together than a simple hydrogen atom. In fact, there is not enough energy available to keep elements that are heavier and more complicated together. Uranium and higher elements are unstable and decay to stable forms as they release the energy that used to hold them together. This energy thing, and the difficulty of holding creation together, works on the evolutionary ladder as well. Simpler life forms require less energy and less intent. However, by the time we get to complex biological life (of any form) the energy requirements are truly staggering.

As I have already noted, the energy requirements of creation are also greater around ascension boundary points. These boundary points are like quantum stages through which creation must pass on its way down (descension) and up (ascension). These boundaries provide points of resistance for creation. It is like breaking the surface tension on a glass of water. It takes just a little extra effort to pierce the barrier but once you are through, the sailing is easy at least until you get to the next barrier. You also get a little extra energy after the barrier is pierced.

It should now be apparent what we have incarnated on this earth to accomplish. The basic spiritual problem for us is how do we generate enough energy to raise physicality up to the point of ascension and pierce the quantum boundary that keeps this physical universe from vibrating at the next highest vibrational (dimensional) level. To put it in slightly different terms, how do we draw enough energy from the universal pool to carry the Body of Christ (that is the entire world— the whole world— slugs and all) into ascension so that we will not have to work so darn hard to enjoy ourselves.

Of course, being Immortal Spirit and Sparks of The One we already know the answer to this. The difficulty has been in the implementation details. However, in order to understand the mechanics of this and the difficulties we have faced, we will need to take a closer look at the composition of the universal pool of creative energy.

The Yin and the Yang of It

The question before us is this. How do we draw the energy we need to push physical creation past the quantum boundary point and into ascension? The answer is quite simple. We do this by turning up the polarity of the creation energy. I have already said it takes energy to create. This much is true. However, it is only partially true. We have yet to speak about the character of the energy of creation or the way it is used to create the universe. A more complete discussion of energy would have to point out that energy exists as an integrated duality. Asian cultures have this aspect of energy perfectly expressed in the yin/yang symbol.



Consider the yin/yang image for a moment. The entire circle represents the energy of creation. It is the entire available pool of energy. As it exists untapped, the energy is neutral or in balance. However, we do not use the energy of creation in its neutral form. We split it into a positive and negative aspect. As this energy manifests, we get the polarities of creation. We get male and female, father and mother, proton and electron, sun and planet, black and white, night and day, and any of a virtually infinite number of opposites. We get, in short, duality.

This duality is very important because it is only in the separation and synthesis of opposites that creation manifests. Although this is a simplification, we can say that we use the positive component as the spark or energetic drive that “goes forth and expands.” We use the negative component as the formative mold that catches the spark and shapes it into something interesting. Bringing these two energies together *in the same space* is how creation manifests. Again, these ideas are expressed in symbolic form in the yin/yang symbol.¹⁶

¹⁶ It should be noted here that this should not be read as a justification for the identification of yin and yang with the male and female form. That is incorrect. The male and female are NOT representatives of yin and yang energies. Rather, the female body and the male body use yin and yang energies

You will recall from our earlier discussion of dimensions that creation at the different vibratory levels has different characteristics. Lower levels require more effort. Higher dimensions less. Manifestation at lower levels sticks. Manifestation at higher levels is ephemeral. We can now understandably state that in the higher dimensions, our intent can be manifested with a more balanced use of energy. At the highest levels, energy is close to source, vibrates quickly, and is responsive to thought. We need a small amount of the positive yang to get the ball rolling and the same amount of the negative yin to form and shape. However, the necessary polarity is minor. The energy we use is *in balance* with the yin and yang occupying about the same energetic space.

As you know, the conditions for creating physicality change as you descend the levels of creation. As vibration slows and creation forms ever increasingly solid forms, creation requires more energy in general and more yang within that increased flow. It makes sense intuitively. If you need to push a boat through water, you do not require a lot of force. However, put the same boat on land and you immediately require more energy to move it. It is the same with our creation. The lower we move in the vibratory dimensions, the more it is like pushing a boat on land. The lower we get the more force we need. In order to get the extra force we need to push our boat in increasingly difficult circumstances, we must adjust the balance of energy. We generate the extra force we need by using more yang. How we balance the energy in manifestation will depend on the particular requirements at each dimension and the stage of our creation. If we need a little extra positive oomph (as we do in the lower dimensions), we will turn up the masculine side. If we need more feminine (as for example when we rebalance energy after working with

in balance to manifest. A healthy female and a healthy male body require a balance of yin and yang energies. Imbalance, as is encouraged in all present earth cultures, leads to dysfunction of the physical unit and an inability to properly contain consciousness (i.e., you can't awaken your body if it exists in a stereotyped gender imbalances). I delve into this more deeply in subsequent Lightning Path books.

extra yang), we turn up the feminine. If we only need a balanced polarity, we do that.

Simple right?

One other noteworthy point is that although you can change the balance of energy, you cannot change the total amount that is available. The total energy you draw is a constant. That is, for any given quantity of energy, you can have a certain amount of yang and a certain amount of yin. However, no more than the total (I) you started out with is ever available. This has some important implications not the least of which is that if you turn up the balance on the positive side you *weaken* the negative side. You still have the same amount (I) of energy though. This is perfectly represented in the yin/yang symbol. As the yang side gets stronger, the yin side gets smaller. However, the total energy remains the same.

Although this might seem odd at first, you can understand this better by visualizing the total (I) energy you are working with at any time as contained in a large bucket. The color of the water in the bucket (either white, black, or some shade of gray) indicates the relative energy balance. If you want to turn up the yang, you add white paint to the water and the water's color (or balance) changes. If you want to rebalance the yin, you add black paint. In neither case does the volume of water in the bucket change, only its color changes.

As an important aside, if you consider the Metaphor of the Bucket¹⁷ and the yin/yang symbol you can see that thinking of the energies as separate or in a hierarchical fashion (male is superior to female) is senseless. The energy itself is just energy and no matter how you balance it, the energies are part of the same root. Black or white, male or female, mother or father, they are the same energy. Racists and sexists take note please. It is the same energy!

Understand?

¹⁷ See
http://www.thespiritwiki.com/index.php/Metaphor_of_the_Bucket.

It should be apparent where this is going. Remember our basic spiritual problem at this dimensional level is generating enough oomph to break through The Ascension boundary and raise physicality back up the Tree of Life. Now you can understand how we do that. We turn up the balance of yang. When we do that, the sparks quite literally fly off our spiritual fingertips from the extra force that is generated by the out of balance yang. Unfortunately, there are problems. The energy of creation is not something to be trifled with and even a moderately out of balance use of energy can have startling and difficult consequences. As a result, we have to be careful as we adjust the energetic balance. We will take up the wider implications of energetic rebalancing in chapter three.

Conclusion

You now have a basic understanding of the meaning of life as well as a good conceptual overview of the physical mechanics of the process of ascension. As you have learned, creation is simply an energetic process that involves passing through quantum energy levels from high vibratory states to low vibratory states and vice versa. The benefit of going down through the vibratory levels (descension) is that we get increasingly physical manifestations of our intent. The cost is that creation requires more energy and the reality we manifest no longer responds as quickly or effortlessly to our intent.

Fortunately, we are not forever limited by the inertia and unresponsiveness of physicality at this low dimensional level. We can, with the proper effort, take our physical creation and move it back up the dimensional ladder. This involves passing more energy into our creation in order to raise its vibrational rate and push it through the quantum boundary that separates dimensional levels. This is The Ascension. The benefit of this ascension is that while physicality retains its hard physical character, it will not require as much effort to manifest. As ascension proceeds, we gain the benefits of creation at higher dimensions and the benefits of creation at lower levels.

We get the best of both worlds.

We have our cake and eat it too.

Technically, this process of ascension has already occurred. You have already succeeded in exciting physicality and pushing it through the lowest quantum boundary. You can see evidence of this all around you in the accelerated manner in which your intent is manifested. The easiest way to see this is to consider the physical dimension of time. Everyone knows that time has appeared to have sped up. More things happen, more discoveries are made, and more things are created in much less time than before. Time is compressed people say. This compression is quite real and is symptomatic of the fact that our physical universe now moves faster than it did before. Time will continue to compress for a bit longer. However, as we all catch up with the ascending earth and realize that living now takes less effort, our perceptions of time will normalize.

The real challenge for us now is not ascension but awakening and empowerment. As ascension proceeds, the reasons for your ignorance and fear no longer hold. We will examine the reasons for your fear and imposed ignorance when we discuss the problems associated with previous ascension attempts.¹⁸ However, at this point it is worthwhile for you to start clearing away the fear and illusion that have kept you from remembering who you really are, if only because if you do not, under the new conditions of the ascended universe, your illusions and fear will manifest in physicality quickly and with considerable force. If you want to participate in glory and ascend without fear and negative consequences, move forward. To do this, simply express your intent to progress. Recite this simple affirmation several times a day.

“I wish to move forward. I wish to awaken. I wish to empower. I choose life. I choose The Ascension.”

Then hang on for the wild and glorious ride that awaits you.

¹⁸ See my books *The Great Awakening* and *The Dossier of the Ascension* for more detailed discussions of awakening and empowerment. Visit <http://www.michaelsharp.org/core> for details on acquiring the Lightning Path books.

CHAPTER TWO: TIME, THE UNIVERSE, AND EVERYTHING

Dance, then, wherever you may be,
I am the Lord of the Dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the Dance, said he.

Sydney Carter, Lord of the Dance

Introduction

In the last chapter, we introduced the concept of The Ascension and explained it in energetic terms. We noted that The Ascension is a quantum event that involves moving physicality up through the energetic boundaries that separate dimensional levels. As we discovered, The Ascension is a desirable event because as it proceeds, our ability to manifest intent will be enhanced.

Unfortunately, attaining ascension is difficult. Getting this planet and this universe to the point where we can ensure a safe transition has involved much trial and error. We will discuss our failed attempts and this current successful attempt in subsequent chapters. However, before we proceed to that discussion, it will be helpful to take a detour and discuss in some detail the nature of this physical universe and in particular the nature of time. There are two reasons for this detour. One is that our common conceptions of time, while not completely erroneous, are colored by the limited perspectives we have while in body. While in body and awake, we are very much like a fish inside a cast iron fish bowl. We cannot see outside the bowl and even when we do, it is very difficult (though not impossible) to express in words what we have understood. The second and related reason is that any advanced

understanding of spiritual topics, like ascension or past lives for example, requires a better understanding of time.

The reason you cannot develop a deeper understanding of things spiritual without understanding time is simple. Without a better understanding of time, we cannot understand the physical universe. The reason for this is because time, like space, is a physical property of this universe and almost all spiritual phenomenon that are relevant to us here on this earth, like ascension, incarnation, rebirth, etc., operate *within* this physical universe and are therefore subject to the laws of physicality. If you do not understand the physical universe, your understanding of things spiritual will be filled with illogic and superstition.

Understanding space is easy. We all understand physical space as the distance between two points plotted on a three dimensional grid. We know there is space between you and this page and between the page and the floor. If we drew a three dimensional grid in the space around you, we could plot the three points (you, paper, floor) in relation to each other. We understand space and are comfortable in it because we have been “in it” since we entered into incarnation on this earth. In the case of space, our lived experience does not interfere with higher spiritual understandings.

The same cannot be said of our understanding of time. It is more difficult to understand and more prone to confusion. The problems arise not so much because we are limited in our ability to understand or that the concept of time is inherently difficult. Time is actually quite easy to understand once you have managed the proper perspective. Unfortunately, getting the right perspective can initially be quite difficult because our lived experience of time locks us in a box and prevents us from seeing outside of the limited perspective of the box.

I realize that in this chapter I am probably going to step on many intellectual and theoretical toes. However, despite the risks I am going to try to provide a perspective on time that un-boxes your brain and helps fit together disparate physical and spiritual phenomenon. I hope that by the end of this discussion you will have the tools necessary to develop a deeper understanding of spiritual phenomenon in general and ascension in particular.

Life, the Universe, and Everything

Let us start our discussion by considering the mundane perception of time we all share. Let us call the mundane perception of time we get while in body *Physical Time*. When we are operating in our physical body, physical time *impresses* us in a certain way. For example, while we are in body, we feel and see that time operates in an inexorable, forward moving, and linear direction. The past is stretched out behind us back to the edge of the universe when the big bang first vibrated this dimension of physicality into existence. Our bodies exist in the present or at the forward edge of time and beyond the forward edge there is the future which we see does not yet exist. For us the future is an unspecified potentiality that unfolds as a result of our past and present actions.¹⁹

As I have already said, our experience of physical time is limited. Let us call our unlimited experience of time *Spiritual Time*.²⁰ Unlike our bodily perspective, *Spiritual time* is normally known and understood only when you are without your body. That is, you can only understand spiritual time by either being in a position outside of the physical universe or learning to take that perspective while in body. Taking a perspective outside the physical universe is not as weird as it might first sound. In fact, as *Immortal Spirit*, this is our natural state of existence. At our soul level, we all find our home outside the physical universe and hence outside of time. It is only while in the body that we are inside the physical universe and surrounded by space and time. If you examine the figure below you will see this illustrated visually by the space/time tube.

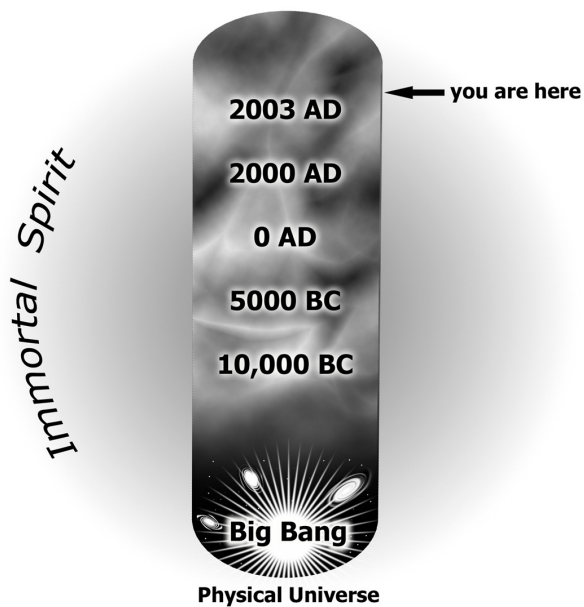
In this rendering, the left hand column indicates the four dimensional physical universe. Because we are trying to represent four

¹⁹ We have of course known (and felt) since Einstein that time is relative. This is true. Time is relative. It is relative to your position in this universe and to your position in relation to higher realities. Although we might want to think that the relativity of time leads one towards higher spiritual understandings, it does not. The relativity of time fits well within the physical properties of this universe and is hence part of our mundane understanding of this universe.

²⁰ See http://www.thespiritwiki.com/index.php/Spiritual_Time for more details.

dimensions within a two dimensional line drawing, you will have to imagine that the x-axis (horizontal) represents the three dimensions of space (x,y,z) and the y-axis (vertical) represents the fourth dimension of time (t). Notice in the illustration how the tube stretches back and forth into the three dimensions of space and up and down into the fourth dimension of time. Notice also how all these dimensions are contained within the tube. They do not exist outside of the tube.

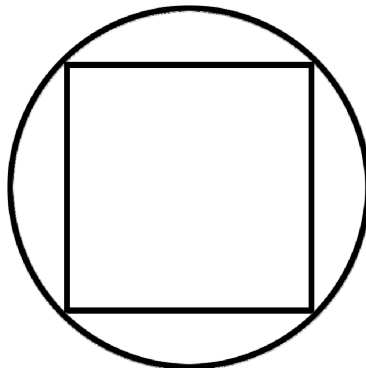
Figure Two: The Space/Time Tube



On the other hand we, as Immortal Spirit, do exist “outside”²¹ of the physical universe. From outside, the view is quite spectacular. We can see the whole of this universe stretched out in multiple dimensions. We can see the three dimensions of space and the one dimension of time all at the same moment! We can even see the dimensional layers (different vibrational dimensions) stacked up one on top of the other. This makes “adjusting” energetic conditions in the tube quite easy. If you want to know what the energy mix is in 10,000 BC, there it is. If you need to know what is occurring in the higher vibrational frequencies in 100 AD, just look. It is all there laid out in front of you in one grand cosmic tapestry.

²¹ Although I say that, as Immortal Spirit, we stand outside of physical creation, this is not quite true. Although we have a higher vantage point, we are always in contact with the physical universe. This contact comes about in two ways. On the one hand, we must contain creation within our thought and intent structures. This is quite esoteric but not difficult to capture in words. Spirit must constantly *caress* physical reality with the brush of intent otherwise physical reality immediately begins to disintegrate. This great spiritual truth has been represented, like so many other great spiritual truths, with a simple symbolic design. In the image below, Spirit (the circle) encompasses and contains the physical universe (the square). This is the squared circle. It is a very powerful symbol of awakening and its abuse should not be tolerated.

Spirit Encasing Matter

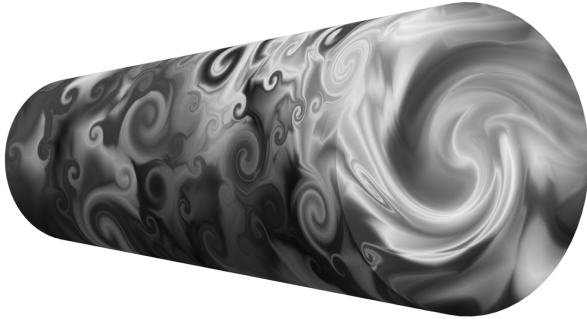


Contact with physicality also comes about when we enter into physicality. This is discussed in the main text.

If our view, as Immortal Spirit, of the physical universe is spectacular, our experience of it is not. In fact, from outside the physical universe, we have no experience of space or time at all. Time, as your brain understands it, simply does not exist outside of the tube. This is evident even in the simple diagram of the space/time tube above. Outside that tube, there are no physical or temporal dimensions. It is probably worth repeating this. Time only exists for us (in the form of a linear, forward moving, duration) while we are in body. Although in body, time seems to have an inevitable, fixed and linear quality, outside and from the perspective of Immortal Spirit, *time is nothing more than the distance between two points in the tube.*

Our inability to truly experience physicality from the outside leads to one critical limitation of disincarnated Spirit. Although we see all things in physicality, we do not see them like you (a Spirit in body) see them. Physical eyes are a part of this physical universe and if we do not incarnate within the physical universe, we cannot see what you see. We see only colored energy patterns. Where you see anger and hatred, we see browns, blacks, and dirty reds. Where you see love and caring and compassion, we see white, gold, and indigo. We see the entire multi-layered (multidimensional) physical universe as one big swirling mass of energy. We see a multi-colored, multidimensional, scintillating **mind mush** that responds to our thoughtful intent.

Figure Three: The Physical Universe



Given that we can only interact with physicality in terms of energetic patterns, our interventions are necessarily limited. This is where you come in. You, along with many of your Immortal Brethren, have chosen to work with physical reality *from the inside out*. We say that we enter into the body in order to experience and create.

Spirit may enter into and experience all aspects of physical creation from the rock to the star. However, it is only in an actual body with a brain that Spirit's consciousness can emerge inside of matter. This makes the physical body, and those who are brave enough to inhabit it, very important. Just how important the physical body is will become clear when we discuss your body's status as a manifestation device a bit later.

If you have a reasonable grasp of this new concept of time, you may now be tempted, as some "gurus" are, to start saying that everything happens in the "eternal now." You would be partly correct if you said this. However, the problem with this particular way of expressing spiritual time is that it gives the impression that outside of the physical universe there is no duration. This is not true. In the realm of pure spirit, there is duration. However, the duration Spirit knows and works with is different than the duration that is associated with the distance between two points in the space/time tube. To distinguish spiritual time from physical time we can say that as Spirit, we experience creative moments.

What do we mean by the idea of a creative moment? For us as Immortal Spirit, a moment is simply the time it takes to manifest intent. We have “moments” in physicality that are exactly the same as Spiritual moments though we are not normally aware of them as we are usually absorbed in the illusion of linear time. While in physicality, a moment is distinguished by the cycles that bring our intent into physical existence. A moment begins when we express our intent and ends when that intent is realized to one extent or another.

You can think of this in terms of the normal daily activity of making breakfast. When you wake up and you decide (intend) to make breakfast, you enter into your breakfast moment. You grab the bacon, turn on the stove, scramble the eggs, grate the cheese, pour the milk, and make the coffee. When you are finished the process of making breakfast, and finished the process of consuming it, you have completed your breakfast moment. Notice here that you undertake many other activities on your way to manifesting your breakfast. Each of these other activities also represents a moment for you. When you grate cheese, you are having a cheesy moment. When you scramble the eggs, you are having a scrambled moment. If you pause to go to the washroom, you have a bathroom moment (or movement as the case may be).

If you have never made yourself breakfast before, your initial attempts will be clumsy. After all, there is a lot to do and many activities to co-ordinate. However, with practice you will improve. You will find you go through the motions more efficiently and with better results. You grab the jam before the peanut butter because it is closer, you make the coffee first so you have the stimulation, and you do not start the toast until right near the end. Eventually you will stop needing to concentrate and the manifestation will become automatic. At this point the danger becomes that unforeseen events (like burning toast) will interrupt your moment. You do not want that, of course. You never want to lose yourself in your moments so much that you become a danger to yourself and others.

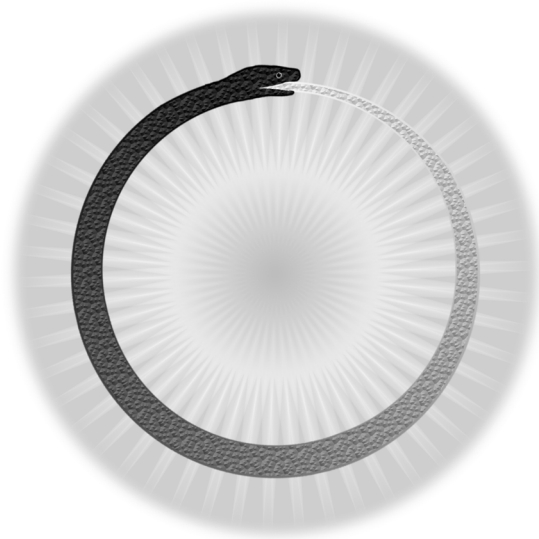
It is very much like this in the spiritual world. We decided to create the physical universe and we decided to ascend it. Obviously, the moments that go into creating physicality are bigger than the moments

involved in breakfast, but the idea is the same. Every new cycle (or moment) we “wake up” and begin organizing our activities so that, at the end, we can all enjoy our ascended universe. We grab and evolve the bodies, we create a certain energy balance, we adjust that balance here and there, we send some souls into manifestation to perform some specific tasks, etc. Like our attempts at making breakfast, we do not achieve a perfect result the first time. In fact, we do not achieve even an acceptable result the first few times. Therefore, we rest, rejuvenate, and try again until finally we get everything just right and The Ascension proceeds in the proper divinely sanctioned moment.

There are some important things to notice here about our creative moments. Notice for example the cyclical nature of your breakfast making (you repeat it every day) and how you improve over time. This is the way of creation. Everything is a cycle and all manifestation is circular and progressive (things are “getting better all the time” as the Beatles once said). This is particularly true in the physical universe where we have conducted multiple ascension attempts. While we have failed in the past (sometimes quite miserably), each attempt we made has gotten us closer to the glorious goal of ascension.

I know all this talk of moments and ascension attempts probably sounds esoteric but it is not that difficult. Just think of the “moment” (and indeed the physical universe because it is one infinite collection of *moments*) as one big snake eating its own tail. You have probably seen the symbol in the figure below before. The snake Ouroboros is a graphical representation of the creative moment and, by implication, the physical universe since the physical universe is a collection of spiritual moments.

Figure Four: Snake Ouroboros - The Cosmic Moment



As you can now understand, the moment (large or small) is the sum total of the expressive intent of Spirit. As with our breakfast example, moments exist within moments and pop into and out of existence as our individual and collective intent moves towards manifestation. Picture the space/time tube filled with a thick, multicolored, liquid mind mush. Imagine shaking that tube in your hands. Notice how you get a froth of bubbles large and small? These bubbles are all the moments created by all those consciousnesses actively working with this physical universe (inside and outside). To someone in the middle of things it might look like chaos, but from higher perspectives, you begin to see order coalesce out of the perceived chaos. Patterns emerge, bubbles connect and form bigger bubbles, and the whole tube dances a grand cosmic dance of creation. Even in its early chaos it was magnificent beyond words, but as we have gradually learned to work together in creation to help express the highest intent, the tube has literally jumped into vibrant life. It is now alive with intelligent and coordinated moments.

To summarize, while in body you experience physical time. You see time stretched out behind you in a straight line all the way back to the

start of this universe. This perception of time is valid within physicality but it is meaningless to Spirit. Spirit sees time only as another physical co-ordinate specifying the location of an event. On the other hand, Spirit measures its activities in moments. These spiritual “moments” are cyclic and repeat until intent is manifested successfully. Once a particular creative intent is manifested, new intent and new moments may arise.

I realize your head might be spinning at this point so perhaps you will grab a cup of your favorite beverage and consider what has just been said. Remember, do not get frustrated if you have initial difficulty understanding these concepts. We do not struggle with these concepts because they are difficult or our ability is limited. We struggle because we have never been taught how to leave the limited perspective of bodily consciousness²² and peer at the universe from a higher level. With practice, your ability to take the unlimited perspective of Spirit will grow.

In the rest of this chapter, I would like to spend some time discussing and demystifying several key spiritual concepts.

Let us begin with your lived experience.

Living in the Moment

For those of you who have ever spent any time researching the new age, esoterica, spiritual, or magical writings, you will know that as you step onto The Path you are invariably advised to live in the moment. Now you will understand why. You proceed much faster and realize your intent with much less effort if you learn to recognize that linear time is an illusion and that cyclical moments are the only real aspect of duration you need to be concerned with. If you want to make a better breakfast, and

²² Bodily consciousness is that part of your consciousness that emerges as a result of the functioning of the brain and central nervous system of your body. Brain function produces the bodily ego (or just ego) identified by classical and modern psychology as the primary structure of the human mind. Bodily consciousness is dependent upon spiritual consciousness for existence and ceases to exist when consciousness (a.k.a. spirit) leaves the body. For more information see http://www.thespiritwiki.com/index.php/Bodily_Consciousness.

you want to learn to do it efficiently, pay attention and live in the breakfast moment. Similarly if you want a specific thing manifested in your life, give your intent, hold it, and live in that moment so that you will recognize when things (including new knowledge or lessons) come your way that will help manifest your intent. If you are not aware of your creative intent and not living in your creative moments, do not cry to Immortal Spirit when your toast burns, the walls catch on fire, and your house burns down.

Also remember moments are cyclic. Moments exist and rotate through your life until your intention is realized or you intentionally dissipate intent. You can finesse your creative ability while in body, and indeed understand the things that are happening to you, if you become aware of all the moments you have intended and all the others you are participating in. Learn to be aware of the moments as they cycle in and out of your space in the great creative dance. Some will belong to you, and some will arise from the intent of others that cross your path because you (or rather your body) are seen as providing an opportunity for assistance. Devote your life to service of Spirit (in whatever you are doing) and your entire life will become a dance of realized creative intent.

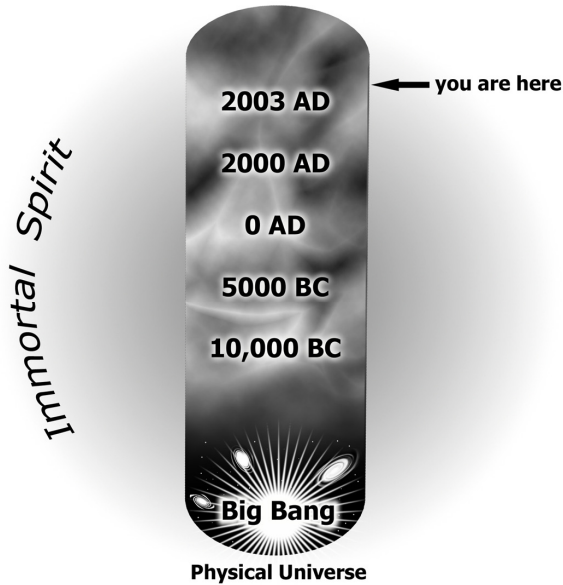
Concurrent Lives

By now your understanding of time will have developed to the point where you can easily see that there is no such thing as a past life. How could there be when the past does not really exist? But what, you ask, of all those individuals who have strong and, in many cases, scientifically verifiable impressions of their past lives? Are they dreaming or delusional?

The answer is of course no, they are neither dreaming nor delusional. However, they are also not remembering past lives. What they are getting is brief access to their concurrent lives. As you can probably intuit, concurrent lives are your lives that are being lived in the same eternal moment as the one you exist in now but are simply located at different temporal points in the space/time tube. People who remember or even “see” their past lives have simply managed to pull back The Veil

enough to be able to gather information about what is happening with them at other points in the space/time tube.

Figure Five: The Space/Time Tube



You are probably wondering how you could possibly be in more than one spatial or temporal location at a single moment. In order to understand this you need to understand the structure of your spiritual existence. You are not simply a single point of consciousness. You actually exist in a multi-layered, multidimensional spiritual structure that ascends from your individual consciousness through your higher self, your soul, into the angelic realms, and finally all the way back to God.

You can imagine your entire spiritual self as a tree with trillions of branches all interconnected and all tracing back to the same root structure. At the very tip of each branch are the leaves. These leaves are you. You, as an individual consciousness, are the smallest piece of

consciousness (of God) there is. We call you as an individual consciousness the cosmic monad. Of course, you might not feel cosmic or connected to the higher realms at all. The reason is simply that even though the monad represents God split, re-split, and split again, it retains the full power and potential consciousness of God. Until this earth ascends, you cannot enter into this reality in your full power and glory without your body going mad and/or burning up. As a result, you must keep part of yourself hidden away until both you and this world are ready for the higher consciousness. We call the part of you that you keep away from physicality your higher self. If you want a sense of how powerful you really are, try connecting to that. That is your true monad. Your bodily consciousness is just a pale and watered down reflection of that.

For the sake of illustration, your bodily consciousness might be compared to the tip of the leaf and your higher self the entire leaf. Note as you visualize your monadic leaf how that leaf is connected to a branch along with many other local leaves. All the leaves connected to the same branch form what we might call your soul family. The branch itself represents your soul. Although you are probably used to talking about your soul as if it is a monadic consciousness, it is not. The soul is not a monad. The soul is a spiritual entity that contains hundreds or thousands of individual monads. The soul is a much higher level of consciousness than you are aware of. The soul is the basic guide that sends out its monads into incarnation to accomplish whatever task it has set out to do.

Of course, branches themselves are split and join all the way back to the trunk of the tree and all the way down into the root structure. This tree metaphor is quite illustrative of the way the structures of consciousnesses work. Your higher self (leaf) is connected to your soul (branch) which is connected to the angelic realms (trunk) which traces all the way back to the Source (root structure). Visualize this and you will see that you are connected to everything and everyone and, importantly, you draw sustenance from the Source.

You now have enough information to understand how concurrent lives work and how you are sometimes able to sense what is going on in them. Concurrent lives are just other monadic consciousnesses close to your own location on the tree (part of your own soul). When conditions

are right, i.e., when you are not repressing your spiritual connections, you may draw information into your monadic consciousness from related monadic consciousnesses. This happens most often with children (who have not yet had their spiritual connections severed) or with adults who are able to pierce The Veil and glimpse into their higher consciousness.

This is quite interesting. Stop and consider for a moment what you might be doing in several of your other concurrent incarnations. You may be experiencing life as a Cathar Monk, a peasant in a field, a king on a throne, a female in labor, or a high priestess in an ancient temple. All this is happening for you right now in this creative moment.

If you think that is interesting, consider the following. You do have access to the knowledge and wisdom gained from all your other incarnations. The experience you get as a Cathar monk can help you, if you allow, with whatever your current endeavors in life are. The same goes in reverse. Whatever experiences you have now can help with your life as a Cathar monk! The soul gains experience from all its incarnations at once. Use your imagination here and envision what happens if you make a spiritual breakthrough in one life. If you can get your head around that you will know that the choices you make in any single monadic incarnation are far more significant than you might think since each experience provides learning and insight for all the other incarnations of your soul.

The End of Time/The End-times

From our brief discussion of the nature of time you now understand that as Immortal Spirit, we have an expansive view of the entire space/time tube. However, we should not think that the space/time tube is infinite. Spirit is infinite. The physical universe is finite. It has boundaries. The lower most boundary of the universe exists at the point when this dimension of physicality first vibrated into existence with the big bang. This is the physical limit of this universe and telescopes will never be able to see past that limit because, being a product of the physical universe, they cannot see outside its boundaries.

The upper boundary of the universe is literally the edge of possibility or the edge of time. Interestingly, the top is affected by everything below. The sorts of creative things you can do at the end of the tunnel (like ascend for example) are very much dependent on the conditions in the tube all the way back to the beginning. When conditions are bad *in the back end*, the approximate date of the ascension is farther in "the future." However, when conditions in the back end are improved because, for example, of the work we do in our concurrent lives, then ascension is moved forward.

Fortunately for us conditions have changed and ascension (and awakening) has been moved forward. The fantastic work of the starseeds has allowed the time of ascension to be moved forward. It has also prevented the worst awakening scenarios and now we are able to proceed with far less violence than on previous cosmic tracks. Now, ascension and awakening begin in 2003 and it is during that year we jumped the track and begin the process in earnest.

We shall talk more about the nature of ascension and the changes ahead of us in volume four of *The Book of Light*. My purpose here is to simply give you a sense of what all the talk about the "end-times" was all about. As you can see, passing through the "end-times" does not signal creative doom and gloom. However, things do change starting in 2003. Changes have started gradually and subtly but they will inexorably accelerate over the next few years and decades. Just what the new earth will look in the future we can only guess based on our assessment of the probabilities (see the section on prophecy below). However, we do know the general direction of creation and we are guaranteed a very high level utopian unfolding. When things finally settle down and those currently fighting their 3D demons wake up, it will be an amazing world filled with love, prosperity, and peace.

Prophets and Prophecy

If you can understand time, end-times, and living in the moment, you can now better understand how prophecy works. Let us start by pointing out that there are two types of prophecy. The first type of

prophecy occurs when we are standing at the edge of time. If you are standing at the edge of time, you cannot actually see into the future because there is no future and there is literally nothing going on. However, although you cannot see the future, you can still *estimate* the probability of alternative futures. Although the spiritual science of this is quite complicated and gets you deep into signs, cycles, energy patterns, and the like, the basic principle is easy. You look at the conditions throughout the tube, you examine the energetic mix, and you project forward what the mix will look like at specific locations in the tube when it has finally expanded to that point. When you do this, this is very much a statistical process and your projections would be based on a type of spiritual math and estimation that is very precise and very advanced. You can see that prophecy of this type is an exercise in probability assessment. We cannot foresee specific events, because these events have not occurred, but we can make educated guesses at what will happen with the quality of energy that is now (and will become) available. We might call this type of prophecy, *probabilistic prophecy*.

The other type of prophecy we might call *visionary prophecy*. This sort of prophecy occurs when we stand at any point in the space/time tube behind the edge of time and look forward (or backwards). There are a couple ways of doing this. Some will tell you that prophets are able to access something called Akashic Records for this. These akashas are presumably a record, kept in some great spiritual hall, of everything that has gone on, or will go on, in this universe. Obviously, there is no great hall of records, but there are akashas and these akashas do allow us to access events that have occurred not only in this universe, but in all universe that exist now, or that have ever existed.²³ With the akashas it is possible for a monad at one point in the space time tube to "look forward" (or backward for that matter) at what is happening (or has happened) in the space time tube, but only for events that have actually occurred. You cannot use the akashas to see beyond the edge of time

²³ The nature and function of the akashic records are outlined in more detail in the Book of Light Volume Two.

because beyond that edge, nothing has occurred and therefore no records have been created.

Accessing the akashic records are not the only way to see the future. It is also possible to get glimpses of what's going on ahead of you in the space-time tube by simply contacting aspects of consciousness currently existing in the "future time." In order to be a visionary prophet anywhere in the space time tube, all you need to do to be able to see the future (or the past for that matter) is develop a strong link to the spirit world and request a little help from your (disincarnate) friends. It is that simple. Spirit sees everything that is going on inside the tube and so the issue is simply gaining the perspective of Spirit. As Spirit, we can look into 1012 BC or 2000 AD to check out the goings on. If we, in body, want to know what is happening at some moment in the front of the tube, all we need to do is look with the eyes of Immortal Spirit, and access those aspects of consciousness residing in these "future" dates." When we do that, we may receive a picture of everything that is going on anywhere and anytime in the space/time tube. Of course, we can never see what is going on beyond the edge of time because nothing is going on there, but this doesn't stop us from looking at any other place in the tube, past or present.

Prophecy has been used several times in the space/time tube for some very important reasons. Nostradamus came during a moment when the conditions in the tube were spiraling into chaos (i.e., we were not achieving our ascension goals) and the end-times was a mix of out of control natural disaster, war, disease and death that were reminiscent of Atlantis and symptomatic of a failed ascension attempt. Nostradamus was a special spiritual emissary who came with a sort of progress report on conditions and an appeal to get things under control. Nostradamus came and he essentially said, "get control of the mind **NOW** because we are not liking what is currently happening at the edge of time." Thankfully, we listened and managed to straighten out and fly right (although we did need warnings again during the sixties and early seventies). Armed with Nostradamus' foresight, and as one moment passed into the next, we were able to alter the conditions and change the future. In fact, all of us in incarnation were so impressed with the

message of Nostradamus that we worked our little buns off, succeeded in creating the conditions for ascension, and even foreshortened the tube and brought the point of ascension closer. The change for us has been quite impressive and now, instead of disaster, we have glory.

So, what did we do to change conditions? That is properly a discussion for later chapters but we can note here that we simply stepped up our interventions. At the same time that Nostradamus came with his dire warnings, a universal call went out for assistance and intervention on this earth. This call was answered by starseeds from all over creation who came to provide critical assistance. These starseed interventions, which we discuss in much more detail in subsequent chapters, helped create the conditions necessary for ascension and awakening on this planet.

Conclusion

In this chapter, we took a bit of a detour from our main task in this book (i.e., to help everyone understand The Ascension). Here we learned something about the nature of time and discovered that our bodily notions of time, i.e., its linear, subjective, forward moving sensibilities, do not exist for us as Immortal Spirit. We also learned to distinguish linear time from the way Spirit understands duration as cyclical moments where intent is given and manifested.

We covered considerable conceptual ground in this chapter. Admittedly, I gave only a brief and limited discussion of time and spiritual moments. However, I did provide enough information to get you thinking about the conceptual box that your body places your mind in. As you now know, your understanding of this physical universe derives from your bodily perception or your bodily senses. The problem with this is that you are not your body and if you identify too strongly with it, your ability to understand this universe from a more spiritually advanced perspective will be limited. It is not an understatement to suggest that as you advance on your spiritual path, losing your bodily identification (whilst retaining your respect for your body as vehicle for consciousness) and opening your mind to the higher understandings of Spirit will become increasingly important.

To convince you of the importance of your own efforts to rethink your place in this world, we also spent some time testing your new conception of time by applying it to several seemingly intractable and illogical spiritual concepts like past lives, prophecy, and understanding the end-times scenarios. You can see how the new and higher conception of time introduced in this chapter clarifies and makes logical many of these difficult spiritual concepts that resist understanding while confined to bodily concepts of this physical universe.

In the rest of this book we return to an explicit discussion of ascension and the way we have brought this planet to its current exalted location in the creative scheme of things. However, as we discuss starseed interventions, timelines, prophecy and even your own ascension and awakening process, always try to stay above this earth and within the perspective of Immortal Spirit. Remember, for example, that all starseed interventions at all locations in the space/time tube are happening concurrently and in this grand ascension moment. Bringing forward your new conception of time and physicality will help you understand the increasingly miraculous nature of the changes that are set to unfold on this earth.

CHAPTER THREE: PREVIOUS ATTEMPTS

You take the blue pill and the story ends. You wake in your bed and you believe whatever you want to believe. You take the red pill and you stay in Wonderland and I show you how deep the rabbit-hole goes.

Morpheus, from The Matrix

Introduction

In chapter one of this book we defined and examined The Ascension process. There we discovered that ascension was, at root, about energy. We learned that there is a vast pool of balanced energy available to us for creation. We learned we use this energy in various configurations to manifest our intent. We discussed, in rather general terms, how this works and learned that energy responds to thought and that as we think, we create. We also learned that the creation process works in multiple dimensions. At the highest levels our physical creations are very energetic and very responsive to our intent. As we descend the Tree of Life, however, energy slows and the resulting creations are less responsive. They are also more physical. The process of ascending and descending the Tree of Life moves in quantum stages with extra effort required at the quantum boundaries and extra energy released after the barriers have been penetrated.

In chapter one, we also discussed the nature of the energy of creation. Our discussion of the duality of this energy led us to consider the beautiful yin/yang symbol. We learned from our examination of that elegant symbol how energy exists as a balanced unity within which a potential polarity exists. We also learned that it is possible to take the energy out of balance. Normally, of course, we would want to work with balanced energy. However, for certain creative tasks it is necessary to

work with the energy out of balance. Penetrating the ascension boundary is one task that requires more yang-flavored energy.

In this chapter we extend our discussion of The Ascension by looking at past attempts to bring this universe up to and through the boundary point. As we will see, this is not the first time we have attempted to traverse the boundary from this lowest dimensional level back up towards the Godhead. In fact, we have undertaken three major attempts on this earth.²⁴ However, before we go into any detail about our major attempts at traversing The Ascension boundary it is necessary to learn a bit more about how the energy of creation works and how we, as Immortal Spirit, are able to manipulate it to best achieve the results we intend.

Energy Revisited—A Question of

²⁴ You do not see much of the evidence of these earlier attempts because the physical plane from a certain location upwards in the space/time tube was reconfigured at the end of each attempt. Because of the reconfiguration, much of the *evidence* was submerged or disappeared in the general alteration of the cosmetics of the planet.

However, there is some evidence available for lost civilizations in the ruins of ancient cities or the shallow waters of the great oceans. There have been individuals searching for these records for many decades (Jacques Cousteau was one of the first to take the possibility of lost civilizations seriously). Unfortunately, the voices of these individuals have been suppressed. When suppression has not worked, the suppressors have laid ridicule at the feet of those who take the evidence seriously. When that fails, careers are often ended.

You will not understand the reason for this until a bit later in this book. For now, those who are interested can look for clues to the lost civilizations in our remembrances of Atlantis and Lemuria. These remembrances you can find in your own hearts and in the visions and imaginings of the more intuitive or artistic among you. These individuals have shared their glimpses and half sightings of the past attempts with us. Writers often write of past pages or times when the current *energetic configuration* of this earth was different. Consider the epic novel *The Mists of Avalon* by Marion Zimmer Bradley. Arthur C. Clark's *Childhood's End* or Douglas Adam's trilogy in five parts, *The Hitchhiker's Guide to the Galaxy* both speak to the experimental nature of our incarnations on this earth.

Balance

I suppose the question that pops into your mind at this point is why we have undertaken multiple attempts at The Ascension. Why did our first or second attempt not succeed? The reason for our failures has to do with the way energy works. As I noted, energy comes as a unified pool of balanced potential. We access that universal pool of energy either in balance or with one side of the energetic potential turned up. Our preference is always to work with energy in balance since this is when creation works best. When we work in balance, there is just enough of the expressive and energetic (yang) spark of creation to get the job done and just enough of the formative (yin) to keep things together.

Unfortunately, we cannot use balanced energy at all levels. As we move down the dimensional ladder energy slows. As this occurs, the physical matter it manifests becomes heavier and carries progressively more inertia. In order to overcome this inertia, we gradually have to turn up the balance of yang energy so that we might generate extra momentum and cellular excitation. This is a gradual process. As we descend the Tree of Life, we take the energy of creation and move it increasingly off balance. In this way, we get more of the energetic drive that we need to manifest physicality in the lower dimensions.

There are tradeoffs of course. Using the energy out of balance has an impact on how our intent manifests. The more out of balance, the more obvious the impact. For example the more yang we use, the more excited our creation becomes. This excitation is expressed in many ways. In the natural world it is expressed in rapid evolution and energetic fluctuations in nature. In our bodies the energy expresses itself as the typically masculine traits of ambition, drive, competition, etc.

Another outcome of extra yang is an accelerated rate of manifestation. Even without pushing through The Ascension boundary, we can speed up manifestation by turning up the yang energy. The more yang, the more excited physicality becomes, the faster we move, and the less time it takes to accomplish things. We can actually experience this excitation through our subjective perception of time. For many of us living in the excited physical conditions at the end of this ascension attempt, time has compressed itself and we now accomplish far more in

far less time. This time compression is partly the result of the extra yang we have floating around.

The unbalanced yang has one other important implication especially when paired against the heavy inertia that is characteristic of physicality at lower dimensions. More yang means it is harder to control our physical manifestations. We can visualize the impact of the yang energy on our ability to control physicality if we again consider the train metaphor we introduced in chapter one. Consider the physical universe at each dimensional level as one long train on a cosmic track. In the higher dimensional levels where energy vibrates quickly, the Train of Physicality (TOP)²⁵ is small, light, and responsive to our intent. If we want it to move, it accelerates quickly. If we want it to stop (or if we lose sight of it), it stops quickly. The kinetic energy and inertia our TOP accumulates while moving is relatively small. As a result of our small responsive TOP, we do not need much force to get the train moving or alter its speed. A small engine will do.

We can extend this TOP metaphor a bit further to include the formative yin energy. Here, the yin energy is comparable to the tracks that we, as Immortal Spirit, lay to guide the train. At higher dimensional levels, the formative yin energy is stronger and more balanced against the yang. As a result, it is easy to lay the tracks and the tracks easily support the weight of the train. If we want to change directions, our powerful yin makes it easy to push the tracks around or even lay entirely new lines. In higher dimensions with high vibratory rates and balanced energy, creation is thus easy to control.

As you move down the Tree of Life, conditions change. The farther you move down, the more unresponsive creation becomes and the more out of balance we have to make our energy. When you get down into the lowest dimension, the energy has become quite cumbersome and dense. Because of this density, you need much more yang to get things moving. Extending our train metaphor, you might say we need bigger engines to

²⁵ See http://www.thespiritwiki.com/index.php/Train_of_Physicality for more details.

get the train started or to slow it down. Of course, turning up the yang weakens the yin. So, just as our train gets heavier, more cumbersome, and harder to start and stop, so also do our tracks (yin) get smaller, weaker and more difficult to lay.

Right away you can see the implications of this. At lower dimensional levels it is harder to get our TOP moving in the direction we want, harder to stop it once it is moving, and harder to alter its direction. If you lay tracks and you decide you do not like where the train is going, it takes a lot of time to slow down, back the train up, lay the new set of tracks, and restart the process. There is also a very real danger of things getting away from us and spinning out of control. For example, if the TOP is moving fast and we suddenly realize that the direction we sent it in leads straight into a brick wall, we may have difficulty stopping the train before it blows itself up against the unanticipated physical constraint (wall).

Obviously, the danger of our losing control increases as our trains get bigger and more powerful and the tracks get weaker and harder to lay. The lower we are in the dimensional mix, the more careful we must be. And we are careful. We, as Immortal Spirit, do not take creation lightly. As we descended the Tree of Life vibrating each new dimension of physicality into existence, we carefully adjusted the energetic balance. We took educated spiritual guesses as to what balance of yin/yang would get the job done and always erred on the conservative side. After all, it was easier to add more yang to the equation than it was to halt a veering and out of control TOP.

Getting down the Ladder of Creation was no big deal. We turned up the yang energy in small increments until we attained the power we needed to jump the boundaries and bring the dimensional universes into existence with the proverbial big bang. Our problems really started when we reached the bottom and we decided we would try to take this low dimensional level of physicality and move it back up the Tree of Life. Even as we initiated our first attempt to traverse the boundary, we knew we would have to be extremely careful. At this level, we are already working with huge TOPs carrying massive inertia running on very weak tracks. Turning up the yang even a little bit puts us on precarious ground.

Yet we are Immortal Spirit and we are undaunted. For our first attempt we turned the yang up just a little bit and quickly got down to the business of creating the conditions we thought would allow us to traverse The Ascension boundary.

Lemuria

Our first attempt at creating the conditions for ascension in this dimension goes by the name of Lemuria. As noted above, ascending the Tree of Life would require more yang than we needed descending the Tree. However, because of the possibility of losing control, we were quite careful about how much extra yang we added. Let us say that for Lemuria we felt safe turning up the imbalance by an additional thirty-five percent.²⁶ We did not think the imbalance would be enough to allow creation to burn itself out or run off the tracks, but we did hope that there would be enough momentum generated to move physicality through The Ascension boundary.

Our first choice was a reasonable guess and it did bear creative fruit. We got the extra creative drive we needed to get things moving in response to our intent. We got our primordial soups, our early life forms, the evolution of the higher mind, and eventually, as brain capacity grew and the body matured, consciousness in matter emerged. This was exactly what we wanted. On this planet, the results of the evolutionary push were quite spectacular. As we approached the end of our Lemurian experiment, everything on this earth was about as close to perfect as it has ever been. The ecosystems were perfectly in tune, the animals lived in harmony with nature, and the beauty and variety of life was simply stunning. It is very difficult for us to imagine the beauty and balance of the earth during Lemurian times because under the extremely unbalanced energetic conditions of our last two attempts we have savaged our earth

²⁶ The accuracy of this number is not important. You just need to get a *qualitative* feel for the level of the imbalance.

so completely. We simply have no reference point to consider the difference—except perhaps in the imaginative drawings of fantasy artists.

There is much we could say about Lemuria but one of the defining characteristics of that experiment, and one of the most important features for our purposes here, was the felt interconnectedness of all things. Lemurians felt this connection very strongly. It was a lived experience for them. The Mayan saying “In Lak’ech,” which literally means “I am another yourself,” beautifully captures the profound lived interconnection of all life during the Lemurian experiment (as we will see later, the interconnection was itself the result of the still powerful influence of yin energy). The level of spiritual understanding and attainment of the Lemurian civilizations was very high. The Lemurians existed in peace, harmony, and abundance. Lemuria was much like the Garden of Eden is reported to have been. There was no fear, little anger, and no hatred. The civilizations of Lemuria were the glorious crowning jewels of physical creation.

There are many remembrances of this early utopia in our genetic memory. It filters into our religions, myths, and songs whenever you hear of the need to “get back” to some earlier, more pristine and innocent existence. Of course, although we all crave and remember (to one extent or another) this sort of society, in general we have a hard time understanding it, appreciating it, or even accepting it. Our society and our way of thinking is so diametrically opposed to the Lemurian way that we fail to recognize it and even belittle and attempt to destroy any evidence of it because it is a deep threat to our current status quo.

To this day, we see remnants of Lemurian society. For reasons that will become clear shortly, after we ended the Lemurian experiment, Immortal Spirit did not totally erase Lemurian culture. If you are interested in getting a glimpse of what a spiritually advanced people look like, look no further than the indigenous and first nations people scattered across all continents of this earth. Their societies are the physical, social, and psychological remnants of ancient Lemurian

civilizations. Indigenous populations are all genetically connected to the original Lemurian cultures.²⁷

²⁷ To give you some sense of what Lemurian society was like, consider these things. In Lemurian society, children were honored. Children were seen as new messengers of the Divine, and not as the empty vessels our society believes them to be. Lemurians did not *own* their children nor did they attempt to fill the children with so much nonsense that they could not function as authentic human beings. They did not try to shape the children into miniature images of themselves nor did they seek wage slavery for them. Rather, the Lemurians protected the children, raised them as the children of light that they were, and learned from them as the children learned from their parents. It was a beautiful, equitable, and spiritually elegant relationship.

In our society, we fail to appreciate the true beauty of the child. We box them in rooms, teach them subservience and docility, undermine their spiritual connections, and destroy their sense of self. We wish for them a job or a career or some other form of slavery that serves the needs of others and not their own deep spiritual needs or desires. We twist them and break them and then call them functioning adults. This is a terrible joke since by the time they reach adulthood they are so disconnected as to be mere shadows of their original selves. They (we) then spend all our time scrambling to revive our lost sense of connection within dysfunctional relationships and twisted social forms.

There are other differences between our way and the Lemurian way as well. In the Lemurian society, Elders were honored. They were seen and respected for the wisdom they had accumulated over a long life of service to the earth and Spirit. Lemurians understood the true value of life on this planet and the value of the journey. Rather than fearing the destination (death of the physical body) and scrambling to hide away any evidence of that destination, as we do now, they honored the destination and those who had traveled the long miles. Instead of hiding their elders away in fear, they were kept in their communities, honored and provided with productive and meaningful ways to contribute to their communities. Indeed, it was the elders who bore primary responsibility for raising children for it was felt only the elders could be entrusted with such an honor and responsibility of nurturing a young life. Elders remained productive and valuable members of the society as long as they lived.

In our society, we hide our elders away. We believe them to be senile and/or unproductive and we treat them as burdens despite their life long contributions. We place them in homes, forget they have built the society we live in, and ignore any wisdom they may bring to our lives. We force their care onto the backs of a few females rather than making it a collective responsibility. We do this because we have been taught that only a productive individual working in a productive enterprise is a valuable entity. Older bodies

The civilizations of Lemuria were wonderful, creative, and balanced civilizations. Unfortunately, there was not enough yang to enable us to break through the ascension boundary. Since The Ascension was the only reason for manifesting on this earth, we had little choice but to end Lemuria by reconfiguring this reality and rebalancing the energy. However, although the vast majority of Lemurian civilization was destroyed, as noted above, enclaves of Lemurian society were spared and the survivors scattered. The hope was that one day when the energy on this earth could be returned to balance, their wisdom and spiritual

are not as energetic as younger bodies and are not viewed as *exploitable* commodities by those in power. We also do all this out of our own fear of death. Because we do not have an authentic spiritual connection, we cannot see death as anything but a termination of the body (our self). In our unholy terror of what should be a beautiful transitioning event, we hide all evidence of it away.

Lemurian society itself also did not honor and worship slavery (productivity) as we do. Lemuria was a beautiful and balanced world where creativity and self-expression were the highest goals. Lemurians were not brainwashed to be the servants of others. They did not spend years in school learning that coffee breaks were only fifteen minutes long and lunches one hour in length. They did not spend their years learning to worship authority. They did not tie themselves to assembly lines or desks in rank servitude. Rather, Lemurians were trained to be Sparks of The One and to express their connection and their purpose with dignity, pride and glory. Lemurians never worked in the sense that we understand work. They occupied their time with the things that made their hearts sing. For some it was music, for others it was service. None burdened others and all were independent, beautiful, expressive beings. Each individual existed as they wanted to exist. Unlike the profound distrust of life we all share (the struggle for survival), Lemurians knew and understood deeply in their hearts that abundance and not scarcity was the birthright of all of God's creation.

There was conflict in Lemurian society. There were many enclaves or tribes and they did not always agree. However, the conflict was always minor and there was always the assumption that the other participant in the conflict was a valuable member of the family of Spirit. Lemurians understand that "I am another yourself." As a result, conflict was never entered with the intent of destroying another person and certainly never with intent of destroying an entire tribe. The destruction of even a single individual would have been unthinkable and as difficult as cutting off your own hand.

knowledge would prove useful in the healing process that many would find necessary.

Energy Revisited—A Question of Connection

Before we turn to an explication of our second attempt to traverse The Ascension boundary, we again need to revisit and expand our understanding of energy. As you now understand, turning up the balance of yang can be dangerous. We used the metaphor of a train to help visualize the implications of too much yang. The more imbalanced things are, i.e., the more of the energetic spark we use, the bigger that train is. The bigger the train, the faster it goes. The faster it goes, the more kinetic energy it accumulates. The more energy, the harder it is to control.

Unfortunately for us, the problem does not end with the train's momentum. As we discovered, there is a catch 22. The more you turn up the yang side of the creative pool, the weaker you make the formative and moderating side. If you turn the balance too far and give the yang too much strength, the yin becomes so weak as to become invisible and ineffectual. This weakening of yin has some profound implications. The potential for losing control over our TOP because of the “kinetic energy” of the train is one such implication of course. However, the problem goes deeper than this. If the yang side becomes too strong, our ability (as Immortal Spirit) to *connect* with our manifestation is impaired. This inability to connect can have very serious consequences.

You will have to pay attention here because this will be difficult to follow. When I speak of physicality in this context I am not speaking of the whole of physicality but rather one special part of it. That part is the human body. As you may or may not have gathered, the human form (and other forms with highly developed brains and nervous systems) is very important in the overall creative process. All life forms (humans, dolphins, works, rats, etc.) are essentially physical vehicles for Immortal Spirit. You can think of them like the cars you drive. You enter them when you are awake and you use them to drive your consciousness around in. With highly advanced bodily systems, Spirit is essentially able

to enter into physicality and experience it from the inside out. This is your experience right now. You are a conscious monad experiencing physicality with the multiple senses of the physical body. You are Immortal Spirit futzing around in your bodily vehicle.

The problem for all of us is that you are not aware of yourself as Immortal Spirit. You are only aware of your bodily consciousness (your mind) and nothing else. You have no connection to your higher self, no connection to the consciousness that is Spirit, and absolutely no sense of how the spirit world truly operates. Of course, you might believe in God and Spirit and believe in a higher purpose and all that, but for many these are articles of faith and not things they know. You may believe it, but you do not see it. You are disconnected from the Spiritual realm.

Now, it is important to understand that this is not a normal phenomenon. In other parts of the universe we retain strong and clear connections to our higher selves and the Spirit world even while we are motoring around in our physical vehicles. So why are we disconnected on this earth? The disconnection we endure is essentially a function of the imbalanced energy. The outpouring of yang energy that we must work with to ascend this universe severs our spiritual connection. Just why this disconnection happens will become clear as we go into more detail about the true nature of your physical body.

The Body as a Manifestation Device

Above we suggested that you consider your physical body a vehicle for your immortal soul. There is much truth in this metaphor. However, it is not the whole truth. Your body is a vehicle for Immortal Spirit but it is not just a vehicle. Your body is not simply a lump of flesh, bones, and dust that you go to parties in and abuse with drugs, alcohol, and processed foods. In fact it is a finely tuned masterpiece of spiritual engineering. When properly tuned, your body allows Immortal Spirit to create in physicality in ways far more powerful and precise than is possible without the benefit of this marvelous physical system.

You will recall from the last chapter how Immortal Spirit standing outside of physical creation (outside the space/time tube) is limited in its

ability to perceive and understand physicality. If you are a Spirit and you are not in body, all you see is a tube of multi-colored energetic mush. You can manipulate the energy in the tube but your understanding of the dynamics inside are limited because you cannot **see** what a Spirit in body sees. To overcome this limitation, Spirit created the physical body so that it could enter into physicality, see what was going on, and affect things from the inside out.

In body, Spirit can do many things with physicality that Spirit outside of body cannot. On a mundane level Spirit can work with physicality by, for example, cutting down trees, creating lumber, and building houses. However, the body allows control that is far more creative than even that. In order to understand just how much creative power the physical body has, you have to understand it as an energy system. The body is really an advanced energy-focusing device that allows Spirit to draw down and push out the energy of creation for precise creative manifestation in physicality. Perhaps instead of calling your body a vehicle for Spirit, it might be better to speak of it as a manifestation device.

Just how does this energy manifestation or focusing device work? Well, your body has several energetic toroids or chakras.²⁸ Each chakra is a multi-dimensional vortex that penetrates all the way back to the pool of creation energy and all the way forward through each level of your body (your astral, etheric, etc.) till it finally exits and manifests in physicality with your bodily organs. These vortexes are very important. They provide a conduit through which the energy of creation may pass into physicality.

The chakras themselves correlate with several aspects of your physical existence including levels of consciousness, developmental stages of life, the colors of the rainbow (ROY G BIV), the seven tones of the major scale, and bodily functions and organs. *The seven chakras are the seven seals which when fully open and connected give Spirit total access and total control over this physical reality.* A visual representation of the chakra system

²⁸ The word chakra is Sanskrit for wheel or disk.

is provided in the figure below. Table one provides an overview of various chakra correspondences.

Each chakra is a sort of control center. It shapes the energy of creation and allows that energy to be used for certain creative tasks. For example the third chakra, which is associated with your solar plexus (sun center), allows your body to manipulate and shape the raw energy of creation. This is your personal power center and it is this center that is blocked when we have given away our power to some sun toting deity, king, or politician. Your second chakra is your creative center. This chakra draws from the available pool of creative energy and focuses it into physicality. As this chakra draws and focuses the creative energy, your third chakra provides the authority and direction for that creative energy. Your heart chakra is your overall spiritual control center. It is through your heart chakra that the intent of Spirit is passed. Your root chakra is your grounding chakra and it does exactly what its name implies. It grounds you and completes the energetic circuit.

Figure Six: Chakra System

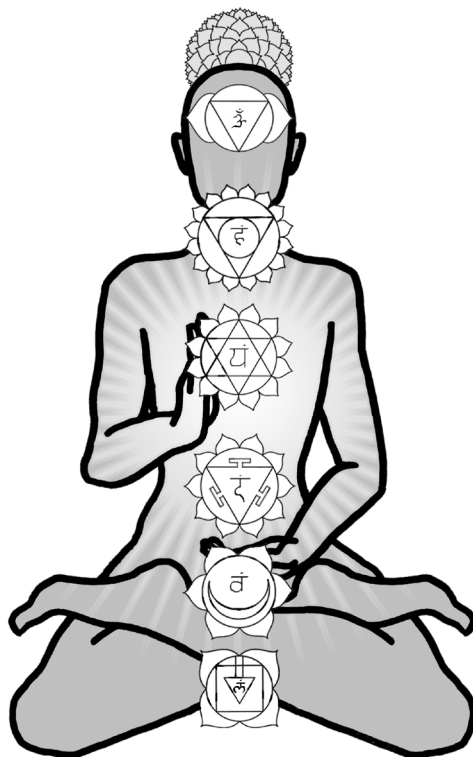


Table One: Chakra Correspondences²⁹

<p>Chakra Seven: Crown. Functions: Access to unlimited knowledge of spirit. Connection to higher intelligence, spiritual realms. The ideas in consciousness that are eventually manifested in creation by a healthy and fully functioning physical unit. The beginning of <i>as above in consciousness, so below in matter</i>.TM Dysfunctions: Limited bodily consciousness, dysfunctional ego, limited intelligence and intuition. Failure to respect and honor self. Inability to trust own vision and creative efforts. Need for external guidance or approval. Egomania. Dogmatism. Limited understanding. Physical Organ(s)=Brain and central nervous system.</p>
<p>Chakra Six: Third Eye/Brow. Functions: Sensory functions. Five physical senses plus "higher" senses. Dysfunctions: Limited vision. Lack of psychic ability. Insensitivity. Lack of compassion. Physical Organ(s)=Sensory apparatus (skin, eyes, ears, taste, intuitive senses, etc.).</p>
<p>Chakra Five: Throat. Functions: Self expression. Expression of Truth. Collective communication and spiritual teamwork leading to collective manifestation. Dysfunctions: Arrogance. Self-absorption. Disrespectful communication. Repression of voice. Physical Organ(s)=Thyroid/Voice Box.</p>
<p>Chakra Four: Heart/God Center. Functions: Connection to Spirit. Emotional communication with The Fabric (i.e. God). Emotional expression. Easily damaged by heartless world, improper parenting, betrayal of trust, failure to protect. Dysfunctions: Domination of others. Judgment. Oppression. Predatorial outlook. Suppression of emotions (typical in males, becoming more prevalent in females). Overly rational, lacking in compassion and feeling, instrumentality and achievement before emotion and connection with others. Physical Organ(s)=Heart.</p>
<p>Chakra Three: Solar Plexus. Functions: Will. Self worth. Personal Power. Creative will leading to grounded manifestation. Dysfunctions: Giving power to others. Inability to decide or act. Subservience. Domination and control of others. Submission to authority. Disregard of the needs and creative efforts of others. Need for external guidance or approval. Lack of self-esteem. Physical Organ(s)=Solar plexus.</p>
<p>Chakra Two: Sacral. Functions: Creativity. Autonomous expression. The initial act of physical creation. Dysfunctions: Self-destruction. Failed creativity. Pathological sexual activities devoid of love and connection. Pathological and self-centered creative activities. Lack of self-esteem. Physical Organ(s)=Reproductive tract including sexual organs.</p>
<p>Chakra One: Root. Functions: Grounding. Ability to bring ideas in consciousness into reality. The completion of <i>as above in consciousness, so below in matter</i>.TM Connection to Source. Innocence, simplicity, joy, play. Dysfunctions: Mistrust, fear, lost innocence, antagonistic relation to creation. Hostility. Anger at life. Fear of others, fear of negative outcomes, fear of punishment. Inability to create Organ=Digestive system including intestines and anal tract.</p>

²⁹ Details of the proper functioning of chakras, as well as the dysfunctional outcomes of improper, abusive, and violent socialization and indoctrination are discussed in more detail in my *The Basic Book* and *The Book of Magic*.

As you can see, each one of these chakras gives your higher self certain *powers* in this world. These chakras are not to be trifled with. They are more real than the illusory world you currently inhabit. Each chakra is powerful on its own but when lined up in a straight line, fully open, and grounded they give you God like powers over physicality. Even from this brief overview, you can get the sense that your manifestation device and its chakra system really is a marvelous system of divine engineering.³⁰

Unfortunately, we do not all have fully functional chakra systems. In all cases our systems are either handicapped at birth because of trauma, disabled as part of the socialization process in our dominant yang societies, or distorted as a result of an improper understanding of the nature and right expression of chakra energies. Two basic problems can lead to dysfunctional or distorted chakras. On the one hand, chakras can be damaged and blocked because of emotional, physical, or spiritual trauma. **Blocked chakras** fail to express adequate amounts of creative energy. They are atrophied centers that provide only the minimal energetic expression to ensure bodily survival and nothing more. **Distorted or dysfunctional chakras** often express energy in negative or self-destructive ways. Chakras are very powerful and if you have a choice in the matter, you are far better off closing your chakras rather than leaving them open to draw and express energy negatively.³¹

The other way that chakras can become dysfunctional is when there is no local energy available for triggering them. Remember your chakras are vortexes. They draw, focus, and shape the energy of creation in order to provide your body with its amazing creative powers. However, they

³⁰ Your manifestation device, or "physical unit" as I like to call it, is discussed in more detail in my others books. In *Dossier of the Ascension* we take a closer look at the chakra system and how it is suppressed and impaired by The System (and look at what you can do to reverse the damage). In *The Basic Book* we looked at the basic psychology of the physical unit. In *The Book of Magic* we look at advanced chakra psychology. In *The Book of Light* volume four we look at the evolutionary development of the physical unit.

³¹ For more information see the SpiritWiki entry on Chakra Psychology http://www.thespiritwiki.com/index.php/Chakra_Psychology

cannot draw and focus energy if it is not available and under certain conditions, certain types of energy are not available.

You already have enough information to be able to understand this process. As you will recall, the energy of creation exists as a balanced duality with a potential polarity. The two basic polarities are yin and yang. Now consider this. Your chakras all draw from the unified pool of creative energy. However, they do not draw from the same polarity. Some of your chakras draw primarily yin, and others draw primarily yang. Your chakras cannot function properly if energy of the proper polarity is not available to them.

Now in your chakra system, the bottom three chakras are yang chakras. These chakras express your personal power, your ability to impose your intent on creation (third chakra), your ability to draw down the universal pool of energy and use it to manifest (second chakra), and your ability to ground that creation in physicality (root chakra). If you think about it, these lower chakras are characteristically masculine or yang based. They draw from the available yang in order to function. On the other hand, your top three chakras are yin based. They provide you with your intuitive (third eye) powers, expressive (throat) abilities, and your connection back into the spirit world (crown chakra). If you think about it, these chakras are characteristically yin and they draw from the available yin energy in order to operate and manifest.

The dual nature of your bodily energy system is captured symbolically by the Star of David (see Figure below). The star, which represents an empowered human (not coincidentally was this used as a mark of execution during WWII), symbolically expresses the balanced union of the higher chakra system (the top three chakras) and the lower chakra system (the bottom three) in an energetic system *controlled* by the heart chakra. In the Star of David, the upward pointing triangle represents the top three chakras and the bottom pointing triangle, the lower three chakras. When all chakras are fully functional and in balance, your light body or Merkaba is activated. You might also call this light body your God sphere. When it is finally activated, things get exciting for you.

Figure Seven: Merkaba and Light Body



Now you should have the picture. In situations where the energy of creation is balanced, the chakras easily work together and one side or the other goes out of balance only with great difficulty. However, under imbalanced energy conditions, difficulties begin to emerge. If, for example, you crank up the yang and crank down the yin, your lower bodily chakras will function beautifully and without much focused intent. However, your higher chakras will not have enough gas to operate. They will sputter, spark, and eventually atrophy for lack of available energy. They will never extinguish, of course, and you would be able to keep them operating if you tried hard. However, only the most dedicated spiritual aspirant would have the time and energy necessary to attain full

functionality of the higher chakras when planetary energy balance provided only minimal yin energy

Now you will understand why we say that when energy conditions are out of balance, you become disconnected. When we turn up the yang side of the energetic pool too much your higher bodily chakras, the ones that give your body its intuition and its connection to the higher spiritual realms, shut down. You become disconnected from your own knowledge and disconnected from the higher realms. As we will see in our next section, this disconnection was an important feature of our second ascension attempt we all know by the name of Atlantis.

Atlantis

Keeping in mind your body's energy system, you now understand that in Lemuria the balance of yin/yang, while not totally equitable, was not enough to deactivate the higher chakras. As a result, balanced activation of the Merkaba was unproblematic. Unfortunately, we could not achieve ascension so we had to try again and we did that in the ascension attempt known as Atlantis.

Now, the main difference between Atlantis and Lemuria was, of course, the energetic balance. In Atlantis, we had to pump up the yang even more than in Lemuria. For the sake of visualization, we might say we increased the balance of the yang energy an additional fifty percent. The extra yang had an immediate effect on the way our intent was manifested in physicality. With the rebalancing, our creative thoughts burst into physicality much faster than under Lemurian conditions. The evolution of the natural world and humanoid societies moved apace and much more was accomplished within much shorter periods. We built civilizations, developed technologies, and pursued the arts and sciences in a very vigorous and aggressive manner. Atlantis was a time of grand empires and sprawling cities. The history of the Atlanteans unfolded as the grand dramas of kings and queens.

As you might expect, under these new conditions, and with the new balance of energy, considerable momentum was generated in physicality. The level of "atomic excitation" grew steadily and we rapidly built up the

momentum necessary to successfully traverse the quantum boundary. Everything looked great in fact except for one tiny little problem. Because of the profound energetic imbalance and the lack of yin energy, our connection to Spirit was totally severed. Because of the severe constriction of yin, our higher chakras did not fully activate as part of the maturation process of the physical body. As a result, virtually every Atlantean citizen drove their physical vehicle (body) around unaware of the higher realities and disconnected from their higher selves.

This profound spiritual disconnection made Atlantean civilization quite different from Lemurian civilization and many things happened in Atlantis that would have been inconceivable in Lemuria. Atlantis was very yang oriented. It was very expansive, conquest driven, and control based. Very little of the subtle spirituality and intuitive sensibility that arises from higher chakra activation existed. Atlanteans were often cold, callous, boorish, individualistic heathens. Of course, we should not judge since this was not their Spirit but their body. Their body functioned in an isolated fashion cut off from Spirit. We would say the body was controlled by the bodily ego³² not aware of its purpose, not aware that it was Immortal Spirit, and not aware of the higher spiritual realities. It is difficult to find the right words to describe this but if you want a better idea at what a disconnected Atlantean might look like and act like, just look around you at so called “advanced” western civilizations. These are very much “high yang” Atlantean like civilizations.

Now, as unpleasant as the experience of bodily manifestation is in high yang energy balances we, and by “we” I mean Immortal Spirit, never believed that there would be a problem with this disconnection. We initially thought that when the time came for The Ascension and yin started to flood into this reality to rebalance the energy, we would be able to restore the connection by sending *messengers* or *teachers* into physicality to teach everyone about the true nature of their reality. The messengers would simply incarnate in a physical body, awaken to the true nature of

³² See http://www.thespiritwiki.com/index.php/Bodily_Ego for more details

reality, and tell everyone that ascension was at hand. They would explain the nature of their energetic systems, they would explain the nature of God (and god), and they would help activate the higher chakras. We (i.e., Immortal Spirit) naively thought that as the messengers told everyone the Good News (i.e., that they were not isolated egos), and as the higher chakras were awakened by the influx of yin, all the bodies in physicality would recognize the power and glory of their higher selves, welcome themselves into physicality, and sit back and enjoy the ride back up the Tree of Life.

Unfortunately, this scenario never actualized. Because the connection was so weak to begin with, we lost control of our manifestations to the bodily ego (a.k.a. little ego).

Why?

Well, it turns out the disconnected little ego is easily frightened. As the top three chakras started to dance with the new yin, connections to Spirit started to activate. As the higher spiritual realms were opened to the limited ego, it became terrified. It had lived in individuality, negativity, and isolation for so long that the glorious worlds of higher consciousness that began to open up to it drove it mad with fear, paranoia and what it thought was its own profound insignificance. As most often happens when the body is in fear, it lashed out in anger. It began to destroy the world. Out of fear, it rained down death and destruction on itself and others.

At first, this destruction was the sort of mundane destruction (i.e., war) we are all so familiar with in this Atlantis like world. However, this was only the start. Things got quite ugly as the higher chakras continued to energize. As the Atlanteans began manifesting with the power of all their chakras, all the negativity and self-destructiveness of the small Atlantean ego burst into physicality. As the whole debacle progressed, they found awesome and terrible ways to express their self-destructive intent. The food system collapsed as all sorts of new diseases emerged. War expanded to the globe and horrible death spread out across the land.

It was ugly.³³

Seriously.

Now, as you know the story of Atlantis did not have a happy ending. In fact, it got so bad that we, as Immortal Spirit, finally had to euthanize the Atlantean bodies. It was either that or watch them find ever more horrible ways to kill themselves and their fellow citizens. To end our Atlantean experiment, Immortal Spirit turned an asteroid into the planet and that was that for our second ascension attempt.

Conclusion

In this chapter we continued our story of The Ascension by examining in more detail our past attempts to raise the physical universe up through the quantum boundary. We learned our first attempt, Lemuria, did not generate the required energy for ascension. The reason for this was simply because there was not enough of the energetic yang to get the job done. We did note, however, that the Lemurian experiment was a grand success in terms of the quality of creation. Lemurians existed in a utopian world of balance, beauty and brilliance that to this day remains the dominant expression of Spirit in this universe (i.e., on other planets).

We also learned that our second attempt, Atlantis, was a completely different experience. Although we started with the same physical infrastructure, the energetic balance we worked with was far more skewed. This imbalance was immediately noticeable and, in the long run, uncontrollable. The human physical body never reconnected with its

³³ Have a look at the world now and you'll see just how much like Atlantis we really are. Collapsing financial systems, bee problems, a horrible run up to global war, and incredible levels of greed, hatred, and negativity. All other things being equal, if we continue on the path that we are on now, if we fail to listen to the messengers that have been sent to awaken us, we won't last past 2030. Trust me though, that won't happen. Not only do we have "safety mechanisms" in place this time (see next sections), but we've also prepared ourselves more. We know to expect resistances and we are confident in our ability to overcome them.

spiritual source. Our physical bodies and our egos did however reconnect with the power of the lower chakras. As the energy was rebalanced and the poor little egos could not integrate everything that was happening to them, a terrible darkness spread over the land and Atlantis was destroyed.

Undaunted, and never wanting to throw in the towel, we decided we would make a third attempt. It is to an examination of this third attempt that we now turn.

CHAPTER FOUR: OUR WORLD

Any sufficiently advanced technology
is indistinguishable from magic.

Arthur C. Clarke

Introduction

In the last chapter, we discussed in detail how we, as immortal Spirit, have attempted to create the conditions necessary for the ascension process. We discussed both Lemuria and Atlantis as failed attempts to break through the boundary and lift physicality back up the Ladder of Creation. Atlantis, we learned, was a huge disaster. Ironically, we are all still dealing with fallout from the Atlantean fiasco.

In this chapter, we are going to examine our current attempt at breaking through the boundary. As we will see, although the premise of the experiment is the same as the previous two experiments, and the energetic balance is identical to the Atlantean experience, the conditions of its unfolding are far more complex and difficult than previous attempts. Not only do we have the energetic fallout of Atlantis to deal with but we also had to be certain that when the time came to awaken the higher chakras, should the body get scared, it would not be able to wield the same destructive power as it had during the disintegration of Atlantis. However, before we get into the details of this attempt it is necessary, once again, to take a closer look at how energy works.

Energy Revisited—Entropy and Darkness/ Creation and Light

As noted above, in addition to having to navigate an ascension attempt, we also have the energetic fallout or “karma” of Atlantis to deal

with. In order to understand what this means, and in order to understand why this attempt was so complex and difficult to organize, we need to consider and keep in mind three features of energy that have an impact on how we create. These qualities of energy are its persistence, neutrality, and valence.

We have already spoken about the persistence of energy. To say that energy is persistent is really just another way of talking about energy's inertia or momentum. You will recall from previous chapters that once you draw energy to yourself through intent, and once that intent is manifested or expressed, that manifestation tends to stick. You may want to think of energy and its manifestations as being viscous. Of course, the lower the vibration of energy (i.e., the lower you are in the dimensional fabric of the universe), the more viscous that energy is. This feature of energy is nicely illustrated by liquids such as oil or molasses that become thicker as the vibrational rate of the molecules slow.

Another important feature of the energy of creation is that it is neutral. Energy is just energy and it is morally and ethically inert. Energy makes no judgments about its use or abuse. It simply is. If you have difficulty with this concept, think of your own storage and use of energy. You eat food that is converted to energy that your body uses in activity. However, what you eat and how your energy is stored does not dictate what actions you might engage in. You and your body are always free to choose how to utilize stored food energy. You could sit and watch television, go running, or play with your children. The point here is that you have a choice and nothing prevents you from being an unhealthy couch potato with a high risk of heart attack or stroke if that is what you choose.

It is the same with the energy of creation. It is just energy and it does not care what you do with it. It has no mind, no will, and no morality. It is the substance of God, to be sure, but the energy in raw form is empty of Spirit and responds only to intent. As with your choice of activity, you have a choice on how you use this energy. You could take the amazing and wondrous gift that is the energy of creation and, for example, manifest a world of peace, justice, love and prosperity. On the other hand you could, if you so choose, take the gift and make everyone

and even the world herself (Mother Nature) your enemy. In the end, it is your choice.

In addition to persistence and neutrality, energy also has what we might call valence. Valence means that energy carries a sort of qualitative imprint. This imprint is given to energy by your physical body. Remember, our bodies are manifestation devices and when fully activated they are very powerful conduits. As energy passes through your bodies, it takes on an imprint provided by your body's current emotional state.

The valence given to energy as it passes through your body can be described in a couple of ways. We can describe the valence in terms of its spin and its color. Metaphorically speaking, your body can spin energy in one of two directions. You can spin it in a "clockwise" direction or in a "counterclockwise" direction. If energy is spun "clockwise," the energy manifests towards unity and integration. If the energy is spun "counterclockwise," the energy manifests towards disunity and disintegration. Not surprisingly, there is a relationship between energetic balance (yin/yang) and spin. If you turn up the yang or energetic side, the conflict and strife engendered by the out of balance yang makes it easier to spin energy towards disintegration.

Energy can also have color. Color, as we use the term here, refers to emotional color and like spin it is something that is stamped onto energy as it passes through your body. Your body, which has a wide variety of possible emotional responses to stimuli, can impart a variable cornucopia of "color" onto the energy of creation. You can color energy with love, compassion, hate, jealousy, anger, etc. Whatever you can feel, you can stamp. Indeed, whatever you feel, you do stamp.

Now, combine the qualities of persistence, neutrality, and valence and you have a set of energetic qualities with profound implications. Because energy is neutral, you can draw it and choose to manifest whatever you like. Because energy has valence, you stamp that energy with your own personal imprint. Finally, because energy is persistent, what you manifest and how you manifested it sticks around. If you stamp

energy with dark emotions, the energy you have used to manifest stays like that until you make a conscious effort to re-stamp it.³⁴

You can see that at root we are still talking about energetic inertia. However, now we have refined our understanding of what this inertia means and can now see that it includes not only the inertia of movement but also the inertia of color and spin. Let us now turn to an examination of the full implications of energetic inertia.

The Original Spin

One rather important implication of energetic inertia is that as you stamp and spin energy, the energy sticks around in that form in the general area where it was drawn. This energy then becomes available to others for their manifestation requirements. The problem here occurs because your body tends towards **sympathetic vibration**. It works like this. Your body draws energy to accomplish certain manifestation tasks. If it draws neutral energy (unspun, uncolored) through its chakras, nothing untoward happens. However, if it draws energy with a valence, your body tends to react to that valence. For example, if there is a lot of angry energy floating around, and you just happen to be in the neighborhood of that angry energy, your creative efforts will draw from that energy first and as you try and manifest, your manifestations will have a tendency towards anger. There is nothing mystical here. This is a simple physical reaction to energy.

Normally, energetic valence and sympathetic vibration are not significant problems for us. When we are fully conscious of who we really are, when we remember we are Immortal Spirit, we would rarely spin or color energy in any negative fashion. And if we did, we would be sure to take responsibility for it and re-imprint it as soon as possible to prevent energetic escalations. In turn, if we experienced someone else's

³⁴ The persistence and valence of energy is what people experience when they enter places like Auschwitz. It is palpable and frightening. Of course, lots of places in the world have negative energy. Even family homes can bear negative energy imprints.

improperly stamped energy, we would recognize it for what it was, take responsibility for it, and quickly *transmute* it into something more appropriate. There is no doubt we would do these things because as Spirit, we understand the full implications of leaving dirty energy around. This is simple energetic hygiene.

However, turn up the yang side and starve the higher chakras so that a veil (The Veil) is placed between the ego and the immortal self and the danger is that things can get out of control. When in amnesia, and when dealing with the excitations of the out of balance yang energy (think how difficult it is to remain calm on six cups of coffee), it becomes very easy for the body to simply react without thought to whatever energy happens to be available. If there is lots of energy stamped with negativity, the body feeds off that and becomes unpredictable. Consider a simple event like being cut off in traffic. There are wide ranges of reactions to this event and how we react will very much depend on a) the type of mood we are already in, b) what type of energy your body draws and c) how aware you are of your visceral bodily reactions. If we draw negative energy and are not aware the energy *may not be our own*, we can over react. Here arises the escalating (unless we do something to reverse the spin) phenomenon of road rage.

You can see this dynamic clearly in crowd situations where panic or anger are contagious and where an initial event can cause an emotional ripple that cascades through the crowd and erupts into chaotic manifestation. You also see this principle operating, at a bit higher level, when you look at parts of the world that seem to be always full of conflict. This conflict is present because the individuals are working with heavily imprinted energy. Because the energy in these areas is so negatively spun and colored, manifesting anything positive becomes very difficult.³⁵

³⁵ Those who seek to enslave and enrich themselves on the labor of others often exploit these areas of heavy negativity for their own purposes. Obviously, that's going to have to stop and when it does we are all going to have a lot of work to do helping to clean up and re-spin energy in these locations.

As noted, as Immortal Spirit, we would never over react to anything. We would react of course, but we would react with the intent of solving problems. If something makes us mad, we would get to the root of the problem and deal with that. We wouldn't stew in our own juices. In addition, it would be inconceivable that we would spin energy in a negative fashion and forget to correct that mistake. However, in the body and in amnesia things are quite different. We forget who we are, forget who our sisters and brothers are, react inappropriately, avoid solving problems, spin energy in a negative direction, and forget we need to fix it. This is a significant problem for us on this earth where long ago in Atlantis we, in our ignorance and superstition, began imparting and reinforcing negative spin and valence. We might call the original energetic imprints that occurred as Atlantis spiraled into oblivion the *Original Spin*.

Once you have participated in the original spin, and when you are in amnesia, the real difficulties begin. While in amnesia, the negative spin that you have manifested makes it more likely that future manifestations by you or anyone else will take on the character of the imprinted energy. Given the right conditions, things can easily get out of control even in your current life setups. Consider what would happen while in amnesia, with your chakras wide open, and while you are reacting in absolute terror to your true spiritual heritage, and you will have a better understanding of just how terrible the Atlantean descent into oblivion really was.

The One "Law"³⁶

As you can now understand, when things got ugly in Atlantis, negative imprinting literally gushed dirty energy into this area of

³⁶ I put the word "law" here in scare quotes to indicate that while I am calling this a law, it is not really a law. It is more of an understanding between souls. Technically, there are no "laws" in creation. As I say in the *Book of Light*, consciousness is the root of all things. If you want something changed in creation, just change things up in consciousness.

physicality. What is important to understand here is that when we reconfigured this area to try to raise physicality up to the ascension barrier again, we were stuck with the energy stamped by the Atlanteans. All the anti-energy we generated in the descent hung around like a pool of mud and darkness in this area of the space/time tube.

This was a problem that we had to deal with. Even if we wanted to, which we did not, we could not just leave all this negative energy. Not only would it prevent our ascension attempt (we could never allow ascension to a higher vibratory dimension with all the negatively stamped energy kicking around), but all of those who participated in Atlantis were spiritually responsible for it. As Immortal Spirit, you are simply not allowed to muck around with energy, make your mistakes with it, and leave it for someone else to clean. As co-creators of physicality and partners in creation, we are all bound by the same universal spiritual agreement. This agreement operates as a sort of guaranteed balance mechanism and states that whatever you manifest, you must deal with.

Clean up your messes, in other words.

The simplest way to describe the operation of this law is to say that it functions by returning to you any energy you stamp. If you stamp energy with goodness and manifest with this energy, this is returned to you in equal measure next time you need energy. If you stamp bad things onto energy, this energy is also returned to you in equal measure. This agreement returns to you the same quality energy you send, more or less. There are no dispensations ever given and only out of ignorance would anyone want to continuously stamp energy with negativity. The anti-creative spiral they would find themselves locked into would lead to considerable pain and anguish and would become harder and harder to deal with as time passed and as the soul's available energy became increasingly negative.

As Spirit, we understand this law and can actually see it in immediate operation while in manifestation in the higher dimensions. In higher dimensions, the responsiveness of energy and its fluidity ensures a quick return. Because of this "in your face" character, we are careful what we manifest. However, in lower dimensions and in amnesia, we can forget the operation of this law. In the lower dimensions, you can

imprint energy and only reap what you have sown several years later. This lengthy disconnection between intent and return makes the operation of the law difficult to discern and is one of the reasons for all the misconception around this agreement.³⁷ Let us take a moment to clear up some of the misunderstandings.

³⁷ Not that there are not ongoing efforts to remind you. This law is expressed in every world religion or spiritual belief system as some variant of the **Golden Rule**.

Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. Galatians 6:7.

All things whatsoever ye would that men should do to you, do ye even so to them: for this is the Law and the Prophets. Mathew 7:12.

What is hateful to you, do not to your fellowmen. That is the entire law; all the rest is commentary." Shabbat 31. Talmud.

This is the sum of duty: Do naught unto others which would cause you pain if done to you. Mahabharata 5, 1517.

Hurt not others in ways that you yourself would find hurtful. Buddhism. Udana Varga 5, 18.

Surely it is the maxim of loving-kindness: Do not unto others that you would not have done unto you. Confucious Analects 15, 23.

That nature alone is good which refrains from doing unto another whatsoever is not good for itself. Zoroastrians: Dadistan-I-dinik, 94.

This list taken from <http://users.aol.com/psyeditor/goldrule.html> and also <http://www.teachingvalues.com/goldenrule.html>

Obviously, this is not a law of retribution. Although some might think you are given the OK by this law to go and pluck out an eye for an eye, it is not so. That particular interpretation is pure nonsense and violates the nature and intent of the agreement. Not only does plucking out eyes ignore the fact that we are dealing with *energy* and not actions, but it also ignores the synergistic effect of fighting fire with fire. If you imprint negative energy with more negative energy, you simply get more negativity. If you fight fire with fire, you only get a bigger fire. If somebody hits you and you turn around and smack her back, you have generated twice the negativity that existed before. If you do this, you are in rank violation of this simple spiritual precept. A discerning person does not contribute to negativity but turns the other cheek.

This is also not a law of punishment. As we have already discussed, there is no punishment implied in the use of energy. Let me repeat that. There is no punishment implied in the use of energy. Of course, this doesn't mean that you cannot misuse energy. You most certainly can. If you take all the energy you have access to and use that energy to enrich yourself at the expense of others, if you hurt others, and even kill things, this would be universally considered a misuse of energy. However no matter what you do, or how "evil" you act, you will never be punished for these acts. God, consciousness, and creation just doesn't work that way. However this does not mean there are no consequences of your actions. In a universe where we all inhabit creative spaces in close proximity to each others, your actions **always** have consequences. If you kill somebody in anger, if you go to war and occupy another country, if you drink and drive and kill somebody, if you use your corporate power to generate profits at the expense of people, you will be held responsible for every single ounce of suffering you cause and you will be expected to make things right (i.e. *atone*³⁸ for your "sins"). Put another way, it is never about punishment or retribution but always about responsibility and atonement. This whole "law" thing is simply about responsibility. If you

³⁸ See <http://www.thespiritwiki.com/index.php/Atonement> for more details.

create something, it is your responsibility to deal with it. If you mess something up, you have to fix it. Although some may balk at this law, frankly this is the way of spiritual adulthood. You clean up after children. Adults fix their own messes and since we are all spiritual adults here, we expect this from each other.³⁹ Don't cry over spilled milk, just clean it up and move on.

Energy Workers Transmute Energy

Now this brings us to the second reason why we incarnate on this earth. Remember the first reason is that we are ascension energy workers. In addition to being ascension workers, we are also cosmic janitors working to clean and shine all the energy that we stamped in our mad dash to oblivion in Atlantis. We call our energetic cleanup work transmuting energy and we are doing it in part because of the way we, as Immortal Spirit, take responsibility. Although the job has been quite onerous, it is conceptually simple to undertake. All we have to do is take the energy into our bodies and send it back out through the appropriate chakras as something (anything) more positive.

Now although this is conceptually easy to understand, in practice it is very difficult. The body's own propensity for sympathetic vibration

³⁹ According to this karmic law, you are expected to clean up your own messes and the more of a mess you make, the more cleanup you have. Generally no dispensations are given. Despite what some people say about Jesus coming here and dying for you in order to have your sins forgiven, it is not like that. Murdering somebody by beating them and hanging them on a cross doesn't absolve you of your responsibility to life, the universe, and everything. You rape a child, you cause suffering, you spill oil in the ocean, you engage in greedy manipulation of the stock market, you don't get to walk away from the messes you create. You simply cannot expect somebody else to bare YOUR cross. That is propaganda designed to allow those who "sin" to continue sinning and nothing more. Of course this doesn't mean you can't ask for help. No matter how black your record, you can always ask for help and Spirit will always provide it in some form or another. Always remember, you are not in this alone. Help is standing by and if you need help cleaning things up, just ask for it, be open to it, and it will be provided.

and its profound spiritual amnesia means that we have a strong tendency to *experience* the energy that we are seeking to transmute in a very bodily fashion. In other words, when any angry energy passes through our body, we get angry. Under these conditions, it is very difficult to remain detached from that anger and do our job. Instead, we have tended (especially in our initial incarnations) to simply pass that anger through in the same form and lash out at whatever kind soul triggered the angry expression. Those of us who have ever experienced powerful emotions (and since we are all energetic cleansers, we have all experienced powerful emotions) know just how difficult it is to turn this around. You must constantly struggle against the tide. In some cases, as with the energy spun in a counterclockwise direction and manifested as depression or self-destructiveness, it requires an individual to literally hit bottom before they finally step onto The Path and begin the incredibly difficult task of transmuting the energy.

Now you might ask at this point why we do not simply transmute the energy from the outside of physicality. That is, why do we not allow our higher selves (our souls, the angels, the archangels, etc.) to collect all that energy and spin it away with love and light while we gaze in bliss at the space/time tube? Why do we insist on entering the body, falling into amnesia, and doing it the hard way? The reason is simple. Outside of the body, we only experience love and compassion. It is the physical body with its neurons, synapses, and senses that provides us with the rich emotional experience we have come to treasure. In other words, while we are not in body we cannot feel all the energy that has been manifested on this earth. We can see the energy and its color and spin of course, and we can adjust the energetic balance (and even “reboot” the area if we wish); however, outside of the body we are helpless to change a particular energetic stamp. We can only change what has been done by the body while in the body.

Karma and your Guide Network

To recap, because of the operation of the “law” we must deal with the energy we stamp. Because of the physical properties of energy, once

it is manifested in physicality by a body, we must deal with the negativity by entering a physical body.

The task of energetic cleansing has been quite difficult for us. Fortunately, we have not had to undertake our janitorial work alone. We do not simply enter into manifestation, begin creating our life circumstances, and start transmuting energy. It does not work that way. Not only would that be too difficult (and very likely to fail), but the stakes here (ascension) are too high and there are too many interested souls. As a result, we are provided with help and lots of it. Just how much help we have may surprise you.

All the help you get with your karmic tasks begins with a contract. Before you enter into manifestation on this earth you agree to a contract. This contract, called your karmic contract, specifies exactly the types of energetic work you wish to undertake during your incarnation, what sorts of help you can expect to receive, and what sorts of activities you will engage in. This contract is made between you and your guide network.⁴⁰ Your guide network consists of between two and five (sometimes more) souls who have some sort of connection to you. They may have been related to you in previous lives, may have been family in this life, or may volunteer to help for reasons of their own (they of course cannot help unless you allow them to). Once you agree to your contract with these individuals, these disincarnate guides become responsible for, amongst other things, helping you deal with the energetic karma you wish to deal with. Once you incarnate, your guide network assists in manifesting situations that provide you with the opportunities you need to transmute a particular type of negative energy into a more positive valence. You of course agree to whatever is in the contract. You are not forced to do anything. However, once this contract is agreed to, and you descend into

⁴⁰ See http://www.thespiritwiki.com/index.php/Guide_Network for more details.

manifestation, you are bound to this contract and are strongly discouraged from breaking it.⁴¹

You might wonder why such a seemingly authoritative set of circumstances is required. The reason is simply that while in amnesia, and while you are disconnected from your higher self, you may have bouts of spiritual irresponsibility. You may chaff and champ at the karmic contract and whine and whittle away your days running away from your “destiny” so to speak. As noted above, while fully aware of your true nature, you would never shirk your spiritual responsibility. However, in amnesia it happens all the time. In fact, the disconnected physical unit often prefers to not deal with the karma. Oh well. The contract helps to avoid the physical unit running away because it allows your guide network to work at manifesting situations that offer you, in love, repeated opportunities to transmute the energy you agreed to transmute, whether your body likes it or not. This way, no matter how you might cry in your body, you will never be freed from your contract for frivolous reasons.⁴²

As noted, your guides manifest situations that give you opportunities to re-stamp energy. If you have agreed to deal with anger for example, then you will find, in your adult years, opportunities to restamp "angry" energy. As a child, and assuming your parents are not embroiled in their own dysfunction, your parents will help you develop

⁴¹ Of course nobody is going to force you to do anything that you do not want to do. If you can't do it, that's fine. You can always help out later. But there is a certain expectation that you clean up after yourself...

⁴² You may, however, be freed from your contract for non-frivolous reasons, or by default if things are repaired before you take action. For example, if my six year old child makes a mess on the floor I can stand around and wait for them to clean it up, encouraging, cajoling, even trying to force their hand, but if they don't do it I may eventually have to clean it up for them. Similarly if my child breaks something that they simply do not have the skill to fix, or makes a mess that is beyond their ability, they may help (which is freely given) or a dispensation (meaning they will walk away and somebody else will take responsibility for fixing the mess). Dispensations do happen, but always for good reason. Simply remember this isn't about punishment and retribution, it is just about making things right.

appropriate strategies to deal with anger and these strategies will serve you and your work as you grow into adult. If your parents are unaware of their obligations or are unfit to instruct you, then you may have to deal with anger as an adult and find ways to deal with it on your own. Until you resolve the energy you came to deal with, anger will continue to dominate your relationships and life events until you successfully deal with your share of the negative valence. Once you do that, your karma is cleared and you may move on either to additional karmic tasks. When you have completed (or almost completed) your energy work, then you move on to the process of awakening and empowerment, and eventually higher spiritual work.

The situations that trigger your karmic opportunities are numerous and varied. However, the kind of life you have and the types of experiences you get as opportunities are left totally up to you in ongoing consultation with your guide network. For the most part you are unaware of the unfolding of karma in your life although you can become aware of it should you progress on the spiritual path. You can also see it (if you are watching) every time you repeat the same emotional struggle or conflict. The older you get, and the more failed opportunities you have had to clear negative energy, the more obvious the cyclical nature of your karmic opportunities become. Eventually, you will be literally pulling your hair out wondering why the same thing keeps happening to you over and over and over again.

Well, now you know why. It happens until you have successfully transmuted the energy and cleaned up your messes. You also now understand why you repeatedly (and erroneously) hear that there are no accidents. Many (**though by no means all**) situations in your life are manifested with the intent of re-spinning negatively stamped energy. And I should emphasize that unlike what so many pseudo spiritual masters will tell you, many situations are not related to karma. If you are raped as a child, for example, if you happen to be unlucky enough to get on board a plane owned by a company that does not pay for proper maintenance and it crashes, if your husband is killed by a drunk driver, or your president transfers a trillion dollars into the hands of a private banks plunging the global economy into recession, don't look for the silver

lining, don't blame yourself, and don't think for a minute that you deserved these bad things. These events do generate karma, but for the perpetrator and not the victim. If you are the victim then these are simply bad events and experiences caused by sleeping people, end of story. Karmic situations are different than these unfortunate happenings because karmic situations always lead to energetic release. Clearing a karmic issues *unblocks* a chakra and not only should you feel better after the release, but you should also feel the energy flow when it occurs. Many of the events that are sometimes attributed to "learning exercises" in fact block your chakras, and sometimes in unexpected ways. A parent slapping a child blocks not only the child's root, but also their own. A mother or father raping their child does damage to every single energy center not only of the child, but of themselves. We certainly have to put aside the foolish and spiritually uninformed notion that *all* events on this earth are for some greater good. This is clearly *not* the case. Remember this key, clearing karma always make you feel better, more empowered, and more alive.

I will have more to say about karma and clearing your contracts (i.e., fulfilling your energetic obligations) in a subsequent chapter. For now you should understand that although the energetic cleanup has been a tough slog, you have won the day. If you are reading these words then chances are very high that you have either succeeded in re-imprinting the energy you are formally responsible for, and cleaning up all the karmic messes you have agreed to clean up, or are very close to succeeding, and that's good news! However, before we dive more deeply into the process of awakening and activation that we undertake in more depth at the intermediate and advanced levels of the Lightning Path, a bit more background is necessary starting with Spirit's attempts to ensure a safe and "non-explosive" third ascension attempt.

Keeping the Spin Controlled - Introducing the Off Worlders

At the start of this chapter, we noted that this particular ascension attempt, although energetically equivalent to previous attempts (i.e.,

yin/yang balance), required a more complicated setup. The problem of energetic valence, the need for karmic contracts to deal with the fallout from Atlantis, and the existence of a veritable army of disincarnate guides gives you a good overview of about half the complications.

The other and stranger half of our ascension setup involves a complicated intergalactic intervention designed to keep you from accessing the full power of your bodily energy system until you had transmuted the negative energy you came to deal with *and* demonstrated your ability to successfully reconnect your higher chakras. Remember the mess that was left after Atlantis collapsed? It was horrible. In this third ascension attempt we (and by “we” I mean Immortal Spirit) simply could not allow an amnesiac body to get anywhere near full bodily activation unless we were sure that they were clear of the negativity, fear, and other garbage a veiled and psychologically damaged individual would have to face down (and likely manifest) during the reawakening process.

This need to spiritually neutralize all of you left us (and by “us” I mean Immortal Spirit) with a peculiar problem. We needed you to enter the body and do your work, but we needed to prevent you from accessing your full power so that we could avoid another Atlantean excess. Given the limitations that Immortal Spirit experiences when working with physicality from the outside, this energetic restriction could only be accomplished by monads in body. Now, while we understood what we needed to do to prevent your access to power, getting somebody to put you into energetic bondage was problematic. A body living with its higher self ensconced firmly in the seat of consciousness would never do such a horrid thing. Even if we could find a conscious being to do this, they could never accomplish their task with any degree of efficiency. They would always be releasing people from their bondage or teaching them the way forward even when it was not time. What we needed was another group of amnesiac bodies cut off from their higher selves. Only a spiritually alienated race would undertake such an onerous and unpalatable task as binding its own brothers and sisters.

We created this race with an elegant cosmic intervention. What we (and by “we” I mean Immortal Spirit) did was alter the conditions of life on planetary systems close by this earth in order to create and evolve a

race of, for lack of a better word, intergalactic chakra administrators. We created our race of administrators by modifying the physical and energetic conditions on selected worlds in such a way as to foster the rise of a race of beings whose primary *raison d'être* would be complete and utter control of their lived world. We did this by creating conditions that required this control in order for even basic survival. Although the details of this are quite complex, at heart all we did was create a planetary sphere characterized by lack of natural resources but an abundance of life. By putting living conditions out of balance in this fashion, we created a global struggle for existence and a world where competition and conflict were the main features of existence.

As a result of the fierce competitive struggle we fostered on these planets, no individual life form could survive without evolving a rather despicable set of characteristics. It was quite an interesting process really. In the lower life forms, processes of selection gradually and inexorably lifted the strongest, most aggressive, most violent, and most manipulative members of any given species. Each species evolved into a perfect Machiavellian diamond. Each species preyed on all others and as the traits of aggression, violence, and strength continued to be selected and refined, natural conditions became almost unbearably violent and competitive. This competitive environment was the ugly stage upon which the higher bodily forms could evolve.

Now, as the higher life forms evolved on these planets, they also had to develop the same competitive and aggressive characteristics if they were to be able to successfully compete for the narrow and constantly changing ecological niches on their home worlds. However, it is in the development of their higher faculties (i.e., intellectual and emotional capabilities) that we find the most interesting, and most desired results. In terms of their emotional development, these beings were quite perverse and outside the normal evolutionary outcomes of this universe. They were emotionally stunted! Indeed, they lost the capacity to feel quite early in their development. The reason for the emotionally stunted quality of their evolution is simple. Feelings got in the way of their survival. Sentiment of any sort was a weakness. Even emotions like anger or hatred did no good because they interfered with basic survival

responses during their biological and social evolution. After all, it was not the angriest competitor who won a place in the ecological niche (or the competitive hierarchies they developed), but the one most able to adapt and find opponent weaknesses.

Putting their stunted emotional development another way, we might say that conditions on their planet encouraged the atrophy of their heart chakra. By the end of their evolutionary development, these beings had very small heart centers. Their small physical hearts (a result of their chakra atrophy) could support only very tiny physical forms.⁴³ This atrophy of the heart chakra was critical in the plan of Spirit to control your manifestation powers in the third ascension attempt. Without a functioning heart chakra, our race of chakra administrators could not spin or color energy. Without functioning heart chakras, they could never participate in any energy debacle. This was as planned. We did not want them causing the same energy fiasco we all experienced in Atlantis.

As their bodies shrunk and their hearts dwindled, you would have thought that they would have perished on their competitive worlds. However, they did not. They thrived. The only reason they ended up being survival candidates on their own world was that their intellectual facilities were overdeveloped. Because of the harsh conditions, and because sentiment had been selected out of them so early on, the energy for their evolution went straight to their intellect. They became highly intelligent and rational—almost perfectly so.

Of course, the goal of their thinking processes was always control. In fact, their propensity to control was, of all the traits that had been designed into their bodies by Immortal Spirit, the most perfectly developed by the evolutionary process. The horrific environments they lived in demanded that they dominate and get control. If they could not get control of their environments, they would forever be flailing on the food chain and no advanced social development would be possible. As the heart atrophied and their intellectual capacity grew, so too did their desire for control. Control of their lived world eventually became for

⁴³ Though technology more than made up for their physical weakness.

them the only reason for their existence. Because control led to their ability to survive and flourish, it was honored above all other traits. In the end, they became beings of almost perfect instrumentality. They never did anything out of passion, anger, love, or kindness. They always did things to further control of their environment.

Their inbred desire for control was expressed in their social, political, and technological systems. Their social and political systems elevated rational thought, competition, strength, struggle, and control as the highest values of life. Those who could not compete or could not attain control over their lived world, and those who were weaker, were all unilaterally dismissed as unfit for survival or reward. It was not much better for those who could function in these intense social systems. Those who survived were simply pinned into ridged hierarchies based on pseudo scientific rationalizations of worth or ability with the strongest and brightest on top and in control and the weakest at the bottom and serving those above. Our society was a perfect bureaucracy. Your bureaucratic systems are but poor copies of the bureaucratic grandeur these beings achieved.

More interesting than their social and political systems was their philosophical and religious discourse. As religion melded with an emerging philosophy, and as they began to think about themselves and their position in the world they lived in, they developed a horrific outlook. They saw in creation a vile and despicable cosmos. When they considered the possibility of a God or Gods that had participated in the creation of the universe, they saw only madness. What pantheon, what God, they thought, would create such an atrocity as their world with its out of balance ecosystems and its constant upheaval? What God would create punishing living conditions where struggle and scarcity were the primary facts of life? At worst, some saw their God as a demented control freak sticking his creative fingers into primordial soups with the intent of creating life solely for the sake of torturing it. At best, some saw an instrumental God that played with the universe and created living conditions solely out of some twisted desire to experiment with life. Either way, their cosmology was disturbing.

As this race of beings developed, we as Immortal Spirit, watched and aided their development. We encouraged them along their odd path. Their local spiritual council oversaw the entire process and helped those who had volunteered to live lives as these “dark forces” manifest the conditions that would encourage their evolution along agreed to lines. When a race finally became available that fulfilled the conditions we had set out, technology for space travel was introduced and we watched them quickly break the physical barriers that separated their species from the rest of this physical universe. Thus were the Annunaki, colonizers of space and enslavers of worlds, born.

Of course, as we (and by “we” I mean the Annunaki) broke through the barriers to interplanetary travel, we did exactly what was expected of us. We sought to expand the material base of our civilization (i.e., expand our ecological niche) and we went out to find worlds to control, dominate, and exploit. As we found technologically undeveloped and primitive planets, we placed the people of these planets into productive slavery (i.e., made them farmers, miners and workers) and siphoned off the wealth they generated for our own personal use. We found many worlds to dominate and to each one of these we came as fat head Gods with magical technology to dazzle the eyes of the technologically unsophisticated denizens. Then, when we finally came to this planet, we had fulfilled our sacred mission. We enslaved you with our systems of control⁴⁴ and in that enslavement we prevented you from accessing your vast spiritual power. We cut you off from your manifestation powers, stunted your chakra system, and left you in almost total spiritual, political, and social ignorance. In this state, there was virtually no possibility that you would ever get access to the power of your body. However, you would still be able to function as energy workers (i.e., as spin janitors) because, unlike the Annunaki, you still had a heart.

⁴⁴ I will speak in more detail about the Annunaki installed “system” in my *Black Book*, due to be released as a free eBook Dec. 23, 2012.

Now, we accomplished our task with perfect precision. We kept you from your power and never once was the pain we inflicted upon you the outcome of any negativity or hatred we felt. We never took any pleasure in the tortures or slavery we submitted you to. We did our thing for purely instrumental reasons and in so doing, we prevented you from taking your power. It worked perfectly and even now, as the individuals on this planet begin to awaken and empower, you can see the operation of The System⁴⁵ as it rapidly, and largely automatically, begins to drain energy out of your hands and cut off the empowerment of the people of this planet. To tell you the truth, you've been here before—twice in this century alone. Twice have we (and by “we” I mean Immortal Spirit) attempted to awaken this planet, twice have we failed to achieve safe conditions, and twice has The System ground you into the proverbial dirt.

But I'm getting ahead of myself. Right now understand that the enslavement was only to be temporary. It was “written in the stars” so to speak that our ascension attempt would eventually be successful. At the point where everything was arranged properly for a safe ascension attempt, the intention was to call all of us (oppressor and oppressed) home to rejoin with each other as spiritual family in full consciousness. The plan went mostly as intended and the conditions for ascension were achieved in very good time. Indeed, the conditions for ascension were met some time ago. At that point, the call went out and the Annunaki began their return home. Unfortunately, the return to full consciousness wasn't an instant thing. It took time. First, we lost our desire for colonization and as that happened, what few had stayed here to administer the colony left this planet. However, when they did that they were not fully awake and so they thought they'd be back and they left control of this planet in the hands of humans. While we pursued our own spiritual freedom, the humans they had left in control pursued your energetic bondage.

⁴⁵ See http://www.thespiritwiki.com/index.php/The_System

The Annunaki Return Home

The story of the Annunaki return to Spirit is an interesting one and it revolves around the key characteristic of these intergalactic administrators—their lack of emotion. As noted above, an atrophied heart chakra was an important characteristic because we (and by “we” I mean Immortal Spirit) did not wish these Annunaki to participate in another Atlantis. They had to find you and bind you for sure, but they would have to undertake their sacred task totally devoid of emotion to avoid contributing negative energetic spin.

Very important!

Of course, as Annunaki we understood that we were lacking in emotion. We could see it on all the worlds we conquered and we understood we lacked this curious mechanism. However, we never believed this to be a handicap. Ironically, we thought it gave us strength over others. We could see, for example, how easily sentiment and emotion could be turned against those we ruled. It was perfectly plain that emotional responses of any type detracted from the precision and rationality of a control strategy, thereby weakening it. We would use emotion as a way to strengthen our domination of others, but we never saw our lack as anything but strength. Until, that is, we came into contact with technologically advanced civilizations.

When we first contacted civilizations more technologically advanced than us, we expected these contacts to go much as our previous contacts had gone. We would find the weaknesses of the species, work to overcome them, and enslave the people. Unfortunately, things did not work out this way. Although we tried to control and dominate these advanced civilizations, we could **never** get the upper hand on them.

At first, our interplanetary administrators had a hard time understanding why we could not overcome these advanced worlds. We tried everything. We copied technology, we used military force, and we even attempted to weasel our way into positions of power and authority on those worlds that would adopt us. Yet no matter what advances we made, advanced civilizations always seemed to stay one step ahead of our feeble attempts to get the upper hand. Of course, being the quintessential control freaks that we were, our inability to get control bothered us. It

bothered us so much that finding out why we could not get the upper hand on these worlds became an obsession. Our story gets quite beautiful here because the reason we could not get the upper hand on these worlds was because our emotional and spiritual connections had been severed back in the evolutionary process. Although we did not realize it at the time, when we began working on the problem of control, we also began working on the problem of our own spiritual and emotional atrophy. Little did we know that our work on this problem would eventually lead us back into the loving arms of our higher selves.

Now, our scientists initially conducted many investigations of a political, psychological, biological, and social character. At first, we had a hard time. We could see something was going on, but we could not determine why these civilizations were always able to stay one step ahead. However after a while the reason became obvious. The advanced civilizations all had fully functioning chakra systems, advanced technology that put them immediately on an equal footing, and a wide-open connection to The Fabric of Consciousness.⁴⁶ Put these all together and you have an unbeatable combination. No matter what we did, technology developed faster in the hands of a physical unit connected to The Fabric of Consciousness. It is hard to underestimate the significance of this. With fully open connections and fully functioning manifestation devices, beings have total access to the Fabric of Consciousness. This is unspeakably powerful. Of course, connection to The Fabric of Consciousness didn't help too much when we conquered a technologically primitive planet.⁴⁷ We just ran them over violently before forcibly installing a social and psychological system that raised slaves from birth.⁴⁸ But that didn't work for civilizations with a technological leg up. They advanced fast enough to defend themselves and no matter

⁴⁶ See *The Book of Light Volume One* for a definition and discussion of The Fabric of Consciousness.

⁴⁷ Although as we shall see in *The Black Book*, even technologically primitive world's posed peculiar difficulties that had to be addressed before successful colonization and control could be accomplished.

⁴⁸ I'll have more to say about this "system" in *The Black Book*.

what we tried, it was never enough to conquer a technologically advanced world. We, being the disconnected physical units that we were,⁴⁹ simply could not compete against their own higher selves or the full force of Spirit.

At first, we did not understand what we were seeing. However, to make a long story short, as we turned more of our attention to the problem we eventually began to detect the subtler types of energies at work in the universe. This started us on a more focused search that led us to discover the energetic capabilities of physical bodies. As we finally realized the existence of this energetic system (i.e., the chakra system), our eyes widened in horror. Every other race, even the ones we conquered, had this system. However, ours seemed to be malfunctioning. The shock of this revelation that we had some sort of cosmic handicap that placed us *beneath* every other race of beings in the cosmos was so profound and so unsettling that for the first time in millennia we felt an emotion. We felt fear for we could not understand how, in this entire universe, only we did not have these amazing capabilities. If we had thought at one time of a mad God, now we feared a punishing God that had singled us out for some horrible eternal damnation. Being quintessentially rational we quickly overcame our fear. However, the realization of our “uniqueness” in this universe changed things. We lost all interest in conquering and controlling planets and largely withdrew (though we did retain scientific interest) from the planets we had conquered and left them to those indigenous individuals who had been trained as “middle level” administrators. These people, what you now know as the elites of this world, though cut off from their overlords nevertheless continued the system of domination (with more or less awareness of the original conditions and the original overlords) up to the end of the 20st century. Their story we tell in the next chapter.

As for the Annunaki, we only had one goal now and that was to find out what was wrong with us and why we had been so handicapped.

⁴⁹ See http://www.thespiritwiki.com/index.php/Physical_Unit for a definition of physical unit.

We engaged in increasingly vigorous investigations in increasingly sophisticated attempts to understand why such a terrible cosmic joke had been played on us. Yet, for all our great intelligence it took us hundreds of years to finally realize what the particular problem was.

We could not experience emotions.

We did not have a heart chakra.

Well that is not quite true.

We did have a heart, but it was small, atrophied, and not very good at drawing the energy associated with emotional expression. Failure to have an emotion meant we were unable to efficiently manifest using our chakra system and unable to activate our light body. Being unable to activate our light body meant we would never be able to conquer a civilization that could .

Anyway, after overcoming some deep initial fear that perhaps we would never be able to experience emotions, we recalled that when we realized our handicap, we had felt fear. Buoyed by this fact we set out to trace the evolutionary and biological sources of our own genetic limitations. We quickly realized how our own planetary conditions had selected emotional response out of us. We could also see how we had reinforced that selection in our own philosophical, ideological, psychological, social, and political systems. Finally, we saw what was needed to be done to repair the problem and restore our atrophied emotional responses.

This is the point where we currently sit. Our realization of what has been missing has only come in the last few thousand years and even now many of us are still learning and healing. Still, as we begin this process we have also begun an incredibly beautiful and joyous reconnection to our Spiritual selves. As we awaken, we have finally learned what our true role in the ascension drama was and how we were created to fulfill a critical and sacred task. Many of us have now even returned to this earth to help with the final ascension and awakening tasks. Many have even chosen to incarnate in the human body to experience what it has to offer and to share their knowledge and help others who walk the path of awakening and activation. It is an incredibly fascinating and interesting time for all of us on (and around) this beautiful planet earth.

Now, despite the fact that the Annunaki did such an incredible job, and despite the fact that we are at the ascension point and ready to wake the entire earth up to the grand drama we have all participated in, there is resistance to turning the cosmic page. There are two problems here. One problem (the easier one) we have involves the pace and timing of awakening. Obviously, waking people up to this grand ascension drama has to be done carefully. Given the level of darkness and the profound disconnection that characterizes the bodies of this world, you simply could not send an emissary in and start yapping about energy, the ascension, slave masters, and karmic contracts without eliciting a violent, paranoid, and vengeful reaction. As you will recall this was part of the problem in Atlantis and nobody wanted a repeat of that. Therefore, in this ascension attempt we have undertaken the awakening process in a very controlled fashion.

Bringing this world to the point where we could gently awaken the sleepers of this world was one problem, but it was not the most intractable problem. We could have accomplished this awakening several thousand years ago if it was not for the fact that the left over rulers of this world did not wish to let you go. Of course, initially resistance to the spiritual truth came from the Annunaki overlords. Until they had responded to their wake up call they essentially ignored or destroyed any emissaries that came with the message to “let God’s people go.” However, as time passed and they started to focus on their own spiritual problems, and as they lost interest in this world, the resistance shifted from them to the human elites that had helped the Annunaki dominate the people of this planet and who were left in control as the Annunaki left this world. These human overlords, because they were plugged in a semi-unconscious fashion into The System, continued with the prerogatives of the original Annunaki overlords and continued to keep the masses of this planet enslaved. Unfortunately, even when the time was right, they did not like the idea of releasing the people of this planet. A combination of their own fear and greed had (has) made them determined to retain their privileged positions. In fact, they have been so desperate to prevent the final day of reckoning that they have demonstrated they will go to just about any length to prevent a successful

ascension and awakening process. Sadly, they would even go as far as to destroy this world.

I can tell you this has been a significant problem for us (and by “us” I mean Immortal Spirit). As we will see in the next chapter, we have had to engage in some pretty sophisticated interventions to get this world to the point where we could counter elite machinations and proceed with awakening and ascension in a relatively safe and non violent manner. It is only very recently, i.e., since the late ‘80s, when conditions in the space/time tube have improved to a point where this has become possible.

Conclusion

In this chapter, we covered significant spiritual ground. Here you were introduced to our most recent attempt at traversing the ascension boundary and some of the energetic complexities we have had to deal with because of the Atlantean debacle. You learned that although the universal pool of creation energy comes as a duality, the physical body is able to take that duality and stamp additional characteristics on that energy. As the Atlanteans rushed headlong into their own destruction, they left themselves, and the many who came to help in this ascension attempt, with an energetic debt that, owing to the operation of the law of “clean up your own messes,” needed to be repaid.

In this chapter, you were also introduced to the Annunaki. As you learned, these once despicable and heartless beings came to this world with the divinely sanctioned task of keeping you from manifesting your full creative power. This spiritual bondage you were placed into was necessary so as to avoid another Atlantean debacle. As we saw, the Annunaki were quite successful in their divine task. They even released you, as planned, after they responded to their spiritual call home. Unfortunately, even though the Annunaki had left the building, you were not able to proceed to the awakening process because the human elites who had worked under the Annunaki took over, in a fumbling sort of way, when their former overlords left the planet. *C'est la vie.*

In the next two chapters, we will outline in some detail the spiritual interventions that were necessary to overcome the Machiavellian resistance of the elite of this planet. As you will come to see, many volunteers came from many locations in the cosmos to help create the conditions that would allow the people of this planet to awaken so that The Ascension could finally proceed.

CHAPTER FIVE: EMISSARIES OF LIGHT I

And it's whispered that soon
If we all call the tune
Then the piper will lead us to reason.
And a new day will dawn
For those who stand long
And the forests will echo with laughter.

Led Zeppelin, Stairway to Heaven

Introduction

By now, you have developed a comprehensive overview of The Ascension. You have learned of the nature of the process, the nature of our previous attempts, and the odd configuration of our most recent ascension effort. As we learned in the last chapter, the fallout from the destruction of Atlantis and the way in which the Atlanteans slammed themselves into oblivion required additional setup features. In addition to having to work towards The Ascension, we also had to work towards cleaning up the energetic debt left by the Atlantean debacle and we had to do it while our energy bodies were severely handicapped by the Annunaki planetary administrators.

As we have seen, although profound, the spiritual slavery you were placed into by the Annunaki was supposed to be a temporary situation. The plan was that once you had achieved the spiritual goals of this third attempt, your slave masters would be called to awaken to their higher purpose, would release you from your bondage, and the entire 3D world (Annunaki included) would enjoy the incredible front row view of The Ascension. Unfortunately, we ran into a small snag. While the conditions for ascension have been met, and while the original Annunaki successfully followed their awakening call and are now standing ready and willing to assist you with the process of spiritual awakening, we have

experienced continued resistance from the earthly elites who benefited from the Annunaki systems of power, hierarchy, and privilege.

In this chapter and the next we will detail some of the starseed interventions that have been required in order to overcome ongoing efforts of this world's elites to prevent the ascension of physicality and the awakening of this planet's people.

The War of Souls

When you consider the fact that you have been ready for ascension on this planet for several thousand years, you get some sense of the frustration that we, as Immortal Spirit, have felt. We had paid our karmic debts and achieved energetic conditions for traversing the boundaries when pharaohs still walked this earth. Unfortunately, the elites who control this planet repeatedly refused to release the people of this earth from their social, psychological, and spiritual bondage and have instead worked diligently and tirelessly to prevent ascension and awakening.

This whole debacle with the world elites refusing to release you from your spiritual bondage started when we sent the first spiritual messengers into the space/time tube. They came to bring the Good News⁵⁰ to the amnesiac bodies that they were part of higher spiritual realities and that the sort of experiences they had been having (e.g., death, poverty, famine, illness, etc.) were not a necessary component of their existence. The message that was repeatedly sent was *clear*. You had all volunteered to perform a wondrous sacred task, you had completed that task, and you were now free to return to Spirit and bring this world into full consciousness.

Unfortunately, the world elites (not nearly as bright as the Annunaki but far more vicious and spiteful) could not understand or appreciate the divine beauty of the message, nor did they think ascension and awakening would be such a good idea. They did not welcome spiritual messengers coming into “their” world and telling them it was time to

⁵⁰ The good news is simple. It is time to awaken, empower, and ascend!

release the slaves they had worked so hard to oppress. In fact, they reacted quite badly to the idea and instead of looking at the awakening call as an opportunity to rejoin with their higher selves, they resisted, coveted their wealth and power, and became fearful of what would happen to them should the people of this earth ever come to realize the truth about what had been going on (i.e., slavery and brainwashing). Having developed their own extremely vile and punitive legal systems, and thinking that these systems would be turned against them, they scrambled for *anything* that would prevent the loss of their own wealth and privilege.

As it turns out, stopping The Ascension and awakening was relatively easy for the world elites. They simply twisted the messages of the spiritual emissaries so that they became justifications for slavery instead of invitations to freedom. When the emissaries upped their pressure by sending more emissaries with more powerful messages, the elites reacted by clamping down even harder. They killed the messengers and oppressed those who followed them. When even that failed to turn back progress, the elites became frightened and desperate and in their desperation and paranoia they engaged in what we might call an energy gambit. They tried to turn the energy of ascension back by mucking up the energetic mix. In a strategy that duplicated the fiasco of Atlantis (but on a much smaller scale), they invoked war, famine, disease, and death in the hope that the populations of this earth would re-stamp enough energy with negative spin and color that Spirit would be forced, because of the danger of things spinning out of control, to halt the awakening and return the bodies of this planet to their energetic cleanup work.

Sending the “Four Horsemen of the Apocalypse” (as the elites have called war, famine, disease and death in their own anti-ascension how-to manuals) worked. During the first few attempts the people of this earth, who had remained in a good degree of superstitious fear and paranoia under elite tutelage, followed the clarion call of war and destruction with little thought. They believed the elites when they said the enemy was “over there,” that they were “evil” (and we were “good”), and that they had done horrible things. At the behest of the world elites, “we” gleefully went out to kill anyone the elites said we should. As things got ugly and

the energy started to turn dark with negativity, Spirit was indeed forced to call off ascension and the populations of this earth settled back into ignorance and slavery.

This strategy of the elites was a problem for Immortal Spirit. In order to counter it, Spirit sent additional teachers and healers to show people how to avoid war and see through the deception of the ruling elites. The hope was that these teachers and healers could heal the fear implanted by elites and teach people of their true spiritual heritage. The healers and teachers had a hard time of it though. They were often recognized as threats to the status quo and were immediately suppressed. When ascension and awakening was again attempted, the elites again reacted. They increased the oppression of the healers and teachers by torturing them, burning them, and engaging in random acts of brutality to scare the populations. They stepped up their holy crusades of death and destruction, spread famine, and were once again successful in forcing the reversal of ascension.

This back and forth spiritual struggle with the world elites has been going on a long time. Since our first attempt to awaken and ascend this planet many thousands of years ago, we have been engaged in what can only be called a War of Souls. As you can well imagine, it has been a difficult and frustrating struggle. Each time we tried to awaken the people of this planet and failed, we introduced new interventions. Each time we did that, the elites reacted with more brutality. However, as is the way with Spirit and creation, we made continual forward progress. With each failure, we learned more. With each new intervention, we got closer to ascension and closer to awakening. And so we danced with the elites of this world for centuries in this grand War of Souls. It has been very much like a violent cosmic ping-pong game. As each awakening attempt grew increasingly successful, elite reaction grew increasingly violent and oppressive. In our most recent failed attempt (associated with WWII), we got so close to ascension and awakening, and the elites became so fearful and paranoid, that they raised a murderous darkness so vile and powerful that it threatened to destroy the entire world.

Now, although WWII was a very dark moment in the spiritual history of this planet, it was also the moment of greatest hope. Before

that conflict we got so close to awakening that it was only the threat of world destruction that forced us to turn back. However, after the end of that conflict we, as Immortal Spirit, realized we had finally learned all we needed to know about the world elites. As a result, we were quite sure that our next awakening attempt would be successful. At that point, a cosmic telephone call went out and everyone in the cosmos got very excited. Could it be that finally ascension and awakening was just around the corner? Would our next attempt be successful? The answer of course is yes. Our next attempt would be successful so, in anticipation of this last attempt, we began our preparations for the final battle between the elites of this earth and Immortal Spirit. This final battle was long ago foretold in name as the Battle of Armageddon.

The Battle of Armageddon we have fought is a fantastic battle. The story is filled with tales of light and dark, oppressor and oppressed, magic, mysticism and mayhem. It is the story of beings of great light, descended into darkness, and the unfortunate and pre-emptive exit from the physical unit of those who refuse to heed the messengers call to awaken. However, for all its darkness and violence, the Battle of Armageddon is also the beautiful story of awakening, reconnection, and glorification of Spirit in matter. Many people will tell this story in the coming years. For my part, I would like to spend some time outlining all the interventions that prepared the way for this final battle. In the remainder of this chapter and in the next I will speak of the historic starseed interventions and the creation of the glorious Infrastructure of Light which has made possible the initiation and successful completion of the Battle of Armageddon.

Let us start our examination by looking at the work of the ascended spiritual masters.

Ascended Masters

Let us start our discussion of ascended masters and starseed intervention by considering just what an ascended master is and the nature of their work on this planet. Consider first the word “master.” This word has a very mundane meaning. A master is simply someone

who is an acknowledged expert in any particular field of endeavor. Masters get to be masters because of their motivation and commitment to whatever it is they seek to be masters of. These individuals have trained, studied, trained, practiced, trained, studied, trained, practice, studied, practiced, and trained until they know their specialties so well that the expression of their creative intent becomes automatic and perfectly executed every time. Consider a master piano player (i.e., concert pianist), master carpenter, or master teacher for some idea of what being an accomplished master is all about.

Now, just like we can have master pianists and master teachers, we can also have masters in the ways of Spirit. In general, a spiritual master is someone who is so well versed in the ways of spirit, creative expression of divine will, and the interface of Spirit and physicality that these individuals are able to teach, instruct and lead individuals towards ever greater expressions of divine will and consciousness without much effort, and even in severe and adverse conditions.

Now, on most worlds, this is as far as it goes. A spiritual master is simply an accomplished virtuoso who has put in the time and effort to develop the skill level of a master. Anybody can do it as long as they put in the time and the effort. No big deal really. It is a job just like any other.

On this particular planet, and because of its sacred place in creation, a spiritual master would, in order to be called a master, have to have developed an additional set of skills and abilities. Spiritual masters here would, amongst other things, have to be conversant not only in the ways of consciousness and the physical unit but would also have to understand the limitations of consciousness in matter and how consciousness and our bodily energy systems have been distorted by world elites. They would need this knowledge in order to fulfill the task they came to fulfill which was to carefully lead the fragile and damaged physical unit back towards a realization of its divine origin and purpose. Still, despite the specialist spiritual knowledge required on this planet, nothing really special about that either. It is just a job that anybody can apply for and that you can be better or worse at, depending on your dedication to the task and your motivation to study, train, and practice.

Now, that is a spiritual master. So, what is an ascended spiritual master? Well, an ascended master is simply a master that has fully overcome the oppression of the physical body and now stands with the energy system of the body fully activated, and with eyes wide open. Let us call ascended spiritual masters *spiritual emissaries* to distinguish them from ascended masters in other disciplines. Spiritual emissaries are simply spiritual masters who are fully awake to their mission, have a fully functioning bodily energy system, and are thus in full possession of their creative powers.

No big deal right? And, as you can see, this takes the mystery and the ego out of the job. In fact, spiritual emissaries are nothing more than healthy, activated specialists in their chosen field of endeavor. It is something we can all attain to quite easily if we are dedicated and disciplined.

Now, as I noted above, spiritual emissaries have been a critical component of your ascension interventions. These individuals, and there have been many, were the first ones to come to this planet and ask that people be freed from their bondage. They (we) were also the first ones to die at the hands of the ruling elites for bringing such a message. We have been here since the beginning and have repeatedly entered into physicality after each failed ascension attempt. Of course, our work has changed over time as each awakening attempt failed, each new condition was added, and more starseeds came to participate in the grand War of Souls. However, the activity of spiritual emissaries has always been guided by one overriding goal, to help create an *Infrastructure of Light* that would provide an unshakeable foundation for ascension and awakening.

And just what is an Infrastructure of Light?

Well, it is the sum total of the entire progressive spiritual, social, political, and psychological teachings that have been introduced to this world. It is the sum of all technologies that starseeds have brought to help raise the level of consciousness on this planet. In short, the Infrastructure of Light is the sum of all starseed intervention as it was directed at overcoming elite imposed darkness. The Infrastructure of Light is all around you and exists as the glorious manifested intent of millions of light workers. It is a truly magnificent edifice.

Spiritual emissaries had a very important role to play in the creation of this infrastructure. We came to introduce a critical sub-component of this edifice. We came to build the Spiritual Infrastructure of Light. This was a most dangerous job for two reasons. On the one hand, the truths we came with were very powerful truths that were easily recognized as spiritual truths. More than that, however, the truths we brought were a threat. The truths that we brought had a powerful tendency to automatically *activate* and *awaken* people who were *listening*. That is, once a somnambulistic individual heard the uncorrupted and uncomplicated truth as set out in the teachings of the spiritual emissaries, they were often rapidly set free from their spiritual bondage.

The veil disintegrated and the chains fell off.

This was not good from the perspective of world elites who depended on the somnambulistic slavery of the masses of this planet. Not good at all and in order to protect their privilege and power, the elites targeted the messages and the individuals who incarnated to bring them. Since elites, especially during the early centuries, had privileged access to the means of distributing truths (only priests could write, for example), twisting the truth and making the high spiritual knowledge of the emissaries into instruments of your spiritual bondage was quite easy. Of course, twisting the truth was never enough. Since the elites have always retained a monopoly on the use of force, murdering the emissaries and oppressing their followers when they needed to was never a problem either.

Never daunted, the spiritual emissaries continued to press truth into this reality. After considerable trial and error, spiritual emissaries modified their strategies and learned to hide the truth in innocuous places or to present the truth in multi-layered or coded messages. In the final version of their strategy for building the Infrastructure of Light, the spiritual emissaries even developed a brilliant way to get the elites themselves to help distribute the truth. They did this by, amongst other things, creating structures of myth with multiple levels of meaning that, on the surface, could be turned into instruments of bondage but that retained, at the deepest level and hidden away from the

understanding of the elites, powerful embedded truths that could be used to activate individuals through a process of spiritual revelation.⁵¹

When these specially coded messages first started to appear, elites reacted in the same way they always did. They murdered the messengers and repressed their followers. However, as the elites twisted the spiritual messages into their own vile service, they found in these messages very powerful tools of bondage; more powerful in fact than they had ever seen. How brilliant was it, after all, to be able to teach the masses that spiritual advancement actually meant the sacrifice of the body to the elites of this world. With a great amount of self-satisfied glee, world elites proceeded to expend incredible effort distributing these coded spiritual messages to all corners of the globe.

Of course, most people (elites included) could not see past the surface truths that were used as messages of bondage. However, this was part of the plan. Unlike previous awakening attempts, the point was not to wake people up instantly but to implant the coded messages in as many brains as possible so that when the time came, a massive and extremely rapid population awakening and empowerment could be triggered with elegant (but hidden) spiritual triggers.

The elites performed the job of the emissaries admirably. In every culture, in every religion, on every continent, and in virtually every mind on this earth, the core metaphors and spiritual truths exist in some form. Now, this spiritual gunpowder just sits there, buried inside your head, waiting to be triggered. Once properly triggered, the awakening and activation process is often very rapid. This is not to say the process of awakening is an easy process. It is not. Awakening, as we will see in chapter seven, is a process of personal growth that can involve painful confrontation of truth and painful unblocking of energies. The whole process can also be very disconcerting because of its rapidity. However, it is possible and you are well supported, so don't turn away from it. It is what you are here for anyway. I do however recommend that you keep in

⁵¹ If you want to explore this and find out more, have a look at my *Book of the Triumph of Spirit*.

mind the practical advice on breathing and trusting that I provided in *The Great Awakening: Concepts and Techniques for Successful Spiritual Practice*.

Since the early sixties, Spirit has been awakening individual starseeds and light workers with individual triggers.⁵² These advanced cadres of light workers have been in operation now for almost two decades preparing the way for the explosive awakening that would be triggered during the *proper divine moment* which is, if you want my opinion, *right now*.

The Ascended Master Support Network (AMSN)

Now, introducing the spiritual gunpowder described above was not an easy task. As noted, those who came to introduce high spiritual truths faced several problems. One difficulty was the outright hostility and violence of elite rulers. The elites of this world invariably identified any spiritual emissary with significant public exposure as a threat to the status quo. Once identified, ruling elites set out to tempt and divert the messengers from their mission, distort their teachings and murder the emissaries. Even a cursory glance at the history of authentic prophets, scientists, philosophers, and healers demonstrates the horrible fate that awaited those who chose to stand against The System. To this day, all those who hold positions outside the mainstream (the “mainstream” simply referring to a “normal” way of thinking and perceiving that is palatable to the ruling elites and supportive of the bondage you are subject to) run the risk of being exposed to ridicule, disgrace, ruin, and even death.

Another difficulty that hampered the work of the emissaries was the simple fact that all emissaries who came to assist with the awakening and ascension process began their missions in total amnesia. Of course, not all emissaries needed to return to full consciousness to fulfill their missions. Many of the emissaries, especially the ones who came with

⁵² Things like 11:11 for example.

science, philosophy, technology, or the healing arts, were able to attain their objectives while participating in the darkness of this planet. However others needed to be fully awakened in order to accomplish their mission. These ones simply could not teach the spiritual truths they needed to teach while experiencing any degree of amnesia.

Unfortunately, even spiritual emissaries are not able to come into this world with fully functioning connections (i.e., with activated higher chakras). We all work within an environment where the chakras are starved of energy. Although stronger than the average incarnated soul because of the training, it is still uphill against the deficit of yin.

This created a bit of a problem for us.

We knew that, given the hostility of the ruling elites to progressive spiritual messages, emissaries would probably not make it far along into their awakening process before they were identified as the political and spiritual threats they were, tempted off the mission path, or destroyed altogether. So in order to protect these individuals from temptation and destruction long enough for them to awaken to their task and fulfill their missions, a special support group of starseeds tasked with the job of protecting, nurturing, and supporting the spiritual emissaries was created. This support network we might call the Ascended Master Support Network (AMSN). The AMSN, also known as *mystery schools*,⁵³ consisted of a powerful network of incarnated and disincarnated spiritual guides. These guides (similar to your own guide network, but far more accomplished) provided the assistance and protection needed by the ascended masters so that they might be nurtured and returned to full consciousness.

⁵³ The most famous, and most benign, of these schools today surround the Tibetan monks and their esoteric practices designed to rediscover the Dalai Lama after each round of death and reincarnation. Each time the Dalai Lama dies, the monks of this school set out on an amazing quest to find the next incarnation of this most holy individual. Once identified, the Dalai Lama is taken as a child and carefully brought back to full remembrance within the safe confines of the Tibetan monasteries. In addition to training the ascended master each time he returns, this monastery complex also functions as spiritual havens for those stepping onto The Path.

Incarnated guides, i.e., those souls who came into the body to prepare the way for the spiritual emissaries, provided some of the initial training and protection required. However, because these incarnated guides were working in this world, they were subject to the same conditions as the ascended masters (i.e., temptation, persecution, death). As a result, they normally performed their tasks with some degree of amnesia (to prevent their exposure) and they normally performed only identification and initiatory functions. That is, they actively sought out ascended masters as they entered into incarnation (they identified them), they provided protection (sometimes physical, always spiritual) so they could grow in the awareness of their task, and they provided a minimal initial training (advice on the discipline of chakra activation, for example) so that spiritual emissaries could reconnect with their primary guide network (the disincarnated masters) and continue the process themselves.

Clearly, the incarnated support workers had a limited function. They only needed to get the chela (i.e., master candidate) past a certain stage of spiritual development. Once the chela had begun the activation process, they would naturally turn to their disincarnate guide network where the remainder of their development was overseen. This approach of turning the chelas over to their disincarnate guides was the safest and most powerful way of returning them to full consciousness. Once even minimally reconnected, these individuals became immune to the temptations and tribulations of this earth and about the only thing that could halt their emergence into full consciousness and power was their destruction.

You might ask at this point why those in physical incarnation had only limited roles to play in the support and nurturing of the spiritual emissaries. One reason for this limitation has already been provided. Individuals who operated these schools were subject to the same persecution and temptation as the spiritual emissaries. They themselves had to be protected and the best way to do this was to provide them with only as much information as was necessary for them to fulfill their limited roles.

Another reason for the limited role of these schools had to do with the frailty of the human ego and the weakness of the flesh. Because these schools were a part of this physical world, they could be easily infiltrated and corrupted by elite forces working against the greater good. Once infiltrated, the truths would be corrupted and the schools turned into instruments of bondage. Far better, therefore, to limit the role of the school and the potential damage that would come from the inevitable infiltration and corruption than to provide too much responsibility and authority over the critical work of the spiritual emissary.

The interested individual can recognize a corrupted mystery school largely by the form and content of the “truths” they teach. Corrupted schools always exclude women, and emphasize secret knowledge (even while they publicly announce they have such secret knowledge). They often speak about their “God given” tasks and special dispensations, the unworthy masses, or the defiled nature of creation. They can be recognized by the lack of universal love in their teachings, their elaborate and contrived spiritual hierarchies, and the obvious domination of the ego in their work. Members often see themselves as chosen or special in some way. Always keep in mind that the highest spiritual truths are love based and never fear based. They are egalitarian and not hierarchical. They are open to all and not just a selected few.

Corrupted schools are magnets for agents of the dark forces who are assigned the task of tracking down and twisting high spiritual truths. Although you may get the sense that corrupted schools are an unplanned manifestation (i.e., they came about because of a loss of spiritual control), they are not. Corrupted schools are actually encouraged to form (and many spiritual masters actually manifest to create these schools) in order to provide decoys for the ruling elites. The hierarchical structures, organizational layers, and reward structures of these corrupted schools are very attractive to those who sacrifice their higher selves to the domination of the limited ego, in pursuit of worldly power and lucre.

Conclusion

In this chapter, we have covered considerable ground. Extending our discussion of the Annunaki in the last chapter we learned how, despite the fact that we have met the preconditions for ascension, we have been kept from it by the machinations of elite groups who have refused to “let the people go.” We also learned of the War of Souls that we have had to undertake because of elite refusal to release you from your spiritual bondage. As we saw, the goal of this grand spiritual conflict has been to weaken the hold of the world elites, introduce an Infrastructure of Light, finally awaken the population, and ascend this planet. We began our formal discussion of the War of Souls with the work of the ascended masters. We examined the nature of their activities, the spiritual truths they brought, and their support networks.

In the next chapter, we will continue our examination of the Infrastructure of Light and those who came to build it by discussing individuals and groups who incarnated with scientific, philosophical, or technological contributions that would support the final ascension and awakening efforts during the opening years of the 21st century.

CHAPTER SIX: EMISSARIES OF LIGHT II

We're off you know,
To a distant land
And the only ones, allowed to come
Are those who feel they can.

Go right along,
With the master plan
Cause the only thing,
You've got to bring
Is sitting there in your head.

Klaatu, from the album Hope

Introduction

As we learned in the last chapter, we have been engaged in a struggle against Annunaki minions on this planet for several centuries. This struggle pitted ruling elites against the energy workers of this earth and the starseeds who came to intervene. In the last chapter, you were introduced to the work of special spiritual emissaries who came to create the spiritual foundation for the Infrastructure of Light. You learned that the primary task of these emissaries was to create an edifice of truth that would be impervious to distortion. There were many failed attempts. Their final strategy had them creating a multi-layered structure of truth and meaning that could be twisted on the surface, but deep within retained the revolutionary truths intact and ready to be drawn forward and used in a global awakening and activation blitz.

In this chapter, we will examine in more detail the work of other incarnated starseeds. These additional workers came to help with the overall strategy by providing higher social, political, and technological interventions. These individuals, and there are many with varied talents

and abilities, have been an essential component of the awakening process. There were specialists in technology and education, specialists in raising planetary consciousness, and specialists in social and political reform—to name a few. Without their work, we would never have been able to usurp control over this planet from the elites who have kept us all enslaved. Their contributions, along with the work of the ascended masters, have created, in the final moments of 3D existence, conditions that support a successful awakening, activation, and ascension process.

Scientists and Savants

Aside from building the spiritual infrastructure, one of the first steps required to support a general awakening and enlightenment of the world's population was to encourage the enterprise of literacy and education. Although it is true that reading and writing are not prerequisites for profound and deep learning (you can always go directly to The Fabric and ask questions), it is true that literacy supports learning and makes it more efficient and more resistant to elite control. Keeping a few people literate and in control of the world's learning and everyone else dependent on authoritative pulpit-like transmissions of sacred "truths" makes people easy to control. Getting the truth out of the hands of the Brahmin (i.e. priest, scholar, professor) castes and into the hands of the masses was a necessary first step in building the Infrastructure of Light.

In order to encourage the general edification of the earth's population, many starseeds over many centuries incarnated as teachers and philosophers in order to assist with the general educational effort. They came to introduce, among other things, accessible alphabet systems, egalitarian systems of thinking, and alternative conceptions of the cosmos. From ancient philosophy through to modern science, starseeds in this group are responsible for the gradual growth and spread

of education, art, science, and empiricism⁵⁴ in all ancient (e.g., Chinese, Arab, European) and modern worlds.

Of course, the ruling classes responded in a predictable fashion to advances in literacy and learning. They were terrified when new systems of thinking and educational innovations were pressed into public service. They quickly saw the potential in an educated and enlightened mass population and feared that such an educated population would see through their dirty tricks. Recognizing the threat, they resisted the spread of education and literacy by, for example, wrapping ideas or educational

⁵⁴ Empiricism is a philosophical position that holds that all “truths” should be backed up by evidence. Empiricists hold that we should never claim to know anything unless we can refer to some sort of experiential evidence that supports our claims to truth. Thus, for example, we *know* gravity exists because we can see its effects in the natural world. We also *know* humans are at least potentially aggressive (or loving) for that matter because we can *see* the evidence of this all around us.

The general spread of empiricism was a great advance over the superstition cultivated by the ancient church and state. However, we often take empiricism too far and when we do it can be used, just like we use superstition, to control the population and dismiss knowledge that is threatening to the status quo. This is what happens when scientists, philosophers, or *debunkers* try to dismiss spiritual experience as nothing more than a fantasy or a biological epiphenomenon. The problem here is that they extend the empiricist prescription that we provide evidence for our knowing to mean, “If I don’t see it, I don’t believe it exists.”

This position is seductive to anyone without authentic spiritual experience. However, it is based on an erroneous interpretation of empiricist philosophy. Empiricists have never said that a phenomenon must be visible to be real. If they did, then we would have to dismiss gravity as a real and verifiable phenomenon because not a single individual anywhere has ever *seen* gravity. Obviously, we know gravity exists because of its *effects* on the natural world. In the same way, we know that spiritual experience is valid because we can see its effects on us and those around us. Unless the skeptic is willing to dismiss the experiences of the vast majority of individuals on this planet as nothing more than idiotic ramblings or the product of rank superstition (something any true empiricist would be loathe to do), then the case for Spirit was made several centuries ago.

Of course, direct experience is always the preferred way of assessing the truth of a claim. Those interested in advancing on a spiritual path and having verifiable spiritual experiences are encouraged to step onto The Path with a sincere heart and an open mind.

systems inside elite languages and keeping the general population ignorant of these specialized languages (e.g., Latin).

However, starseeds were persistent and over the centuries they gradually whittled away at elite control of education and literacy. Of course, elites resisted at every turn. When, for example, the industrial revolution encouraged a skyrocketing demand for an educated workforce, the ruling elites partitioned the system and provided educational streams to carefully manage levels of attainment and knowledge. Members of elite families went to special schools that were closed (either formally or through an excessively high cost of tuition) to the general population. There they were trained in the ways of power and authority. People in the common streams were confined to lower levels of education and trained with ideological systems (raise your hand please, wait for the bell please, sit quietly and work please) designed to keep them prostrate before authority while giving them enough knowledge to function in emerging industrial and, later, knowledge based economies.

The turning point for education, i.e., the point where it became predominantly an instrument of light, came when elite control of the system virtually disintegrated during and following the 1960s entrance of the flower children. Among their many contributions, these ones opened the doors of higher education in North America (and elsewhere) to many who had been denied this privilege in the past. Their overall strategy has been quite successful. Despite ongoing efforts to make universities and colleges inaccessible (for example by raising fees and restricting resources in desperate attempts to stem demand), enrollments continue to increase and access to information continues (with setbacks here and there) to proliferate.

Of course, just having a university degree does not guarantee you will develop the ability to think critically. You have to be willing to see the truth. Nor is learning confined to educational institutions (as the proliferating self-help literature indicates). The important point here however is not in the specific outcomes but in the general enlightenment encouraged by education and literacy. Over the centuries we have seen a growth in the way people of this earth approach truth and knowledge. Centuries ago, the masses of this planet performed two simple functions;

they worked and they ate. Anything outside of that was carefully cordoned off and kept out of their reach by elite propaganda and indoctrination. People were not stupid or without potential. They were simply kept in ignorance and fed lies in order to support and justify their servitude (Divine Right of Kings, Rule by Government, etc.). Bringing the population to a point where they believed they had both the ability to learn and the right to knowledge, and where they approached learning and change as desirable, was a struggle that took our starseeds centuries to accomplish.

Literacy and education were not the only starseed interventions that helped foster a new orientation to truth among the people of this planet. There was also the introduction of science. Nothing supports the elimination of superstition and the quest for truth more than the activities of science. Science has helped bring better dental care, better hygiene, warmer homes, and longer life (among a host of other benefits) and these things make the case for education and learning. Of course, it has not been a completely smooth ride as science coupled with elite prerogative has also been responsible for unspeakable horror. There is also a considerable amount of “spiritual dogma” in science. Science has it’s own answers to the “big question,”⁵⁵ for example, and these answers generally support elite prerogative. For example, much evolutionary and Darwinist theory provides support for the hierarchical systems of privilege, power, and control that benefit the elites of this planet. Whereas once, obscene wealth and privilege may have been justified by reference to “god’s plan” (e.g., during medieval times the Church was heavily involved in justifying the wealth and privilege of the nobility by telling the peasants that God had given them their estate and therefore they should shut up and just accept it), now it is justified by reference to genetic prerogative (e.g. people are rich and powerful because they are genetically stronger or smarter than everyone else). However, despite its

⁵⁵ Big Questions are questions of a high spiritual nature. Big Questions are existential or spiritual questions of existence, purpose and so on. For a definition of Big Questions, see http://www.thespiritwiki.com/index.php/Big_Questions.

negative aspects, science has provided an important contribution to the overall Infrastructure of Light that starseeds came to build.

Of course, if ruling elites resisted any attempts to educate the masses of this planet, they also resisted science and technology. Although this may come as a surprise in an age where science and technology are such pervasive and accepted institutions, the elites actually saw science as a threat. This was especially true in earlier days when the elites used superstition and charlatantry to dazzle, confuse, and justify their privileged positions. The problem for those in control was that those who came in the name of science generally came with a very powerful challenge. Their challenge was to show that those who held traditional authority as God's representatives on earth (priests, kings, Brahmins, etc.) in fact did not have exclusive pipelines to divine knowledge. When Copernicus came and suggested that the sun was the center of local space, the problem was not so much with the shift in stellar focus but the idea that the priests themselves could be wrong. If they were wrong about something as important as the location of the sun, they could be wrong about many things. Those in authority feared that once people started to question their knowledge and ability, their authority would be quickly undermined. Herein lies the importance of science to our discussion. Its message was simple. Challenge everything. Trust nothing. Always seek the highest truth.⁵⁶

Most of you will be aware of the history of science and know what happened. Even though the elites resisted the spread of truth, and even though they killed and tortured many who challenged their authority,

⁵⁶ Interestingly enough, I would now argue that science has (in many ways) replaced the priesthood as the institution that provides the ideological props that support The System. In an age where authentic spirituality and spiritual experience is becoming more and more common, science and its stodgy old gatekeepers now presume to hold authority and final sanction over the spiritual beliefs of the people. These individuals are, as much as any priest of a previous generation, holding back the spiritual awakening and empowerment of this planet with their naïve empiricism and inability to let go of authority. For a discussion, see my book *My Mystical Big Toe: A Strong Theory of Consciousness and Creation* for a discussion.

science spread. Interestingly, elites eventually gave in and embraced the very science they originally resisted. They did this not because they gave up their struggle but because they were able to turn science into the handmaiden of elite domination. They realized, for example, that science could replace religion as an ideological system of control. They also found that they could siphon off the wealth that science generated and use it for their own benefit. Finally, they learned that science could create powerful tools of war, oppression, and servitude. Since shortly after its inception, scientists serving the interests of elite domination, has created all sorts of technological terrors with which to kill, maim, and oppress. By the end of the 20th century, science had created ideological systems to justify your oppression (e.g. Social Darwinism), ways to strip the nutrition out of your food (e.g. white bread) and keep your mind dull, and all sorts of biological and chemical straightjackets for your mind and consciousness. The list of infamy that has been perpetrated in the name of science is almost endless.

However, despite the fact that science has come to service elite agendas, in many ways it has remained a tool of freedom. Science, like most human endeavors, is complicated and multi-faceted and in the end, the elites never really had good control of the scientific enterprise. Even in its early days, the expansion of the scientific enterprise outstripped their ability to control and manage the process. The spread of scientific literature, the penetration of the scientific enterprise into the emerging middle classes, and the synergistic effect of the printing press and other technological interventions led the elites into a never ending struggle to contain scientific innovations and twist new truths in ways that supported elite rule. It was a struggle they were destined to lose.

You are a shining example of the successful completion of this struggle. Even twenty years ago, chances are that you would have accepted none of what has been said in these pages despite the fact that it is the truth. Your superstition, fear, and paranoia would have prevented you from getting past even the introduction of this book. Even if you had been interested, a book such as this would not make it past elite gatekeepers in the publishing industry. Such a clear and concise presentation would have been halted at the publisher's gate or suppressed

shortly after publication. Getting it past the gatekeepers would have required that the truths contained herein be obscured with so much verbiage and esoteric drivel that the book would have been impossible to read.

Things have changed now though, and quite dramatically. This book, and many others like it, can now be published outside of the gate keeping monopoly presses without the need to fool the gatekeepers. Getting the technological, social, and political spheres to a point where a book such as this one could emerge, and getting the human populations to the point where they would voluntarily open and read *The Book of Life*, has taken centuries of political, social, and technological intervention.

Communications Technology

If education and science were important components in the elevation of consciousness, communications technology was critical. Not only was such a network necessary for educational purposes (it provided synergistic assistance for other interventions), it was a critical strategic component in the struggle where a sophisticated communications network resistant to elite control would be necessary in order to accomplish the unrestricted communication of truth and the free distribution of spiritual triggers during the final days.

Of course, building the communications infrastructure that we needed was difficult and we constantly struggled against elite attempts to co-opt, dilute, and twist the technological innovations. We tried several times to introduce technologies that would support the type of mass communication that would be a strategic necessity during the end-times struggle. One of our first technological successes came with the introduction of printing in China and later in Europe. Here was a communication medium with considerable potential to enlighten and uplift the population. Unfortunately, while the technology did succeed in spreading literacy and education, it did not attain the revolutionary outcome we had hoped for.

The story is the same as with other starseed interventions. Printing technology was initially resisted by the ruling classes who were threatened

by its promise and potential. Their initial resistance turned to glee when they realized that the technology could be used for profit (sale of indulgences, for example), propaganda, and domination. All they had to do, they discovered, was restrict access (i.e., make the press too expensive and complicated for most people to access), keep it close to the corridors of power (buy the newspapers up), and stream it (an elite press for elite ideas and a common press for spreading ideological indoctrination). In this way, the revolutionary potential of printing was weakened as elites took control of the medium.

However, as with other innovations, even though the ruling classes were able to co-opt the technology, printing still contributed synergistically to the overall uplifting of the planet. For example, despite the fact that the printing press eventually became a tool of ideological indoctrination (in every country), it still fostered literacy and it still functioned as a watered down educational tool.

This same general pattern of co-optation and synergistic feedback occurred with related technologies like wireless radio and television. As science advanced and our technological sophistication grew, conditions for the introduction of new technologies were realized. At first, the technologies were resisted by the elites afraid of losing their power. Then they were co-opted and made inaccessible (you see media monopolies in radio, television, satellite, cable, etc.). However, as with science and education, no matter how corrupted the communications technologies became, the general agenda of the starseeds was advanced. Each starseed intervention connected with others and formed an ever-expanding web of education and enlightenment that gradually and inexorably pushed back the darkness on this world.

The culmination of the attempts to build the communications infrastructure or *Web of Light* came recently with the introduction of the World Wide Web (WWW). Until its introduction, no technology has been able to provide a truly democratic, easily accessible, and revolutionary infrastructure that was able to resist all efforts to control and co-opt. With the introduction and explosion of the WWW (from a few advocates in 1989 to a user base of well over $\frac{3}{4}$ billion people in 2003), we finally had the powerful technology that, along with all the

other starseed interventions, helped tip the “truth scale” on this planet. It is now quite impossible for elites to stem the flow of truth. The total disintegration of elite realities follows swiftly on the heels of this amazing Web of Light.

About the WWW

Those of you who have spent any time working on the WWW will know it is an amazing resource. You can learn about anything on the WWW from Aardvarks to Zoology, and Zen to Ascension by simply learning how to use the web search engines. With powerful search engines collating millions of pages, almost any topic you can think of is available for study. The real kicker is that most information remains free. Putting aside access costs (cost of computer, cost of cable), the WWW has evolved into a place where interested amateurs of any stripe may share their knowledge and wisdom with other interested individuals. The WWW has become our first one hundred percent democratic Information Commons.

It is no accident that the WWW has become such a powerful and democratic information resource. It was designed that way at its technological core. In order to understand this you have to understand how and why the Internet, which is what supports the WWW, was conceived. In 1962, Paul Baran of the RAND Corporation was commissioned by the U.S. Air Force to develop a communication system that would be immune to concerted enemy attack or outright nuclear holocaust. A new communications system was needed because, back then, the only technology capable of managing large armed forces over great distances was the telephone. Unfortunately, the phone network was entirely dependent on monolithic switching stations that controlled all local traffic. If even one of these switching stations was destroyed, it brought down entire swaths of the communication network, profoundly handicapping military communication and capability.

Baran’s solution to the problem was a methodology known as *packet switching* where data is broken up into datagrams, marked with reassembly instructions, labeled with the sending and receiving system address, and broadcast out into the network. The individually marked packages find

their way to the destination by whatever route is available and are then reassembled in the correct order. The key difference between the phone system and the packet system is simple. Unlike the phone system, which has centralized and authoritative switching stations, the Internet does not. Any computer on the Internet has the full set of software and protocol layers to enable it to be a fully functioning relay station.

This unique and de-centralized control structure made the Internet resistant to attack. The only thing that would bring the Internet down would be a total nuclear holocaust. The structure also made the Internet resistant to attempts to control, limit, or otherwise deny access to information. If you had one computer on a large network of 10,000 computers, and you did not like the information on that one computer, the only way you could stop other computers from accessing that information was to physically shut down the computer. You could not block access from any single point. This of course is not a problem if you only have only one offending computer and are prepared to deny the basic right of free communication to your people. However, when everyone starts to take the notion of free speech to heart and starts putting up their own opinions and knowledge, you have a problem. You simply cannot shut down millions of computers broadcasting information out into the Internet. This is especially true when information on the WWW seems to be so disrespectful of the political and sociological boundaries exploited by the elites of this world.

This problem is what faces the elites at the start of the 21st century. How can they possibly stem the rush of information? The problem only gets worse as the cost of computers and access plummets and as each literate person in this world begins to think of themselves as a source of knowledge. With over $\frac{3}{4}$ of a billion people connected in 2008, and with each of these a potential source of truth, there is no way to prevent the explosion of light that is now illuminating this entire planet. It is truly amazing to behold.

Those of you who make the effort to see through the deceptions of your own national leaders will have seen the power of this network actualized in the second Iraq war. Unlike previous conflicts where information was tightly controlled and funneled through a few selected

media channels, in this conflict the war and its horrific images were broadcast globally by multiple official and unofficial news sources. You could get the official USA position by watching CNN, the official Iraqi position by watching Al Jazeera, or the independent Pakistani and UK positions by reading their respective English language web sites. The multiplicity of perspectives is amazing especially when you consider the fact that the WWW did not exist for any previous war. For the first time in history, the biases of official sources, the way government sources like CNN or Al Jazeera spin news to support their own elite agendas, and the outright lies of the elites on both sides of the great ocean were painfully obvious to all who had made the choice to open their eyes to the truth.

It is no understatement to say that the WWW is the crowning jewel of centuries of starseed intervention. It is dependent on and made possible by advances in education, science, and technology over several centuries. Its creation, the massive support given to it by people on this planet, and its incredible potential for giving voice to the average individual signals (like many other recent developments) the end of elite privilege on this world.

Additional Workers

As you can see from even the brief overview of starseed work provided above, several centuries of interventions were required to bring this world to the point where we could initiate ascension and awakening. Actually, it is a bit more complicated than this. As noted at the outset of our discussion on starseed interventions, we have tried several times to trigger ascension and awakening. As each attempt failed, and as we learned more about how to overcome elite resistance, concurrent interventions were ordered in temporal and spatial locations throughout the space/time tube. There were several ‘sets’ of these interventions—one following each failed ascension and awakening attempt. If you have trouble with this, think back to our discussion of the space/time tube and the distinction between linear time and cyclical spiritual moments.

From the perspective of individuals in body and standing at the edge-of-time, only one set of interventions can be seen. You or I looking

back into the tube would see centuries of history unfolding in a strictly linear fashion. The perspective of Immortal Spirit is a bit different. From that perspective we have seen several ‘sets’ of linear, centuries long interventions. Echoes of these interventions, and the timelines associated with them, can still be *felt* by many spiritually in-tune individuals.

The point here is not to twist your brain but to simply emphasize the amount of work that has been required to get this earth to the point where things were adjusted just right to allow for ascension and awakening. Multiple millennia of linear manifestations have been required. It has been quite the struggle.

However, we have won the day. In our final set of concurrent interventions, we have managed to cook physicality in this area to just the right pressure and temperature to ensure a successful ascension and awakening. As you already know, when we realized that our next attempt to trigger awakening would very likely yield a spectacular result, we initiated the Battle of Armageddon.

With the initiation of the Battle of Armageddon, the final strategic starseed deployments could be undertaken. The final groups of starseeds, who came with the express purpose of fighting in the great battle, began incarnating in the ‘50s and ‘60s. These ones were left unconscious until it became clear that the forces of light had won the day. Had the forces of light not been able to achieve their goals, these final waves of starseeds would never have been awakened. They would have gone through the same planetary cleansing that everyone else would have had to endure.

In the rest of this chapter we will look at several of these specialized groups of starseeds. You can consider the revelations about these individuals as another sign of the victory of light. If we could not peer into the future and see the successful denouement of this great conflict, information on these critical volunteers would have never been released.

Healers

One group of starseeds that came with the express purpose of assisting in the struggle were the healers. These individuals are the priestesses, priests, witches, and shamans of this earth. Many of them have deep knowledge of the ways of health, balance, and healing and

have come to help lift all those who have experienced psychological, emotional, and spiritual damage at the hands of the oppressive elite system. Given the proliferation of mood altering drugs like Prozac, the skyrocketing rates of depression and anxiety disorders (especially in countries like the USA), and the general spiritual malaise experienced by so many at the start of the 21st century, their talents are sorely needed.

Although these individuals can be found operating in concurrent lifetimes throughout the space/time tube, they primarily came to work during the end-times struggle and the period immediately following the Battle of Armageddon where their talents would be most needed. Earlier concurrent incarnations are primarily for training purposes. Many of these ones are not “of this earth” and as a result, they needed to practice their arts with the resources available on this planet before they could reach full effectiveness. Unfortunately, their earlier work in more superstitious and paranoid times meant they were faced with a high probability of repression, torture, and murder for their heretical ideas.

As these individuals developed and advanced their knowledge of the healing arts, the body’s energy systems, and the herbal gifts of the earth, and as they taught that the individual had power over their own health and well being (through nutrition, balance, hygiene, etc.), their activities were resisted. The message they brought that you have power over your own health is a very subversive message. The bottom line is that elites on this planet only rule because you give your personal power to them. You are free to take your power back at any time. Anyone who brings you the message of empowerment quickly finds themselves in conflict with ruling elites. Because of the cruelty of the elites and their determination to keep all of you in bondage, our healers have experienced the vilest repressions (torture, rape, mutilation, etc.) at the hands of the elite police forces.

As a result of their concurrent life experiences, the primary challenge for healers in this lifetime is to overcome the deep fear of persecution that percolates up from their concurrent incarnations. This is no easy task for them. Those who are still struggling should find comfort and direction in the guidance that this current lifetime holds no possibility of them experiencing the same persecutions they have experienced in their concurrent incarnations back in the space/time tube.

The great battle has already been won and Spirit is already in control. There is no need to fear the ghostly images of repression that penetrate into the consciousness of this body in this incarnation.

The healers that awaken and are able to step into their power will be critical in the years ahead. Many people have been profoundly damaged by the systems of elite control. The work of the healers will help move them past their dependencies, depressions, and self-mutilating behavior patterns and towards healthier lifestyles where they can, in full consciousness, step onto The Path.

It should be noted that healing does not take a lifetime. The process of moving from disconnection to connection or from emotional damage to psychological health is not a long process. It is easily accomplished within a relatively short period. All that is needed is the correct dosage of truth, responsibility, and personal power.

Warriors

Another group of starseeds that came primarily for the end-times struggle are the warriors. They, like the healers discussed above, entered all parts of the space/time tube on concurrent training missions that would prepare them for the work they agreed to undertake during the Battle of Armageddon. Like the healers, they were persecuted and murdered as they learned to challenge authority, move, and struggle within the confines of elite systems. These souls were strong and powerful entities even before they entered incarnation here. However, the experiences they had while incarnated in physicality on this earth, the sacrifices they made, and the pain they endured has given them, like the healers, a strength and determination of purpose that has made them into a most effective resource. They have agreed to complete one or more of several key ascension and awakening tasks.

One function warriors came to fulfill was as protectors. They came to protect the more sensitive and easily damaged starseeds during the critical early days of the end-times struggle when vibrational balance points had just been transcended and sensitive souls would still experience difficulty incarnating and moving effectively. They came to protect spiritual emissaries, priests and priestesses, and others whose

special skills and high levels of empathetic vibration made them chronically sensitive to the low vibration of this earth and the intense pain of souls in this incarnation.

Warriors also came to protect the children who would come to anchor new vibrational levels. These new children (see below), like the other souls who came in bodies that could support higher spiritual vibrations, would be extremely sensitive to the physical and psychological attacks that were endemic to a system designed to disempower and disembowel its own people.

Warriors also came as energetic cleansers. These individuals were given the most powerful tools of energetic stamping available and were sent to stand and help cleanse and re-spin the negative energy that would find final expression during the last days of struggle on earth. This activity would be very important because, as we have seen, one of the tactics the elites use to prevent the ascension and awakening is to encourage negative energetic expression. The warriors who came to this earth had tools that would, once activated, literally wash away swaths of improperly stamped energy and help prevent the elites from halting ascension and awakening as they had in previous spiritual moments.

Finally, warriors also came as purveyors of truth. These individuals are experts at seeing through illusion, at raising consciousness, and bringing liberation to the people. Their tools of liberation are not guns (you cannot liberate with a gun no matter what an elite peon will tell you) but songs and stories that instill seeds of truth and help people vibrate at higher levels.

The primary challenge for warriors in this lifetime, like the healers, is throwing off their fears of persecution and violent death and assuming the mantle of authority and power that comes to them to fulfill their final tasks. This challenge of assuming authority is particularly difficult on this earth where we have always been taught that to assume authority signals arrogance or spiritual immaturity. This is very far from the truth and is more about ideological indoctrination into servitude than an expression of the true desires of Spirit or of God. As Spirit, we are authoritative co-creators with full power and full responsibility for what we create and how we create it.

Children of a Higher Vibration

We will end our overview of the War of Souls and the Battle of Armageddon with a discussion of children. Children are a critical part of the end-times spiritual struggle on this planet. The reason for this is simple. Children may be brought into manifestation in bodies with fewer limitations than previous generations. As such, children provide the opportunity to lock in spiritual advances on this planet. As certain vibratory base levels are reached on this earth, waves of children who are free of the energetic limitations and karmic entanglements of previous generations are sent to “hold” higher vibrational rates.

The entry of children with progressively reduced energetic limitations is a sign of the spiritual accomplishment of the people of this earth simply because children that come in without energetic limitations can only enter when certain base rates of vibration have been attained. The reason for this has to do with the way our bodies operate and how our chakra systems work. You will recall that in a previous chapter we noted the goal of spiritual development on this planet is to progressively develop and re-open the energy centers in your body (chakras) which, for reasons that can be traced back to Atlantis, are generally closed at birth or intentionally shut off shortly after. The difference between children of higher vibration and those who were born with full energetic limitations before the turn of this century is simply that children with higher vibrations are born, because of the clearing work their parents did, with chakras open and functioning at full power at birth.

That you can enter a body with even the base chakra fully open is a significant accomplishment. To understand this you have to recall that chakra centers are expressive centers. When they are weakened, we lack expressive capability (sexuality, power, musicality, etc.). When they are open, we gain considerable expressive power. However, it is sometimes better to have a closed chakra than an open one since an open chakra does not necessarily signal a positive development. If you have an open chakra, the energy **MUST** be expressed in some fashion. Of course, it is best if the energy finds healthy expression. However, this has not always been possible and in less than ideal political, spiritual, or psychological

conditions, the energy is often internalized, directed toward self-destructive ends, or expressed in twisted negativity in the physical world.

Consider the energy of the sacral chakra as an example of the expressive possibilities and dangers. The sacral, which is related to our sexual organs, governs the expression of our desires (both spiritual and material). A blocked (unopened) second chakra means we will be unable to engage in healthy relationships (much less healthy sexual relationships), will garner no physical enjoyment from our existence here, and will make no effort to actualize our desires. We will live a gray, loveless, and lifeless existence (while in body). A healthy second chakra means we express what we want in a healthy and balanced manner. We engage in healthy sexual relationships, have a balanced relationship with food, and pursue our inner desires with maturity and responsibility. A twisted expression of the sacral energy (much more common in the male of the species) will see power, domination, cruelty, irresponsibility, and gluttony enter into our relationships.

An internalized expression of the sacral energy will see our own desires and our own inner needs sacrificed in the martyr like service of others. The archetype here is the wailing mother who sacrifices her entire being for her children and husband. There is of course no spiritual honor in this sacrifice. There is only a slow death preceded by deeper and more intransigent bouts of depression and self-destructive behavior patterns. You can see why it is better to block the energy rather than allow its expression in circumstances where the energy might be internalized. Blocking it until the individual is ready to grow into their power means less suffering and less obstacles to growth down the road.

Obviously, external political, social, and psychological conditions can affect how the energy of a chakra is expressed. In Victorian England with its excessive prudery and restrictive sexual morality, a healthy sexual expression would have been improbable. Expression of the sacral energy would have been cut off or found twisted outlets. However, following the sexual revolution of the '50s and '60s, these energies were largely reactivated and locked into a more positive expression.

At a certain point early in this century, it became possible to send souls into bodies with a fully functioning second chakra. These came to

hold the higher vibration. They came into bodies that, because of the activated chakras, would have to find positive expression or risk self-destruction as the energies turned inward. At first, it would have been very difficult for these souls to find proper expression since the external conditions that would support healthy expression were nascent. The ones that came first took a risk for this reason and often failed to find healthy outlets (and self-destructed in one way or another). However, as time passed and more of the front-runners locked in a healthy energetic expression, healthy expression became more prevalent and easier to accomplish. Nowadays, healthy sexual expression is more the norm (or at least within easy grasp of those who try) and as a result we may say that the vibration of the sacral chakra has been locked in.

It should be clear from this that another way of looking at the spiritual struggle, other than seeing it as a struggle against elite imposed ignorance, is to see it as a struggle to create the conditions whereby we could progressively allow the opening at birth of the higher chakras. Things like the sexual revolution, the progressive removal of racist idiocies, the gradual removal of religious superstitions, the introduction of truer understandings of the nature of existence, and the gradual maturation of spiritual and intuitive abilities, have all been part of this grand spiritual reconditioning process. As each new plateau was reached, and as each new wave of children with open chakras came, a new milestone in the spiritual development of the people of this planet was locked in.

This is not to say you cannot find the wherewithal to block, twist, or suppress your own (or others') chakra energies. You can still find that (though not for very much longer). Attaining the milestones simply means that, at a collective level, a general reversal of the vibrational conditions becomes almost impossible without truly draconian oppression. At an individual level it means that, all things considered, it is easier for most people to find (if they are honestly looking) the tools and knowledge they need for healthy expression.

Several groups of children with progressively reduced limitations have been sent over the past century to hold new vibrational levels. The most recent groups, Indigo Children and Crystal Children, are the result

of very high levels of spiritual attainment achieved on this planet. Indigo children began arriving on this planet when a few brave souls began incarnating in newly minted milestone bodies during the late 1950s. The mass arrival of Indigos began in the late 1960s and 1970s. By the late '80s, sufficient indigos had entered to lock higher vibrational rates in. At that point, all new children on this planet were indigo.

While it took indigos about thirty-five years to lock in conditions for a healthy expression of the chakra system up to the throat chakra, Crystal Children, who began entering in the early nineties, took fewer than seven. Crystal children are completely free of energetic limitations and completely free of karma (i.e., no cleanup contracts). Even twenty years ago these children could not have entered incarnation here because conditions would not have supported the healthy expression of their energetic systems. Either that or the power of their fully functioning systems would have made them targets for those seeking to prevent their occurrence. Now they can be protected and nurtured and can rapidly spread the highest energies onto this planet.

These children are incredibly important. In fact, they are the most important milestones in the history of this planet because they represent the mass return of the fully functioning, fully empowered, fully connected human being. From the tip of their toes to the crown on their heads, once they have “locked in” a higher vibration, they will be the new normal.

Conclusion

In this chapter, we finalized our discussion of the struggle to free the people of this planet from energetic bondage. Here we learned something of the flavor of starseed work over the centuries. We examined the contribution of the educators, technologists, and savants who came from across the cosmos to help lift this planet out of darkness. Unfortunately, we only scratched the surface of starseed interventions. Much remains to be said about the true spiritual history of this planet. Still, the purpose of the last two chapters was not total historical revelation. They were penned to provide an alternative perspective for

those interested in learning the spiritual history of this planet. Others will write a more complete spiritual history of this planet in the years ahead.

In the final chapter of this book, we will take a brief look at your own ascension and awakening process and provide some guidance on how you might facilitate the process. It is important to keep in mind as you read the final chapter of this book that it is necessary for you to move forward. Unless you are one of the ones that have chosen to exit during the grand awakening, and unless you want to experience mass fear and panic as the door to your own awakening, you are advised to get moving now. Nothing can stop the changes that are coming and you can either embrace them or fight them. Those who choose to fight and refuse to heed the calls to awaken and heal will pay higher and higher psychological, emotional, and spiritual costs for their “right” to remain in the ignorance and darkness of 3D.

CHAPTER SEVEN: YOUR ASCENSION PROCESS

There's a difference between knowing the path,
and walking the path.

Morpheus, from The Matrix

Introduction

In previous chapters of this book we have learned some interesting things about this world as well as some revolutionary new ideas about why we are here. Of course, technically the ideas are not new. Everyone on this planet has known the details of this ascension game from the start. We only forget the details when we incarnate and we only fail to remember through the course of our life because the truth is hidden from us. In the past, there has been a divinely sanctioned reason for hiding the truth. However, now there is no longer any justification for deception and therefore the Truth is rapidly and irrevocably penetrating this reality.

This is very good, and the shift that has allowed this has come none too soon. Our present way of thinking, based as it is on a mixture of Annunaki philosophy and ideological indoctrination, its individualistic, predatorial, consumerist, selfish, ego-centric, spiteful, competitive, materialistic, and paternalistic orientation has not done us any good at all. In fact, these old ways of thinking have brought us to the brink of political, economic, and ecological disaster. These ways of seeing the world have also brought many of us to the brink of social, psychological, and spiritual collapse. These days only a fool will deny the ecological crises and if you want to know just how messed up we really are, check the rates of mental illness (especially depression) and global use of mood drugs like Prozac for some indication.

There is no point in arguing on the ecological or personal crises we all face. These are facts. If you feel the need to argue with these facts at this point, put this book down. You are simply not ready for what comes next for you. However, if you are going to continue to read I am going to take it as a given that you accept the need for individual and collective change. I will assume that you have realized you must change yourself first. Finally, I will take it as a given that you have overcome enough of your fear of Spirit (you do not have to be totally fear free to begin this process) that you will be able to trust the process and allow Spirit guides to lead you through the experiences and to the knowledge you will require.

In other words, I will assume you are ready to move forward with your awakening. It is definitely time. If you are reading these words then we can both assume that your soul has been tapping on your shoulder. In fact, your "soul" has been tapping on your shoulder lightly (but with increasing persistence) ever since the conditions for ascension and awakening were attained on this earth. The tapping was initially polite and you could ignore it if you wanted to. However, as the new yin energies flood this world and as the point of no return has been passed, the tapping has become increasingly insistent. The message your soul is trying to get you to listen to is simple.

Listen.

If you are quiet, you can hear it.

Your soul is saying ...

“WAKE UP.”

“I have some important news for you. The ignorance and darkness you have walked around in for so long is no longer necessary. The poverty, struggle, and violence are no longer needed. The individualist, selfish, competitive, materialistic, spiritually daft approach to life we have all voluntarily endured for so many eons is no longer tolerated.”

“You have to WAKE UP.”

If the tapping was polite before, your soul is now getting quite anxious to reach you. The reason for its anxiety is simple. Everyone on this planet is out of time. Even now, the conditions on this earth have changed quite dramatically. Children no longer enter this world in

amnesia or with Merkaba handicaps. They enter with full power and full remembrance and they enter with the highest vibration. The entrance of these high vibrational crystal children is significant. As more of these children enter and lock in the highest vibration, the vibration of this earth and its biosphere will rocket higher and higher. As the vibration goes up, it will be harder and harder for those who are not moving forward to live within the increasingly energetic environment of this increasingly light filled planet. As the vibration ascends and the reality of this world shifts, those who are not heeding their soul's call will experience increasing agitation and confusion. The new vibration will quite literally buzz them out of their skin. The longer they wait, the harder it will be to move within the light and the more likely it will become that their soul realizes they will simply not wake up. You want to avoid that soul decision if you can because if the soul concludes that it's physical unit will not wake, it will simply pull the plug. This is bad news for your body, I suppose, but your body is just dust. However, it is good news for your monad. After it exits your current body, it can return in physical unit without the chakra handicaps experienced on this earth.

Now obviously, since you are still reading these words, you have overcome enough of your fear to want to listen to my advice. So given that your eyes and ears are wide open at this point, I will give you some preliminary advice on how best to move forward. More detailed advice on authentic spirituality and what is required to repair your physical body to allow full expression of your higher self⁵⁷ is available in my other Lightning Path books.

Connect with Your Guides

The first thing you need to do if you want to move forward is, if you have not explicitly done so already, connect with your guides. They are the ones that love you and that know you and know your fears and

⁵⁷ Or, as I like to call the “higher self,” your *monadic intensification* or just *intensification* for short. See http://www.thespiritwiki.com/index.php/Intensification_of_Consciousness

anxieties. You cannot fool these people and you cannot lie to them. They know what your contracts are, where your blockages are, and where your strengths and weaknesses lie. They know you best and they are the ones that will walk you through this process successfully. Some external guru will not do it. Reading these words will not accomplish it. Only by going inside and looking for guidance internally can you guarantee that you will successfully complete the journey in front of you.

How do you get your guides to help you? It is easy. Just give them permission to help. Your guides have been with you since you were born but for the most part they remain inactive. This is because your guides cannot help you without explicit permission. It is simply against the rules of this earth to interfere in your life if you do not want that interference. This is bad news for the banks of this world, but it is Good News for you since it guarantees your personal sovereignty. It is always your choice.

So, choose guidance.

All you have to do is say something like.

“I wish to move forward” or “I wish to advance on The Path” or “Show me the Way” or something like that and your guides will instantly move to start arranging conditions to help you move forward. They will guide your hand picking books, place certain people in your path whose energy you might need, offer you wisdom in synchronistic events, provide gentle guidance through the quiet voice of inspiration (if you are quiet and listen), and otherwise help you move forward. Just do not give away your power to them. They do not want it.

Keep in mind here however that you have total control over the process. If things are moving too fast and becoming disconcerting, if you find yourself losing too much sleep, or if you need time to assimilate new information, just ask your guides to slow the process down. Tell them you need a night or two of rest or some extra time and they will listen, out of love, to whatever you tell them. For more information on

connecting with your guides and expanding your connection to consciousness, consult my *Book of Magic*.⁵⁸

The Roller Coaster Ride of Ra

Once you have connected with your guides, any one of several things can happen. What comes up will really depend on your particular circumstances. One of the first things you may be required to do is clear your old karma. If you do have karma to clear, then as soon as you begin meditating with the *Great Invocation*,⁵⁹ as soon as you give your intent to move forward, the relationships in your life will begin to explode and change. This is because many of the key relationships in your life have been what we call karmic setups. In many of your relationships, the only reason you came together at all was to clear karma. Once these setups are no longer necessary, i.e., once your karma is gone, the relationships are no longer necessary.

In order to understand why this is, recall for a moment that one of the reasons you incarnate is to clean up energy. However, just incarnating is not enough. Cleansing energy is a participatory process that involves actively pumping energy through your heart chakra. Your body on its own is not aware of its higher energetic functions and even if it was, it would not normally be willing to draw negative energy into itself. Doing so goes against its basic survival instinct to avoid bad things. Of course, there are times when your body can become dependent on negativity and negative energy. If it is, however, that signals a spiritual pathology that must be dealt with before you can even begin to think of karma. I can only assume that the reader of this text is beyond that.

The point here is that under normal conditions your body avoids negativity. In order that you might encourage your body to draw negative

⁵⁸ The *Book of Magic* is part of my Lightning Path Advanced level of spiritual training. See <http://www.michaelsharp.org> for more information.

⁵⁹ The Great Invocation is a powerful chakra visualization/activation meditation I provide in my Dossier of the Ascension: A Practical Guide to Chakra Activation and Kundalini Awakening. ISBN: 0-9735379-3-0

energy into it for transmutation, you form relationships. These relationships, including those with your children, provide the karmic lubrication that fools your body into drawing negative energy for transmutation. In the past, there have been many different types of bad energy so there are many different types of karmic relationships. However, no matter what energy these relationships are designed to trigger, they all have one thing in common that identify them as karmic relationships. They have some type of conflict.

You can identify your karmic relationships with this simple key. If you got conflict, chances are it is karmic.

There are several steps you need to take to clear your karma. You do not have to follow these in a linear fashion and you can often skip steps. Consult with your guides on this.

One of the first things you should practice is identifying your karmic triggers. To identify your triggers, do the following. Pay attention to whomever it is that causes you emotional pain of some type. This includes your own children and parents, your neighbors, your animals, etc. These are your karmic relationships. Once you have identified your karmic relationships you can sit down and figure out what it is in the relationships that get you going. Is it an action, a set of beliefs, or a way they behave? Perhaps it is a personality trait (you find them overly aggressive, etc.). Did they hurt you in some way and do they need to make amends? Did you hurt them and do you need to make amends? The trigger and underlying issues could be many different things so pay attention.

Once you have identified your triggers, write your triggers down. You have now identified your karmic “buttons” (or just buttons for short). These buttons were placed in your body, with your permission of course, by your parents. These buttons are what those around you push when they love you enough to want to be a part of your karmic cleansing. Do not kid yourself here. Love is a factor. Only someone that loves you or who has agreed to some pretty heavy sacrifice will repeatedly bear the brunt of the anger, fear, etc. that they draw through you when they push your buttons. Even if you do your best to hide all that negativity away from them, their higher selves know and are aware

of any negative thoughts you think. The emotional energy you pass through you in karmic relationships can be quite powerful and for that reason, monads that are not related to you in some fashion will generally avoid helping you with your karma since it is such a difficult commitment.

Once you have identified your triggers, you need to identify the energy associated with them. You can do that by asking the simple question. What do I feel when my button is pushed? Ask yourself one of the following questions: Do I feel anger? Do I feel superior? Do I feel martyred? Do I feel pain? Do I feel fear? When you have identified whatever it is you feel when this button is pushed, write that feeling down as well. You now have enough information in front of you to identify the energy contracts you came to manage, the way that energy is triggered, and what your opportunities are for dealing with that energy.

Now that you have identified your buttons and the reactions they elicit, it is time to clean up that energy. All you have to do to clear the energy is to a) deal with the underlying cause of the energy and b) stop letting it affect you. It is as simple as that. This means that you have to fix what you might have broken and step out of the swirl of karmic negativity that keeps you locked in old patterns. How you fix the things you broke is up to you, just find a way. If you were a lousy parent to your children, apologize. If you run sweatshops, find a way to pay better. If you are a rapist or a child abuser, find help in order to stop. If you're a greedy corporate billionaire, find a no strings attached way of re-circulating all the money you hoard. I'm not going to stand here in judgment of you. It is up to you to decide. It doesn't really matter how you do it so long as you make amends and find a way to atone. It is important. Your higher consciousness will not enter a physical unit with unresolved karma. Your higher consciousness will always push for atonement.

Note this does not mean ending those relationships that cause you grief. It also does not mean asking or demanding that others stop pushing your buttons out of some misplaced sense of respect or duty. If you do either of these things, you have walked away from your karmic responsibility. You already know your guides and your higher

consciousness will not let you do that so you can expect your next relationship, and your next one, and your next, will all be the same button pushers as you rejected the last time. You will not be any farther ahead by running away.

So, if you cannot run and you cannot hide, how do you stop the energy from affecting you? That is simple. Once you have cleared the underlying issues, simply allow the energy to pass through you. Let the emotions wash over you and out of you and let the energy pass through you while you are in a calm and peaceful state. That is all there is to it. Of course, while it sounds simple in theory, in practice it is horribly difficult. The first time you try to do this with any particular energy, you will likely fail. There may well be years of habitual responses, you may actually like feeling the emotions you feel (e.g., you may like feeling superior, martyred, powerful, etc.), or your body may not want to release the energy because it feeds from it and does not wish to give up its food source. Be diligent in your practice but do not come down on yourself. Every failure makes you stronger and makes your next attempt to transmute the energy more likely to succeed.

There are many things you can do to facilitate this process. If it is anger you feel, try a timeout so that the angry energy has time to pass through your heart chakra. Of course, you have to release the reasons for the anger and let the anger go. Otherwise, you will just exchange anger for anger. If it is fear that binds you in karma, try drawing from the love of Spirit or your Guides. If it is superiority, remember we are all Sparks of The One. If it is pain, explain your pain and ask for solace instead of lashing out in anger. Whatever it is you do, the goal is to allow that energy to pass through your heart chakra in order that it can be transmuted from negative into neutral or positive creative energy.

Fortunately for all of us, it usually does not take long to overcome habitual patterns and clear karma once our eyes are open, we have fixed what is broken, atoned for the pain we have caused, and see karmic relationships for what they really are. Even in the worst cases, (and I mean down in the gutter, hit bottom, nowhere else to go types) it normally takes less than a year to turn things around. The key here is, as the Buddha once said, right thinking. For example, if you think all the

bad things that happen in your life are God's way to punish you, or if you think that the natural world is predatorial and out to get you in some way, your self esteem issues will prevent you from moving forward. Despite what Hollywood will tell you, few of us willingly take our chains off if we believe we deserve the chains.

Also, keep in mind your guides. If you are stuck on something or cannot figure a way through a particular karmic problem, ask your guides. They will always answer you in a direct and easy to understand fashion. The answers are sometimes subtle (meaning hard to see or hear) though. So, ask your questions, but pay attention.

Once you have cleared your karma, and you will know that day has come when people are trying to push your buttons and you no longer react to them, the relationships around you that had been based on karmic contracts will begin to change. Your button pushers should stop pushing your buttons once their higher selves get the message that you are done and for your part, you should stop looking for situations and button pushers to push your buttons. At this point, the people who had karmic ties may exit your personal sphere altogether and go find some other buttons to push. Or they may, if they are also in a position to clear their own karma, decide to follow you forward. You cannot determine ahead of time what will happen. However, it is far more likely that they will move forward with their own karmic contracts if they **see you** successfully clear yours. If you love them, do not stay behind because you are afraid of losing them. As the vibration of this planet advances you will inevitably manifest exactly what you fear anyway and as a result you will inevitably end up losing them. The only way to avoid this is to just move forward and provide them with the healthy example they need to make the right choice.

If you set a good example you increase the likelihood that they will follow in their own process of awakening and empowerment.

Be of Service

Most people understand the process of karmic clearing on an individual level. Even in the paragraphs above, I explained the process as

primarily an individual process. There is much truth in this. Karmic cleansing is largely an individual process. However, it can be handled collectively as well. You can lighten significantly your own karmic load (and the load of others) by engaging in collective cleanup work. You can do this by simply helping others and being of service.

Details of how this works to lighten your load are complex and I will not go into them here. Just consider this. Helping others makes you feel good, makes others feel good (i.e., makes them feel loved, accepted, worthwhile, etc.), and when you are feeling good, you are transmuting energy. It is very much like shining a light in a dark room. Enter a dark room and all the blackness around you is all the negative energy there is. In the room with you are a thousand people all groping around trying to find some way out. When you reach out your hand and help them, it is like lighting a candle in the darkness. Your area is immediately illuminated and those around you immediately see their way forward. They then begin lighting their own candles and helping others. Soon you have an army of people running through a brightly lit room helping others light their candles. It is a very beautiful sight to see.

There is one word of advice and caution here. Being of service does not mean flying to another country and helping foreign nationals or going to the PTA meeting and helping your school if this means leaving your own spouse and children in the dark. Removing your light in this fashion runs a high risk of spreading darkness rather than clearing karma. Start at home, in your neighborhood, and with those in walking distance from you before you take yourself on missions of salvation half way across the world. This doesn't mean you shouldn't go help others in another country, just make sure you're not causing trouble at home when you do.

Clearing Blockages

Getting your karma out of the way is about one-third the battle. After your karma is cleared, the next step is to activate your chakra system. I provided detailed guidance on this, including a balanced chakra visualization called the *Great Invocation*, in my *Dossier of the Ascension*. Here

I'll make a few notes starting with the fact that clearing chakras is not necessarily a linear process that comes after karma is cleared. You can start activating your chakras while still clearing karma. In fact, activating your chakras is one way to help speed up the events in your life that provide opportunities for karmic cleansing. Keep this in mind if things start moving too fast for you.

There are two steps to the process of chakra activation. The first step is to simply meditate on them. Remember energy follows intent. Find a good diagram of your chakra system so you know where the chakras are located, close your eyes, and draw pictures in your mind's eye of the chakras opening and energy streaming through them. Visualize whatever is intuitive and comfortable for you. You can visualize the chakras as colored energy balls, as flowers opening and closing, or as multidimensional conduits that flush creative energy into this world. See your chakras opening, expanding, and allowing more and more energy through. If you want assistance with this process of visualization, the Great Invocation meditation is available at my blog and website as an animated visualization (<http://blog.michaelsharp.org/the-great-invocation/>). Watching the animated version of The Great Invocation will assist you in developing your own ability to visualize.

One thing you should be warned about is that when you visualize your chakras, always visualize them operating in balance. Do not give one or the other predominance. A balanced energy system is absolutely necessary for the final stages of your activation process so do not ignore this advice. Trust your intuition. Please note however, if you visualize your system and you sense that one or another chakra is weaker, it is OK to focus more intent on the weak chakras. However, always return to visualizing a balanced system.

Once you have started the visualization process one of three things can happen. The energy might flow normally. Free flow of your chakra energy would be the ideal scenario. Unfortunately, in the ugly world conditions we have endured, this is not altogether likely. One negative possibility is that the energy might start to flow but be turned from a positive to a negative expression. The other negative possibility is that,

instead of flowing freely, the energy might **not** flow because there is a blockage. You wish to avoid the latter two eventualities.

Let us deal with blockages first.

Overcoming Blocks

There is only one thing that can block your chakras from passing energy and that one thing is fear. Fear is the exact opposite of Love. Fear is a very powerful tool and can prevent even the most energized systems from passing energy. We cannot go into much detail about fear because it is quite a complicated topic, though as I have said I do cover this in great detail in my *Dossier of the Ascension* and I recommend you consult that book for additional information and assistance. Here I will simply say that there are many sources of fear in our culture. Some of these fears are unintended and come from past trauma. Some fears, the really big ones, come from global events like the destruction of Atlantis. Others come from our current lived experience and can either result from our own experiences or can be imposed on us by the socialization process. Wherever they come from, they must be cleared.

As noted, fear is important because it blocks your chakras from passing energy. There is no deep metaphysical reason for this. The blockage works simply because your fear forces you to reject the energy. Consider your crown chakra. This is your connection to the higher spiritual realms, the Fabric of Consciousness, and ultimately God. Your crown chakra allows you to bring higher realities into expression in this world. Unfortunately, most people are terrified of higher realities. They are either scared that the world will end as their connections start to open (as it did when Atlantis was destroyed), or they adopted religious beliefs designed to keep their crown chakra closed. These religious beliefs, like the Christian doctrines that emphasize a spiteful, angry, punitive, and vengeful God, teach you that God will smite you for the many mistakes you made. This fear, like the Atlantean fear of enlightenment, is so powerful that whenever you get an authentic glimpse of the power and glory of Spirit, you cower in terror thinking that you will be damned to eternal fire. Of course, as shown in *The Book of Light: The Nature of God, the Structure of Consciousness, and the Universe Within You*, this fear is

groundless. Nevertheless, it is there and despite its absurdity, it does prevent you from connecting through your crown chakra because whenever the connection starts, you simply shut it down to prevent having to face your fear.

Another example of the way fear blocks expression can be provided with the second chakra. Your second chakra is associated with creative energies (sex, passion, art, etc.). Fear of your own inadequacy keeps you from enjoying sex or expressing the high creative impulses we all have. You will never learn to paint if you think that only the “talented” can paint. Of course, forty years ago Europeans and North Americans were actually afraid of sex (thought it was bestial, dirty, primitive, etc.). That was a horrible fear that kept the second chakra almost totally shut. Thankfully, Elvis Presley was able to (along with others who came for this purpose) overcome that particular fear on a global scale. Of course, like all masters, his high vibration meant it was very difficult and painful for him to live in the world as it existed at the time and he eventually succumbed to the mind and body numbing powers of alcohol and narcotics to dull what must have been an increasingly difficult and painful existence.

There is only one way to unblock a chakra blocked by fear. You have to walk through that fear. You have to face your demons. This is not something you can do intellectually. It is a highly emotional, visceral experience. Your body actually has to experience the fear and walk through that. No amount of intellectualizing or emotional tricks will suffice.

The reason you actually have to experience your fear and walk through it has to do with the way fears are stored in your body. Even today, fear has survival value. Fear tells us to avoid high places, avoid angry mobs, and avoid rabid dogs. However, fear only has survival value if it can be transferred from the body that experiences it to other bodies. Thankfully, this is possible. Emotions that you experience, and the events associated with them, are imprinted on your DNA structure. This DNA structure, which earth scientists are beginning to realize is far more complex than originally thought, exists in multiple dimensions, records

everything, and makes the emotional associations you generate available to other individuals in genetic “proximity” to you.

The imprint of your fear and its location in your DNA can be thought of as a computer program stored on your computer’s hard disk. The only way to change the program (imprint) is to write over it. The only way to write over it is to find the program’s location on the disk and move to the first bit of the program. When the computer has located the program, it can then write a new program (or random sets of bits) over it. However, in order to get to the first bit of the program (imprint) you need an address. On your computer, the address is a binary number that locates the physical spot on the disk where the program is located. In your genetic structure, the address is an event association. In order to overwrite the original program or imprint, you have to use the right address or event association.⁶⁰ For example, overwriting the deep fears that were imprinted in our genetic structure by Atlantis means experiencing the same event. Only by experiencing the same event (or an event similar) is our DNA, which has a storage capability far beyond the wildest imagination of computer theorists, able to access the location of the original imprint. Once you invoke the event⁶¹ and your body/mind has accessed the appropriate location in DNA, you have an opportunity to change the programming.

I say opportunity because it is just that, an opportunity. There is no guarantee that we overcome our fears and we may turn and flee rather than confront our terror. Sadly, our societies, based as they are on Annunaki control strategies, do not give us the tools we need to

⁶⁰ Psychology is aware of this process. In psychology this is called reconsolidation. This process works on the brain to recode experiences that had once been negative. Here I am extending this process to include experience encoded in the genetic material of the physical unit. See <http://www.thespiritwiki.com/index.php/Reconsolidation> for more details.

⁶¹ Word to the wise, the event can be invoked either internally and in your mind, or externally and in the world. In general, you imagine your fears first and then only later do you manifest them in reality. Of course, you are far better of processing and clearing your fears while they reside in consciousness only.

overcome our fears. In fact, our ruling classes actually go out of their way to undermine our ability to deal with our fear. For reasons that should be obvious now, they want to ensure we never re-imprint our fears and never open our chakras. They do this by undermining our self esteem, adding to our fears, confusing the DNA locating mechanisms with all sorts of experiential garbage, locking us out of our own chakra systems, and teaching us (above all) to lie to ourselves. By the end of our pathological socialization process,⁶² our physical units (i.e., our body and mind) can be pretty messed up and dysfunctional and there may be a lot of repair work for you to do before you can attain full awakening and empowerment. That's ok though. We're all in the same boat, so to speak, and we've all got to heal our physical unit. As long as you are honest with your intent to move forward, you'll be fine. Of course it is especially difficult to do this alone, especially when you are the only one in your family, or amongst your friends, with an awareness of the problems. However as more individuals awaken around you it will become easier. In the interim, focus on the Lightning Path teachings and if you have online access, visit my Lightning Path forums at <http://lightworker.michaelsharp.org>. There you will find a lot of people with sophisticated spiritual knowledge who will be able to help you with the process of awakening and activating your physical unit.

Now, there is not much more I can say here. I cover the process of healing your physical body and mind in more detail in my other books. I will say this however, when it comes down to facing your fears you need to remember to **trust Spirit**. You can help program your body to remember this by reciting the words "I trust Spirit" every morning and every night for a month or two. Then, when the time comes for you to face your biggest fears, you will remember to trust Spirit and this will increase the likelihood that you will be able to confront your fears and walk through them.

⁶² See <http://www.thespiritwiki.com/index.php/Socialization> for a definition of socialization.

The table below provides some hints on what fears are associated with what chakras and what the etiology of specific fears are. This guide may be useful to you as a meditation tool.

Table Two: Chakras and Their Associated Fears⁶³

Chakra	Associated fears	Etiology
Crown	Fear of God. Fear of Enlightenment. Fear of the Spirit world. Fear of your higher self.	Destruction of Atlantis. Religious systems that teach you about a mad god or demons and devils bent on destroying you.
Third Eye	Fear of the Truth. Fear of facing your own weaknesses (truth about yourself).	Mostly from current school system and/or belief systems that denounce spirituality. School systems provide years of tests that rank you and tell you just how inadequate you are. They are despicable systems really.
Throat	Fear of your own voice. Fear of speaking your mind.	Mostly from the current school system that undermines your self-esteem, silences you (do not talk in class), and makes you grovel before authority.
Heart	Fear of Love.	Mostly a male fear. Placed by parents who teach boys to be separate (includes such ideas as men do not have emotions, cannot connect, are not nurturing, etc.) Can also be placed in women through the experiences of incest and rape.
Solar Plexus	Fear of Power	Destruction of Atlantis. Also a female/lower class/working class/lower middle class fear. Placed by parents who teach silence and submission through morality plays that emphasize that destruction follows those who take power.
Sacral	Fear of creation. Fear of sex. Fear of having “accidents.”	Antiquated teachings of sex. Sense of creative inadequacy. Hollywood star system and lies about “talented.”
Root	Fear of Mother Earth. Fear of grounding. Fear of connection.	Comes from systems that teach nature is “red in tooth and claw,” predatory, instinct based, and savage. Also from religious systems that teach God punishes, expects confessions, etc.

⁶³ For a more detailed look at chakras and how to unblock and heal, see my *Dossier of the Ascension: A Practical Guide to Chakra Activation and Kundalini Awakening*.

Right Expression

Hopefully you have already consulted the *Dossier of the Ascension*, have been practicing with the *Great Invocation*, and have already walked through your biggest fears and are now only working on cleaning up the last of the fear imprints. After you are free of your fear, the next big spiritual task is to find positive expression (i.e., right action) for the energy that will flow through your chakras. As soon as you start to visualize energy flowing out from your chakras, this energy will become available to you. You need to pay attention to how this begins to manifest in your body and your life because your chakra energy will not always lock onto positive expression. In fact, in our societies, finding a positive expression can be very difficult at first simply because of the bad habits that we've adopted, and the "temptations" presented to us, as result of our pathological socialization and societal processes. Sadly, despite what the church might have told you about temptation being sent by God to temper the soul, temptation is simply an Annunaki control strategy. One of the things the Annunaki have done to prevent us from accessing our power, besides closing the chakras with fear, was to work to attach chakra energy to negative expressions. By doing this they could ensure that, when some of us did manage to get the chakras spinning, the energy would not manifest towards freedom and light but would instead be expressed in a fashion that helped to maintain the power of the Annunaki. Unfortunately, you can't do that. When your body begins to return to its status as a powerful vehicle for the expression of consciousness, you have to find *right expression* or *right action*.

Some of you reading this and who like to do things like party hard, drink, engage in wanton acts of sexuality, gamble, engage in aggressive and violent sports, or otherwise express your power and creative energies in less than salutatory ways may resist these words. You have been taught that anything goes and that all expressions are permissible as long as you do not hurt anyone else. After all, you only have one life to live and you have a right to enjoy it, right?

Well ya, pretty much. You should enjoy your life, but you should not engage in destructive behaviors that damage your physical body or mind, thereby making it a poor vehicle for the expression of your soul.

You need to take care of your body as you would any other vehicle that you use to putter around in and part of that is finding positive expression for its creative energies. You also need to avoid using your energy to suppress or oppress others. It is simply not ok to exert power and authority over others in a way that takes from them in order that you may experience some form of egoic prop and privilege. We all have the right to free and positive creative expression, but this can only be accomplished within a rubric of right action and proper expression of our creative energy. The bottom line is your soul (which is a being of pure light and love) cannot enter a physical vehicle that is not engaged in respectful, right action towards itself and others in the world. For reasons explained in my DVD *The Great Awakening*, it simply cannot do it.

Unfortunately, the topic of “right action” and proper expression is beyond the scope of this work. However, to begin your thinking about this important topic, I offer you table three. It contains some examples of right and wrong expression of chakra energy. As with table two, you may find this outline a useful meditation device.

Table Three: Expression of Energy

Chakra	Right Expression	Wrong Expression
Crown	Communication with Fabric of Consciousness. Communication with higher self.	Neurotic or psychotic connections to The Fabric. Fearful and distorted expression of higher truths. Misrepresentation (either witting or unwitting) of capital the “I” truths of creation.
Third Eye	Right Sight. Access to spiritual power. Access to concurrent lives. Access to guides. Allows you to see higher realms.	Bodily ego involvement in spirituality. Ego not as “I” AM GOD but as I am special. Using your advanced psychic senses for power and domination, or to aggrandize the bodily ego
Throat	Right Communication. Respectful, truthful, honest, love based communication.	Abusive communication. Communication to oppress or hurt. Communication to express domination over another or superiority of ego.
Heart	Right Love. Love used to nurture. Love used to help an individual grow and find right expression .	Love used to suffocate, control, and possess. Love in service of ego (love as personal sacrifice). Love as an excuse to hurt others. “Love under will” -> a pernicious distortion.
Solar Plexus	Right Will. Power used to create and express divine will into this reality.	Power used to dominate, steal, or exert your will over others. Power without empathy or sense of greater connection. Power used in service of ego or wealth.
Sacral	Right Creation. Healthy sexual relationships. Positive creativity.	Creation through destruction. Power, violence, and non-playful domination in the creative acts (including sex). Immature sexuality.
Root	Grounded. Present in this world. Care for Mother Earth	Flighty, disconnected, ethereal, lost in the clouds. Destruction of Mother Earth. Overly materialistic.

As you might guess, much of our wrong expression of chakra energy is based on wrong ideas about what is right. The Annunaki and their minions have put much nonsense into our heads in order to encourage our energy to flow in the wrong directions. I can offer some general advice on right thinking here but once again, consult my other materials (and especially the *Book of the Triumph of Spirit* for additional guidance.

If you are sexist, i.e., if you believe in any way that the male form is superior to the female, you have to change your ideas. Spirit is not gendered. Spirit just is. We are all One in Spirit. Remember, male and female are only forms of energy (yang/yin) and you need both to create and both to get your chakra system working. Both yin and yang need to be in balance and both must have equal power or creation will be difficult. One is not better than the other is. If someone ever tells you that one gender is superior, he or she has a seriously misplaced idea of Spirit. Male and female are just expressions of creative energy and nothing more.

Any notions of hierarchy and entitlement based on hierarchy will have to go as well. There is no hierarchy in Spirit. We are all equal. We are all Sparks of The One. We are all important. We all have the same potential. None of us deserves to be better fed. Nothing you want is denied as Spirit. Nothing you desire is impossible for any body. If we have different talents and abilities on this earth, it is because we have chosen these, not because we have been endowed with them by God. We all deserve peace, prosperity, true wealth (this does not mean the latest and biggest SUV), and happiness. Notions of hierarchy and entitlement tend to get in the way of several of your chakra energies.

Concepts of authority have to go as well. Authority is a worldly thing. You are a spiritual co-creator. You work with God and answer only to God (who is also yourself) on how to manifest love and light on this earth. Belief in the superiority of rulers is a reflection of your own fear, based in your own lack of self-esteem. Once your higher chakras are activated, you will be your own best source of truth. You are the captain of your soul. Of course, this doesn't mean you can't defer to expertise, or seek the advice of qualified teachers (a good piano teacher for example can save you lifetimes of practice by giving you what would take you too much time to do yourself). However, it does mean that authority the way we currently experience it on this earth has to go.

Now, these conceptual revisions are just a start. As you communicate with your guides, and as you go through the Lighting Path materials, keep your mind open to ongoing revisions in your thinking. The sad truth is that we are filled with so much disinformation on this

planet that it often takes several iterations before we get reasonably close approximation to big “I” truths and right thinking and action. It will pay off though. It is only through right thinking and right action that your physical unit will be able to awaken and empower.

The Ultimate Goal

The process of clearing your karma, unblocking your chakras, and finding positive expression of your energy can take a bit of time. Be diligent and keep your guides in mind throughout the process. Be patient as well. The process does not take as long as it used to and there are more supports appearing for the process every day. Be honest with yourself. You will progress faster if you admit your weaknesses and overcome them.

Once your karma is cleared and your chakras activated the real fun begins. At the point when all your chakras are bright and spinning, and they have all been aligned properly, it becomes possible to complete your connection to the universal creative pool. Once you are connected, it becomes possible to draw massive amounts of creative energy into this physical dimension. Really, there is nothing in your mundane materialistic 3D world that prepares you for this glorious experience. Well, that is not quite true. You only have to look to the life of Christ or other ascended masters to know what is possible here.

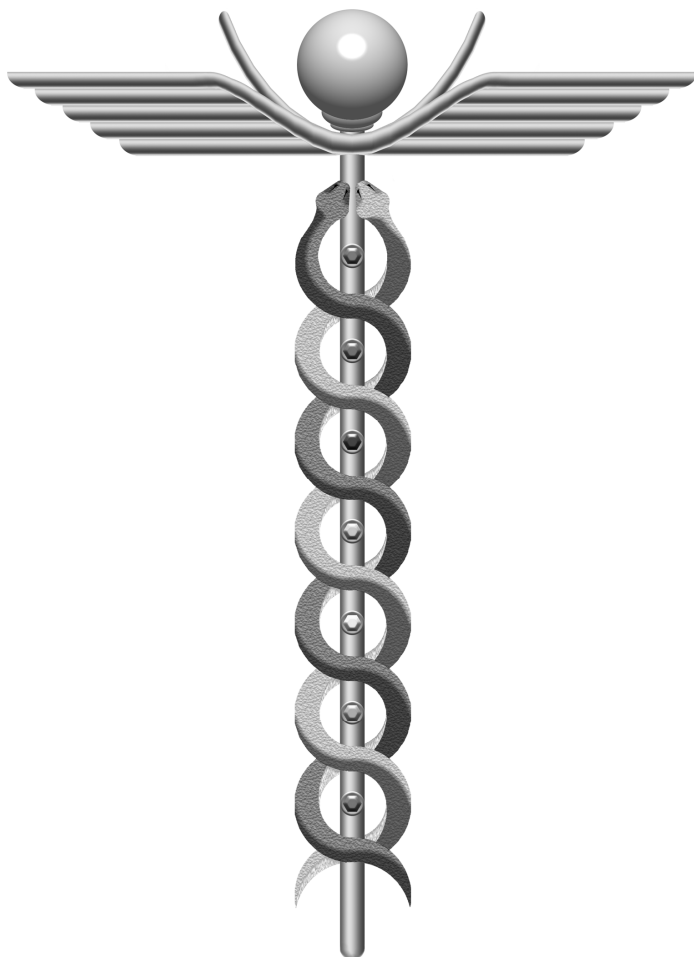
Completing your connection is very much like completing an electrical circuit. It involves taking a cosmic wire that sits at the base of your spine (called the kundalini) and running that wire through each aligned chakra, pushing the wire through your crown chakra, and grounding the energy that flows down into you into the earth below you. When connected in this fashion, you can think of your body as one giant electrical circuit with your chakras acting as cosmic light bulbs. When everything is in working order, the juice flows and you light up like a roman candle.

This process has been variously described as the awakening of the kundalini, the opening of the seven seals, or the descent of the Holy Spirit. It is an event of major personal and collective significance because

each individual that completes this process becomes a very powerful conduit for divine intent on this planet.

Graphically, the kundalini connection process is represented by the medical symbol the caduceus.

Figure Eight: Caduceus



In the above image of the Caduceus, we see the Kundalini wire represented by the twin serpents. In the image, the Kundalini moves from the root chakra through the third eye connecting each to the other in a circuit that is completed as the wire finally connects and passes

through the crown into the higher dimensional realms. It is no coincidence that healers (i.e., doctors, etc.) have chosen the image of a fully functioning chakra system and activated kundalini to represent the ultimate goal of their disciplines. As noted in the section on right expression of energy, until you are ready, your Kundalini will not be activated. When you are ready, you will have no more use for writings like this. Yay!! Look forward to that day because it signals the end of spiritual, political, social, psychological, and economic inequality and oppression.

Nutrition and the Body

I have one final set of comments before I close this chapter and end this book. As you give your intent to move forward, as your karma is cleared, your chakras activated, and you are eventually given a full connection, you need to pay attention to your body's need for sustenance. Listen to what the healers have been saying for centuries. Cleanliness, nutrition, and balance in all things are the keys to a healthy body and healthy mind. There is a reason why our food supply has been poisoned with processed food, stripped of its nutritional value, filled with chemicals, and put in convenient little boxes. When we lack appropriate nutrients, our ability to function is impaired.

As you move forward with this process, you want to provide your body with as much nutrition as you can. Avoid processed foods like the plague they are. They offer little or no nutritional balance and several hundred types of chemicals that come together in dangerous and unpredictable ways in your body. Reduce (you do not have to eliminate) your dependence on meat as well. There are several reasons you should do this, including the possibility that our food supply will collapse and generate significant disease as it did for us in Atlantis. Even if that does not happen, though, spiritually it is unwise. Killing animals generates karma in the best of circumstances (there is a reason why indigenous people were so apologetic and thankful when they killed an animal for food). However, the filthy killing floors where our meat comes from today generate much negativity (cows have heart chakras too, you know).

You are responsible for the negativity if you partake in that particular food chain. In any case, with the proliferation of vegetarian cuisines, there is no longer any reason to make dead animals the center of every meal.

It is not expensive to eat healthily if you eliminate processed foods, reduce your meat intake, and spend some time looking for what stores sell what foods cheap in your area. You may find you reduce your food bill by fifty percent or more.

You will also need to drink more water especially during certain phases of the activation process. You may also want to try eating more citrus fruit or squeezing a hunk of lemon into your water for the extra vitamin C you will need. As always, pay attention to things. If you body is thirsty, give it water. You do not want it to burn out in the final activation stages. Remember, everything in balance.

Conclusion

In this chapter, we applied everything we have learned about the nature of this world to your own individual ascension process. As you can see, understanding your own ascension is not that difficult. It is simply about activating your chakra system and connecting that system up in kundalini activation.

Of course, while this is conceptually or intellectually easy to understand, the actual process can be quite painful and dramatic. Still, while it might be a little difficult at start, it will get easier. I have already provided a considerable amount of Lightning Path material designed to assist you with the process, and I am constantly writing more. In addition, others are “coming online” all the time and as they do, there will be more and more support for awakening and activation. The truth is, the more of us who awaken and empower, the easier it will be to

move forward and the harder it will be to remain stuck in the illusions of maya.⁶⁴

But do not just stand there passively waiting.

Get moving!

You probably have a lot of work left to do.

Start your activation process, raise your fears, clear your blockages, and find right expression of your energies, and engage in right thinking and right action. As we will see in the conclusion to this tome, if you do not activate your chakras and heal your fears voluntarily over the next few years or so, it will be done for you by the chain reaction of manifestation that is being set in motion by the global activation of the higher chakras. Best to do it voluntarily now rather than wait to be dragged kicking and screaming through self manifested end-times scenarios. Believe me, the external manifestation of our world's deepest and darkest fears, and the gruesome potential of that expression, is **something we want to avoid**. We can do that, and the way to do that is to get as many people to willingly awaken and activate as possible so that the collective manifestation of buried fears by those who remain "behind" will be less dramatic. So wake up and then, when you are awake, wake others. Time's a wasting.

⁶⁴ As defined in the SpiritWiki, maya = illusion. maya = the illusions of this world. More specifically, maya equals "appearances" or the misapprehension of the true nature of reality on this earth. For example, we believe that we are incarnated in a free society, on a free earth, where our inner self is nurtured in a kind of cosmic forge that eventually leads us towards some kind of graduation ceremony or everlasting reward. We believe we live out our lives in a direction that we choose making choices that are free and clear. In reality however, i.e., when you see beyond the maya of this earth, you can see that we are all slaves in a system designed to privilege a few while the many suffer in grateful silence, tricked into accepting chains which bind them in servitude to the wheel of slavery. See <http://www.thespiritwiki.com/index.php/Maya> for more information.

CONCLUSION

I know you're out there. I can feel you now. I know that you're afraid... afraid of us. You're afraid of change. I don't know the future. I didn't come here to tell you how this is going to end. I came here to tell how it's going to begin. I'm going to hang up this phone and then show these people what you don't want them to see. I'm going to show them a world without you. A world without rules or controls, borders or boundaries. A world where anything is possible. Where we go from there is a choice I leave to you.

Neo, from *The Matrix*

If you have made it all the way through this book to the conclusion, some congratulations are in order. Chances are you are now sporting a shiny new outlook on the world. The way you think about things like karma, past lives, time, your own life, right thinking, right action, and The Ascension has been fundamentally and permanently altered. If you pause for a moment and consider your own journey from there to here, you can see that not only have you yourself come a long way, but also that any one person has a lot to do if they want to successfully walk The Path. Many things can turn you from this path including misconception, deception, fear, and temptation. There are even those who consciously and vigorously pursue your spiritual destruction and physical and mental enslavement. It is certainly accurate to say, as some have said, that The Path is narrow and filled with pitfalls.

Thankfully, however, The Path is getting easier to walk. There has been so much light let in by starseed intervention, so much work done by the original souls who incarnated on this planet, and so many individual awakenings that The Path grows wider every day. Truth of all varieties is becoming more “in your face” and is becoming increasingly difficult to ignore. As time passes and as more people accept the truth and let light

shine through them, following The Path will become easier and stepping off it or ignoring that it even exists will become more and more difficult. As more people successfully walk The Path, a day will soon come when the old world of duality will simply flicker out of existence. That day, the “shift day”⁶⁵ as we might call it, is going to be a bit of a shocker for those who refused to move. There may be disorientation and confusion but do not worry, you’ll be there to help them out! When somebody reaches out a hand for assistance, be sure to pull them into the lifeboat!

If truth be told, the change to the new world is happening even now and as more and more people choose life and face Truth, you will see an accelerating change in global consciousness. Soon, the people of this planet will no longer tolerate war, poverty, disease, and inequality. There will be no need for them. The new knowledge and wisdom that will blossom forth from science and spirituality will ensure that we are no longer subject to deception, theft, and destruction at the hands of sleepy world elites. It will be a glorious intellectual enlightenment as we have never seen on this earth and it will be truly amazing to watch. Of course, intellectual enlightenment is not the only enlightenment to look forward to. We can also expect emotional and psychological health as well, not to mention an end to greed, war, poverty, and global suffering. In fact, we can all have these things today if we so choose. Just step onto The Lightning Path and follow your inner intuition and guidance. It is all there right where you need it. Truly from this point on there are no more excuses for ignorance.

However, even these enlightenments, as grand as they will be, only represent a fraction of the shift that is going to occur on this planet. In order to get a sense of the magnitude of this shift, recall from our discussion in the first chapter that our purpose on this planet was to generate enough momentum and excitation to push this physical universe

⁶⁵ Of course, it won’t happen on a single day as some of the less informed and connected prophets and pundits like to suggest. In fact, the whole “shift” will take several years, and up to a couple of decades, to accomplish. Still, on a cosmic scale of time, it will seem very much like a switch simply went off one day and everything changed.

back up the Tree of Life. As you will recall, we did this by unbalancing the energy of creation. We introduced more and more yang. As you now know, the introduction of unbalanced creative energy did the job for us, but it messed up a few things up along the way. Now, however, something divine this way comes. With ascension accomplished, we do not need to work with out of balance energy any more. Now we can have our yin energy back and indeed now we do. At the end of 2002, and even now, an incredible amount of yin energy is flowing into the world systems in order to encourage the process of rebalancing. You can see just how far you have come because you can now understand the full implications of this. You will understand that explosion of yin energy into the global system signals, in no uncertain terms, the end of the old, competitive, patriarchal, and yang based world and its balancing with a more spiritually in-tune and sensitive yin based energy. What's even better, no matter how much people scramble to maintain these "old world" structures, it will be impossible to sustain them in the new balanced energy. As the old and unbalanced energy continues to dissipate and wane, the unbalanced energy that once supported old world structures will no longer be available. As that happens, all the structures that depend on the old energy (including physical units which have not made the "shift" to the new energy) will begin to malfunction and crumble away like the relics of old consciousness that they are. So, keep moving forward!

There is much that could be said about how the old world will crumble (and is even now crumbling) and how we can help everyone accept the new balanced energy. This we can discuss in subsequent books. By way of concluding this book, and in order to show you just how far your understanding has advanced, I would like to explain something of what will happen on this earth in the coming short years.

First, I would like to remind you of our previous discussion of the chakra system. Recall how we said the top three chakras are powered primarily by yin and the bottom three primarily by yang. Because of the previous imbalance of yang and the lack of yin, the higher chakras (e.g., spiritual connection, spiritual truth, and spiritual communication) were choked for energy. They did not have the necessary fuel they needed to

function. As a result, they atrophied and became activated only under the most grueling spiritual conditions. Now, consider the yin energy flooding into this earth.

Realize there is now fuel for the top three chakras.

Think what is coming.

It is a very divine event!

Between 2003 and (say) 2020, everyone on this earth will be going through higher chakra activation, and I do mean everyone. Even now, the higher chakras of many individuals are spinning faster and sparking livelier than they have in millennia. By the end of 2020, not a single person on this earth will be able to avoid this process (though many will be fiercely resisting even past 2020). It is, after all, a simple physical event. When you pump a room full of oxygen and light a match, you get a big fire. Similarly, when you fill the earth with yin, the once dormant chakras suddenly have the fuel they need and they immediately start to spin *regardless of intent* or visualization. However apply intent to that,⁶⁶ trigger a spiritual awakening, and you get a veritable explosion. With the new energy flooding into this earth, and with the way we are throwing around spiritual triggers like they were candy, there is no way, short of the death of the physical body, to stop this activation in your own life, or the life of those you love.

Exciting is it not?

It is really quite difficult to capture in only a few words what this will mean for people since all of you are going to have different experiences. However, for the sake of illustration we can split this up into two general groups of people. On the one hand, we have those who want to do it the easy way. On the other hand, we have those who want to do it the hard way. Let us deal with those who want to do it the easy way first.

Those who want to do it the easy way will enjoy the coming years and will gaze in wonder and love at the changes unfolding around them.

⁶⁶ As we do here and with a meditation like *The Great Invocation* (see my *Dossier of the Ascension*).

Individuals who find it within themselves to trust (themselves and Spirit) will find it relatively easy to navigate the Lightning Path. They will trust the process, trust God, trust themselves, and trust that others will follow as well. They will not be too concerned with the darkness that envelops their sisters and brothers (although they will help others see the light, and they will throw a lifeline whenever possible) because they know that those who do not awaken right now will awaken later. In any case, there is nothing wrong with staying back a little longer. It just delays the inevitable awakening. Everybody will open their eyes eventually. They will have to. As this process progresses and more and more spiritual light enters this planet, it will be impossible to stay sleeping. Barring accident, the malicious actions of others, or self harm, the bright light of Spirit and God will awaken in everybody no matter how deep the sleep.

In any case, those who are going forward the easy way will shortly remember we are all divine Sparks of The One and are all part of a grand Fabric of Consciousness. As their chakras activate, they will rapidly see their deepest desires for peace, harmony, love and balance manifest in the world around them. They will see others struggling with the new energies and they will reach out to help them navigate and move forward. Despite the tribulations of those around them, (which will diminish over time as more and more people awaken and move forward) these individuals will welcome the changes.

Those who have chosen to do this the hard way (perhaps because of deep fear and insecurity coupled with powerful indoctrination and lack of local support) are another matter. They will not trust the process. They will not allow Spirit to guide them. They will dig their heels in, claw back their old beliefs, experience paranoia and anger, and perhaps believe God is punishing them. They may even, if left untreated, eventually come to see everyone around them as enemies. They will gaze at this world and instead of seeing the emergence of heaven on earth, they will see only the collapse of their old power and authority structures and it will terrify them. As the changes progress and the new utopia unfolds, they will become increasingly unbalanced. As their higher chakras spin faster and brighter, the spiritual voices in their head will grow louder and louder. Being locked in the naïve materialism of 3D existence, they will not

understand the voices of their higher self and they will attempt to flee. Insanity may overtake them and they will, ironically, become the very demons they have been taught to fear. They will scream, gnash their teeth, claw at those around them, and lash out in hatred. When finally the day comes for them to release their grip and walk through the terrible fears implanted in them, their bodies will either join us on the other side of their fear, or not. If not then, barring accident or injury, they will simply live out their lives in the limited illusions they were born into, realizing the consequences of the limited thought patterns they cling to, and ending their days in what is left of the old world. Despite their best efforts to maintain themselves and the old world, in the end they will be unable to halt the changes, which is a good thing and a reality to be welcomed with open arms and heart. The Truth is, if utopia is to unfold and The Promise is to be fulfilled, a line must be drawn in the sand beyond which we no longer tolerate, accept, or allow the existence of old world structures and old world thinking. If we are to create a better world for ourselves and our children we must all say, "Enough is enough. The old world is no more, the new world here to stay."

One last note before we close. Many people out there are already beginning to relive the last days of Atlantis. You can see this in all the doom and gloom, end times, comet's a coming, Nibiru is returning, earth change cataclysmic, Mayan end of the world nonsense that is proliferating on this planet. The reason for this is simple. As the new balanced energy pours into this earth, even those with terribly blocked chakras are finding enough energy to manifest the deepest and darkest fears of their higher chakras. As you will recall, this was the original problem in Atlantis. When the time came to reconnect (balance energy), things blew up in our faces.

Sadly, and just as in Atlantis, as the new yin continues to flood this earth there will be nothing we can do to prevent our sleeping sisters and brothers from manifesting their deepest fears first in consciousness, and

then in reality.⁶⁷ Even their guides will be unable to help. As the new energies continue to flow, and as our poor sisters and brothers feed off their own terror, it will be an interesting display. For your part (and despite the ascending crescendo of end of the world pronouncements that will no doubt get louder and louder before finally being mostly silenced in 2020) it will be important to remember that no matter what they may think, feel, and “see,” this is not Atlantis. Remember, one of the primary reasons for all the starseed interventions on this earth was to ensure that when the time came to rebalance the energy and awaken the population, there would be enough bodies already awake and empowered to prevent the sleepers from manifesting widespread death and mayhem as they did in Atlantis. Thankfully we have achieved this and you will be able to see that this is true as you watch each prophecy of doom and glooms fail to fully materialize. It will be like the energy for the manifestation of their negativity is slowly being drained out of the energetic coffers of this planet. Therefore, rather than be frightened by the spiritually immature ranting of those caught up in their own limited understandings, observe the truth and rejoice that the end (of the old world) is very near.

As for all the sleepy heads who step onto The Path behind you, do what I am doing. Adopt the mantle of lightworker and guide them to the light of their own divinity. When you see all the terrified people screaming in horror and disbelief at what they have unwittingly manifested, terrified by “demons” or lizards, or walking around confused by the light of their own consciousness, shine your light on them and help them face their fears. Walk them through their “days of darkness” and show them the lifeboat waiting to carry them to the new ship, or to the other side. Explain to them that all they have to do to escape the submerging old ship is wake up, walk through their fears, and join us on the other boat. It really is that simple.

⁶⁷ Though we are working overtime to ensure that these manifestations are contained and do as little external damage as possible.

ABOUT MICHAEL SHARP

And long ago and far away,
A prophesy told of this day.
When no more death on Earth there'd be
And balanced true to nature be.
And children laugh and dance and sing,
As joyous would society bring,
A new days dawn, for us to bring,
A warriors song for all to sing.

From the poem *Shambhala Warriors*
By Michael Sharp

Ever since he was a young child, Michael Sharp has been interested in spiritual things. However, up until a few years ago, his interest was largely peripheral to his more worldly concerns. He was born catholic, received a traditional education in the catholic school system, and went on to earn a traditional PhD from a large Canadian university where he focused on traditional academic things. He eventually completed his academic training with undergraduate degrees in both psychology and sociology and a PhD in sociology. His study and work as a sociologist made him aware of the form and nature of injustice, poverty, and inequality in this world. As a sociologist, he has understood the limitations of world political systems and the way these systems are set up to privilege a few while exploiting the many. However, none of his traditional training, either in the catholic or scientific churches, prepared him for the spiritual awakening that was initiated by the now infamous 9/11 terrorist attacks in the USA that he witnessed while on vacation with his family in Disney World, Florida.

To make a long story short, Michael Sharp went from curious agnostic and primarily materialist to full blown mystic in a little less than four years. While the awakening was gradual for the first two years, the

process kicked into high gear for him after he resolved some of his deeper past life fears. One day, he simply sat down at the computer and the ideas began to flow.

Some of the ideas were familiar to him in this incarnation but some were totally outrageous when compared against traditional (scientific or church) canon. The first thing that issued forth from his pen was a completely revised story of creation that revealed truths about this universe and our role in it that had long been suppressed. The *Song of Creation* was followed, in rapid succession, by a series of Ascension Poems that pointed to and highlighted various features of our current situation on earth. In *The Shambhala Warriors*, for example, Sharp draws out some of the implications of prophecies where it is foretold that during the end-times a group of specially trained warriors would come to this earth to clear away the darkness and allow the people to move towards spiritual light and freedom. In the poem *The Redemption*, Sharp issues a clear and precise call to all those who are working to preserve the old energy systems on this earth. In his poems *The Wizard* and *Judgment*, Sharp finds a perfect cadence for the energies of the warrior. Michael Sharp's poems are available at his website <http://www.michaelsharp.org/>

After writing his early poems Sharp went on to extend the information provided in *The Song of Creation*. Filling in the details, a book began to emerge. In this book, *The Book of Life; Ascension and the Divine World Order*, Sharp presents a clear and virtually undistorted revelation of the basic spiritual truths of this planet. As one commentator notes,

The picture of Reality that [he] presented was so breathtakingly grand, so unbelievably comprehensive and spiritually beautiful, I said to myself that I would rather try this configuration of the truth and be wrong than be right about anything else that I had ever come across....I felt I had stumbled in from the cold and dark, welcomed into a friend's house that had everything that I needed for sustenance, freely given with love. I found that all the Truth that I had ever learned on my journey started to fit together. I was finding answers to the unanswered questions that had been draining my life of purpose and joy. I was finally able to put my puzzle pieces together, and the picture of Truth that has

emerged for me is one of stunning beauty. Now, my physical health is getting better and I am on my way to gaining control back over all aspects of my life.

Kelley Gardener

Sharp continues his writing in subsequent works. He has written *The Dossier of the Ascension: A Practical Guide to Chakra Activation and Kundalini Awakening*, *The Book of Light: The Nature of God, the Structure of Consciousness, and the Universe Within You*, *The Book of the Triumph of Spirit*, and *The Great Awakening: Concepts and Techniques for Successful Spiritual Practice*. Michael Sharp continues to write prolifically. He is currently working on Volume Two of *The Book of Light* as well as *The Black Book* and *The Book of Magic: The Psychology and Psychopathology of Channeling*, an extended discussion of crown chakra activation and the expansion of your connection to *The Fabric of Consciousness*. He has recently released his first Crystal/Indigo Children's book entitled *Vayda Jayne Bean*. Visit him at <http://www.michaelsharp.org>.

ABOUT THE LIGHTNING PATH

*The Lightning Path*TM is my name for my "system" of spiritual enlightenment and empowerment. The system consists of a loose collection of articles, books, poems, parables, DVDs, websites, and other vectors of spiritual communication designed to rapidly lift your consciousness out of the 3D world of duality, illusion, and maya and into the beautiful and powerful world of your own high spiritual consciousness. *The Lightning Path* is all about your spiritual awakening and empowerment.

Some teachers and gurus might like to tell you that becoming enlightened, empowered, and awakened to your glorious spiritual light and power is extremely difficult, or that you have to work off lifetimes of karma in order to be “worthy enough” to do it. That is not true. It does not need to take long. In fact, I am here to tell you that spiritual awakening and empowerment are easy. Under moderate conditions, the initial healing and opening will take you about two years. However, if you are motivated and get excited about it, if your “local situation” is not too negative, and there is not too much resistance, chances are good it will take even less time. Curious? Well, it is very easy. All you have to do is a bit of reading, a few seconds of visualization a day, and a little bit of clearing. A little bit of time out of your busy schedule, a little bit of space in your private life, and miracles will be performed! How fast you get through everything depends entirely on you and the condition of reality around you but I suspect that once you get going, you will be drawn forward by your own exuberance and excitement at the glorious return to self and power that you will find on *The Lightning Path*. To continue your journey, visit <http://www.michaelsharp.org>.

Namaste,
ms.

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